

CURRICULUM VITAE

Brian A. Chopko

bchopko@kent.edu

EDUCATION

Ph.D. Counselor Education and Supervision
The University of Akron, 12/07

M.A. Rehabilitation Counseling
Kent State University, 8/01

B.A. Criminal Justice (Policing Concentration)
Kent State University, 5/94

Ohio Peace Officer Training (Police Academy) Certificate
Western Reserve Institute Police Academy, 7/94

EMPLOYMENT

Associate Professor with Tenure

Kent State University at Stark, North Canton, OH, 8/13- *PRESENT*
Perform duties of tenured Associate Professor in the Criminology and Justice Studies program, Department of Sociology. Awarded both tenure and promotion one year “early”

Assistant Professor (Tenure-Track)

Kent State University at Stark, North Canton, OH, 1/08 to 8/13
Performed duties of Assistant Professor in the Criminology and Justice Studies program, Department of Sociology

Assistant Professor (Non Tenure-Track)

Kent State University at Stark, North Canton, OH, 8/07-1/08
Performed duties of Assistant Professor in the Department of Justice Studies (later merged into the Department of Sociology identified above)

Deputy Sheriff (Special Commission)

Trumbull County Sheriff's Office, Warren, Ohio, 1/02 to *PRESENT*

Trumbull County Crisis Intervention Team (CIT) Instructor

Warren, Ohio, 2/06 to *PRESENT*

Mission is to train law enforcement officers to handle incidents involving persons with mental illness. Teach officers to learn to recognize the signs and symptoms of these illnesses, and to respond effectively and appropriately to people who are experiencing psychiatric crisis.

Adjunct Instructor/Faculty

The University of Akron, Akron, Ohio, 8/06 to 5/07

Instructed courses in the Emergency Management and Criminal Justice programs.

Professional Counselor/Psychology Resident

Private Psychological Practice, Cuyahoga Falls, Ohio, 5/06 to 8/07

Practice specializes in police officer mental health. Provided psychotherapy to law enforcement officers affected by traumatic stress, injury, and stress common to the occupation. Performed psychological assessment and interviewing of police recruits to establish fitness for duty. Provided training to police departments on the issue of first responder mental health.

Doctoral Counseling/Psychology Intern

Center for the Treatment and Study of Traumatic Stress

St. Thomas Hospital, Akron, Ohio, 9/05 to 5/06

Provided psychotherapy to outpatient individuals diagnosed with Posttraumatic Stress Disorder and trauma related disorders. Performed inpatient and outpatient psychological assessment and diagnosis. Facilitated initial intervention groups. Acted as a member of a multi-disciplinary team in the treatment of patients. Assisted with hospital-based research studies. Services were provided under the supervision of licensed psychologists.

Graduate Assistant

The University of Akron, Akron, Ohio, 8/02 to 5/05

Functioned as office staff in the Clinic for Child Study and Family Therapy located at the University of Akron. Functioned as research and teaching assistant.

Critical Incident Stress Debriefing Team Member

Northeast Ohio Critical Incident Stress Management Team , Warren, Ohio, 1/02 to 1/04

Mission was to provide crisis intervention services to law enforcement officers, fire personnel, emergency medical services, and rescue workers involved in incidents of unusual intensity. Services provided include formal group debriefing sessions and individual counseling services as needed.

Rehabilitation Counseling/Professional Counseling Intern

Northcoast Behavioral Healthcare, Northfield, Ohio, 1/01 to 7/01

Delivered recovery rehabilitation services within a psychosocial/vocational milieu that supported and facilitated the recovery process to individuals who were acutely and chronically mentally ill.

Conducted cognitive-behavioral based counseling sessions, individual and group, focusing on vocational and adjustment issues. Completed vocational assessments. Acted as a member of a multi-disciplinary team in the treatment of patients. Services were provided under the supervision of a Certified Rehabilitation Counselor (CRC) and a Licensed Professional Clinical Counselor (LPCC).

Transition Coordinator

Cooperative Transitional Services Program, Kent State University, Kent, Ohio, 1/00 to 12/00

Acted as a job coach for high school students with developmental disabilities. Participated in an interagency collaboration between local public schools, county boards of developmental disabilities, and Kent State University. Ensured the likelihood of competitive employment for students after graduation.

Police Officer

Howland Township Police Department, Howland, Ohio, 4/95 to 2/98
Performed all functions of a police officer assigned to patrol duty.

Deputy Sheriff (Reserve Commission)

Trumbull County Sheriff's Office, Warren, Ohio, 8/94 to 4/95
Performed all functions of a deputy sheriff assigned to patrol duty.

TEACHING EXPERIENCE

Treatment Methods 46708 (3 credit hours)
Kent State University at Stark

Victimology 27311 (3 credit hours)
Kent State at University at Stark

Criminology. 36702 (3 credit hours)
Kent State University at Stark

Corrections. 26701 (3 credit hours)
Kent State University at Stark

Introduction to Justice Studies. 12000 (3 credit hours)
Kent State University at Stark

Individual Honors Project. 30096 & 40096 (1 credit hour)
Kent State University at Stark

Emergency Management Research Methods and Applications. 2235 (4 credit hours)
The University of Akron

Disaster Victims: Casualties & Recovery. 2234 (3 credit hours)
The University of Akron

Critical Incident Interventions for Criminal Justice. 2220 (3 credit hours)
The University of Akron

Serial Profiling. 2220 (3 credit hours)
The University of Akron

Seminar in Counseling. 5600:600 (2 credit hours)
The University of Akron

Topical Seminar: DSM-IV (Psychiatric Diagnosis). 5600:720 (3 credit hours)
The University of Akron

PRESENTATIONS

Chopko, B.A., Palmieri, P.A., & Adams, R.E.

Utilization of the Critical Incident History Questionnaire to Measure the Frequency and Severity of Trauma Exposure in Police Officers.

Proposal accepted for presentation at the Academy of Criminal Justice Sciences annual conference, Kansas City, Missouri, March 24, 2017

Chopko, B.A., Palmieri, P.A., & Adams, R.E.

Replication of the Critical Incident History Questionnaire: Frequency and Severity of Trauma Exposure among Officers from Small and Mid-Size Police Agencies.

Presented at the International Society for Traumatic Stress Studies annual conference, New Orleans, Louisiana, November 5, 2015

Chopko, B.A., Palmieri, P., & Facemire, V.

Prevalence and Predictors of Suicidal Ideation Among Police Officers.

Presented at the Academy of Criminal Justice Studies annual conference, Orlando, Florida, March 6, 2015

Ribnik, E., & Chopko, B.A.

Compassionate Warriors on our Campuses: A New Look at Working with Student Veterans and First Responders.

Poster presented (attended by Ribnik, E.) at the American College Counseling Association annual conference, San Antonio, Texas, October 4, 2014

Chopko, B.A., Palmieri, P., & Facemire, V.

Prevalence and Predictors of Suicidal Ideation Among U.S. Police Officers.

Presented at the International Society for Traumatic Stress Studies annual conference, Philadelphia, Pennsylvania, November 7, 2013

Chopko, B.A., & Schwartz, R.C.

Mindfulness: The Relation with Posttraumatic Stress Symptoms and Posttraumatic Growth.

Presented at the International Society for Traumatic Stress Studies annual conference, Philadelphia, Pennsylvania, November 7, 2013

Chopko, B.A., & Ribnik, E.

First Responder Wellness: Enhancing Spiritual Connections and the Compassionate Warrior Mindset.

Presented at the Convention of the American Counseling Association, Cincinnati, Ohio, March 22, 2013

Chopko, B.A.

A Study of the Relation Between Mindfulness and Posttraumatic Stress Symptoms Among First Responders.

Presented at the Convention of the American Counseling Association, Cincinnati, Ohio, March 23, 2013.

Chopko, B.A., & Ribnik, E.

First Responder Mental Health: Enhancing Spiritual Connections and the Compassionate Warrior Mindset.

Presented at the All Ohio Counselors Conference, Columbus, Ohio, November 1, 2012

Chopko, B.A., & Singer, C.
The Basics of Prolonged Exposure Therapy for the Treatment of Posttraumatic Stress Disorder
Presented at the All Ohio Counselors Conference, Columbus, Ohio, November 1, 2012

Chopko, B.A., & Phillips, J.
First Responder Mental Health: The Relation Between Mindfulness and Posttraumatic Growth
Presented at the All Ohio Counselors Conference, Columbus, Ohio, November 3, 2011

Perosa, S. L., Perosa, L.M., Chopko, B.A., Fink, J.M., & Lent, J.
An Events-Based Paradigm: Working Through Impasses in Supervision
Presented at the All Ohio Counselors Conference, Columbus, Ohio, November 5, 2010

Perosa, S. L., Perosa, L.M., Chopko, B.A., Fink, J.M., & Lent, J.
An Events-Based Paradigm: Working Through Impasses in Supervision
Presented at the Convention of the American Counseling Association, Pittsburgh, Pennsylvania,
March 22, 2010

Chopko, B.A. & Schwartz, R.C.
First Responder Mental Health: Mindfulness and Posttraumatic Growth
Presented at the Convention of the American Counseling Association, Charlotte, North Carolina,
March 22, 2009

Chopko, B.A.
Commencement Speaker. Ceremony for graduating law enforcement officers of the Trumbull County
Crisis Intervention Team training program. Warren, Ohio, November, 2008

Myers, M.E. & Chopko, B.A.
Stress Management Training for Police Officers. Presented to the Wooster Police Department.
Wooster, Ohio, May, 2006

Chopko, B.A.
Prolonged Exposure Therapy in the Treatment of Posttraumatic Stress Disorder. Presented to
psychotherapists employed at Cornerstone Psychological Services. Lakewood, Ohio, March, 2006

Schwartz, R.C. & Chopko, B.A.
Working with Client Resistance. Presented at the University of Akron Chi Sigma Iota Workshop.
Akron, Ohio, March, 2005

Schwartz, R.C. & Chopko, B.A.
Paving the Road Toward Change: Understanding and Working Through Client Resistance. Presented
at the All Ohio Counselors Conference, Columbus, Ohio, November 4, 2004.

Rogers, J.R., McBee-Strayer, S.M., & Chopko, B.A.
First Responder Mental Health: Turning Research Into Practice.
Presented at the Convention of the Ohio Psychological Association, Columbus, Ohio,
November 5, 2003.

PEER-REVIEWED JOURNAL PUBLICATIONS

- Chopko, B.A., Palmieri, P.A., & Adams, R.E. (*in press*). Relationships Among Traumatic Experiences, PTSD, and Posttraumatic Growth for Police Officers: A Path Analysis. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Chopko, B.A., Facemire, V. C., Palmieri, P.A., & Schwartz. R. (2016). Spirituality and Health Outcomes Among Police Officers: Empirical Evidence Supporting a Paradigm Shift. *Criminal Justice Studies*, 29, 363-373.
- Chopko, B.A., Palmieri, P.A., & Adams, R.E. (2016). Posttraumatic Growth in Relation to the Frequency and Severity of Traumatic Experiences Among Police Officers in Small to Mid-Size Departments. *Journal of Interpersonal Violence*, 1-14.
- Schwartz, R.C., Kautzman-East, M, Macey, P., & Chopko, B.A. (2015). Biopsychosocial Predictors of Legal Problems Among Psychotic Persons: Implications for Law Enforcement and Criminal Justice. *Applied Psychology in Criminal Justice*, 11, 63-74.
- Chopko, B.A., Palmieri, P.A., & Adams, R.E. (2015). Critical Incident History Questionnaire Replication: Frequency and Severity of Trauma Exposure among Officers from Small and Mid-Size Police Agencies. *Journal of Traumatic Stress*, 28, 1-5.
- Chopko, B.A., Palmieri, P.A., Facemire, V.C. (2014). Prevalence and Predictors of Suicidal Ideation Among U.S. Law Enforcement Officers. *Journal of Police and Criminal Psychology*, 29, 1-9.
- Chopko, B.A., Palmieri, P.A., & Adams, R.E. (2013). Associations Between Police Stress and Alcohol Use: Implications for Practice. *Journal of Loss and Trauma*, 18, 482-497.
- Chopko, B.A. & Schwartz, R.C. (2013). The Relation Between Mindfulness and Posttraumatic Stress Symptoms Among Police Officers. *Journal of Loss and Trauma*, 18, 1-9.
- Chopko, B.A. & Schwartz, R.C. (2012). Correlates of Career Traumatization and Symptomatology Among Active-Duty Police Officers. *Criminal Justice Studies: A Critical Journal of Crime, Law, and Society*, 25, 83-95.
- Chopko, B.A. (2011). Walk in Balance: Training Crisis Intervention Team (CIT) Police Officers as Compassionate Warriors. *Journal of Creativity in Mental Health*, 6, 315-328.
- Schwartz, R.C., Chopko, B.A., & Wu, T. (2010). Severity of Psychosocial Impairments as Distinguishing Factors for Inpatient Admissions Among Clients With Schizophrenia. *Annals of the American Psychotherapy Association*, 13, 53-57.
- Chopko, B.A. (2010). Posttraumatic Distress and Growth: An Empirical Study of Police Officers. *American Journal of Psychotherapy*, 64, 55-72.
- Chopko, B.A. & Schwartz, R.C. (2009). The Relation between Mindfulness and Posttraumatic Growth: A Study of First Responders to Trauma-Inducing Incidents. *Journal of Mental Health Counseling*, 31, 363-376.

Schwartz, R.C., Smith, S.D., & Chopko, B.A. (2007). Psychotherapists' Countertransference Reactions Towards Clients With Antisocial Personality Disorder and Schizophrenia: An Empirical Test of Theory. *American Journal of Psychotherapy*, 61, 375-393.

FEDERAL BUREAU OF INVESTIGATION/DEPARTMENT OF JUSTICE PUBLICATIONS

Papazoglou, K., Collins, P., & Chopko, B. (*in press*). The Role of Mindfulness in Assisting Police Officers Handle Stress and Promote Health, Job Performance, and Wellbeing. *FBI Law Enforcement Bulletin*.

Chopko, B.A., & Palmieri, P.A. (Manuscript Accepted for Publication). The Necessity of Standardization in the Assessment of Suicidal Ideation among Law Enforcement Officers. *Suicide in Law Enforcement*, 2nd Ed. (*compendium*)

SUBMITTED MANUSCRIPTS CURRENTLY UNDER PEER-REVIEW

Chopko, B.A., Papazoglou, K., & Schwartz, R.
Mindfulness-Based Psychotherapy Approaches for First Responders: From Research to Clinical Practice.

Papazoglou, K., & Chopko, B.A.
The Role of Moral Suffering (Moral Distress and Moral Injury) in Police Compassion Fatigue and PTSD: An Unexplored Topic.

RESEARCH FUNDING

Research Appointment Award. Division of Research and Sponsored Programs-Kent State University. Research project titled "A Longitudinal Study Examining Post-Trauma Adjustment in Police Officers. Amount Awarded- Funding for four course load lift during Fall 2017 Semester.

Principal Investigator. Division of Research and Sponsored Programs- Kent State University. 2016. Research project titled "A Longitudinal Study Examining Post-Trauma Adjustment Among Police Officers". Amount Awarded- \$2500

Principal Investigator. Division of Research and Sponsored Programs- Kent State University. 2010. Research project titled "Posttraumatic Stress and Growth Among Active-Duty Police Officers". Amount Awarded- \$2500

Principal Investigator. Edward Byrne Memorial Justice Assistance Grant Program. Summer 2009. Research project titled "Posttraumatic Stress Disorder Among Police Officers". Amount- \$59,287. Project not funded.

Principle Investigator. Kent State University at Stark. Summer Research Award. Spring 2009. Titled "Posttraumatic Distress and Suicidal Ideation Among Police Officers". Amount- \$10,000. Project not funded.

AWARDS

Nominated- Distinguished Teaching Award, Kent State University at Stark, 2014

Nominated- Distinguished Teaching Award, Kent State University at Stark, 2011

Nominated- Distinguished Teaching Award, Kent State University at Stark, 2010

Nominated- Distinguished Teaching Award, Kent State University at Stark, 2010

Nominated- Distinguished Teaching Award, Kent State University at Stark, 2009

Milton E. Wilson Scholarship Award, 10/00
Kent State University

Chi Sigma Iota- Alpha Upsilon Chapter, President's Award, 2004
The University of Akron

OFFICES/COMMITTEES

Hearing Officer

Kent State University at Stark- Fall 2016 to present

Professional Activities Advisory Committee

Kent State University at Stark- Fall 2016 to present

LGBT Committee

Kent State University at Stark- Spring 2016 to Spring 2017

Ohio Board of Regents- Articulation Agreement Workshop Member

Spring 2015

Official Assignment as Mentor to New KSU Stark Faculty

e.g.- Megan Shaeffer- Fall 2016)

Committee II

Kent State University at Stark- 2014-2015 AY

KSU at Stark-Stark State College Mutual Library Committee

2014/2015 AY, 2015/2016 AY

Committee on Undergraduate Studies Curriculum member- Department of Sociology

Kent State University- 2012/2013 & 2013/2014 AY

CARES (Consultation-Assessment-Referral-Education) team faculty representative

Kent State University at Stark- 2013/2014 AY to Current

Black History Committee

Kent State University at Stark- Spring 2014 to Spring 2015

Student Travel Committee

Kent State University at Stark- 2013/2015 AY

Coordinator- Criminology and Justice Studies Program-Department of Sociology

Kent State University at Stark- Spring 2011 to Spring 2013

Faculty Advisor- Victim Advocacy Organization (student organization)

Fall 2011 to Spring 2012

Faculty Council member

Kent State University at Stark- 2010/2011 AY

Cabinet member

Kent State University at Stark- 2010/2011 AY

Rehabilitation Counseling Alumni Planning Committee member

Kent State University- 2010/2011, 2011/2012, 2012/2013, & 2013/2014 AY

Rehabilitation Counseling Advisory Committee member

Kent State University- 2010/2011, 2011/2012, 2012/2013, 2013/2014, 2014/2015, 2015/2016, 2016/2017 AY

Chair- TT Justice Studies Search Committee

Kent State University at Stark- 2008/2009 AY

Chair- NTT Justice Studies Search Committee

Kent State University at Stark- 2008/2009 AY

Faculty Advisory Committee member

Department of Justice Studies Kent Campus- 2008/2009 & 2009/2010 AY

Curriculum Committee member

Department of Justice Studies Kent Campus- 2008/2009 & 2009/2010 AY

Social Committee

Kent State University at Stark- 2007/2008 school year, 2010/2011 AY

Justice Studies/Sociology Search Committee member

Kent State University at Stark- 2007/2008, 2011/2012, & 2012/2013 academic year

Student Delegate

College of Education College Council- The University of Akron 9/04 to 9/05

Social Director

The University of Akron Chapter-Chi Sigma Iota
9/02-5/04

Secretary

Kent State University Chapter-Ohio Rehabilitation Association
9/00-5/01

LICENSE AND CERTIFICATION**(P.C.) Professional Counselor License**

Issued 6/06- Current, Issued by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist board.

(C.R.C.) Certified Rehabilitation Counselor

10/01- 10/16, Issued by the Commission on Rehabilitation Counseling Certification

JOURNAL PEER REVIEWER

American Journal of Psychotherapy
Journal of Forensic Research
Journal of Loss and Trauma
Canadian Journal of Behavioural Science
Psychological Reports
Mindfulness
Journal of Police and Criminal Psychology
International Journal of Aging and Human Development
International Journal of Emergency Mental Health
Studia Psychologica
Journal of Traumatic Stress Disorders and Treatment
Journal of Nervous and Mental Disease
Justice Quarterly
Clinical Psychology Review
Psychological Trauma: Theory, Research, Practice, & Policy

DOCTORAL DISSERTATION/THESIS COMMITTEE SERVICE

Committee Member- AY 2014/2015

Thesis Title: "Work-Related Exposure to Child Exploitation Material: The Experiences of Australian Digital Forensic Officers and Their Spouses". Doctor of Psychology Student: Emma DeCicco.

Advisor: Dr. Catherine Ferguson- Edith Cowan University, Australia

EDITORIAL BOARD

Journal of Loss and Trauma- Editorial Board Member
April 2014 to Present

INTERVIEWS

Interviewed by reporter Joel Grover and featured in the November 30, 2016 online site Present Moment: Mindfulness Practice and Science in an article titled “Can Mindfulness Help Cops with Stress and PTSD?”

Interviewed October 18, 2016 by reporter Christine McCune of the Massillon Independent newspaper regarding the McKernan murder trial.

Interviewed December 11, 2015 via telephone by Al Jazeera news network regarding the anniversary of the Sandy Hook school shooting and the impact on first responders

Interviewed by reporter Christine McCune and featured in the October 5, 2013 Massillon Independent newspaper article titled “Specifics Dictate Friendly, Tragic Outcomes in Swat Cases”

Interviewed and featured in the August 2013 edition of *Counseling Today*, the magazine of the American Counseling Association, in an article titled “First to Respond, Last to Seek Help”

Interviewed May 8, 2013 during a live television broadcast by reporter Macie Jepson on WEWS channel 5 on the topic of stress experienced by long-term kidnap victims

Interviewed and featured, based on my research, in an article titled “Breaking Through” in the Spring 2013 edition of “*Encompass*”, the official magazine of Kent State University at Stark

Interviewed and featured in the April 2010 edition of *Counseling Today*, the magazine of the American Counseling Association, in an article titled “Treating Trauma”