

# Catherine Cary Hale MS, AT

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## **Education:**

### Indiana University

Bloomington, Indiana

Degree: Kinesiology Emphasis Athletic Training

Bachelor of Science: December 1992

Masters of Science: June 1995

### University of Oklahoma

Norman Oklahoma

Graduate Study in Health Promotions

Attended August 1993 – May 1994

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## **Work Experience**

### **Kent State University**, Kent Ohio (*August 2000 – present*)

Title: NNT faculty/Athletic Trainer – Split position 50/50 with KSU athletics 2000-2010)

- ATEP Clinical Coordinator (2001 – spring 2007)
- ATEP Co-Clinical Coordinator (fall 2007- spring 2008)
- KSU Athletics – clinical coverage Volleyball (2000-2005)
- KSU Athletics – clinical coverage and travel Field Hockey (2005-2010)
- KSU Athletics – clinical coverage and oversight Track and Field (2008-2010)

Full Time NNT faculty (Spring 2011-present)

Current Responsibilities: include: didactic and clinical instruction of students, course development and revision, student advising, evaluation of students' academic and clinic outcomes in preparation for acquisition of professional athletic training and related professional credentials, TA supervision for assigned courses, School of Health Sciences KSU - ARC affiliate site representative and equipment ordering, coordinating and maintenance, ARC Instructor Trainer Instructor responsible for coordinating and providing courses to certify ARC Instructors in 1st Aid, CPR/AED, establishment of additional clinical services for ROTC and other movement oriented student populations, program and school service through committee involvement that address programmatic and schools, assist with programmatic recruitment and retention for BS and MS program, other administrative duties as assigned

### Undergraduate Courses

**ATTR 25036 Principles of Athletic Training	(3 hrs)
**ATTR 15092 Practicum I in Athletic Training	(3 hrs)
**ATTR 25092 Practicum II in Athletic Training	(3 hrs)
**ATTR 35092 Practicum III in Athletic Training	(3 hrs)
**ATTR 45192 Practicum IV in Athletic Training	(3 hrs)
**ATTR 45292 Intern-Athletic Training	(4 hrs)
**ATTR 25038 Physical Assessment Techniques UE/Head/Neck	(3 hrs)
**ATTR 35037 Advanced Physical Assessment	(3 hrs)
**ATTR 35039 Therapeutic Modalities	(3 hrs)
**ATTR 45017 Professional Development in Athletic Training	(3 hrs)
**ATTR 45040 Pathology and Pharmacology for Allied Health Care Providers	(3 hrs)
**ATTR/EXSC 25087 Anatomy and Physiology I	(3 hrs)
**ATTR/EXSC 25058 Anatomy and Physiology II	(3-4 hrs)
**ATTR 35025 Essentials of Athletic Training	(1 hrs)
**ATTR 35045 Emergency Medical Technician (IR – oversight)	(5 hrs)
** PEP 20552 Human Anatomy	(3 hrs)

### Graduate Courses

**ATTR 62012 Education and Supervision in Athletic Training	(3 hrs)
**ATTR 55040 Pathology and Pharmacology for the Allied Health Care Provider	(3 hrs)

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**Wilmington College**, Wilmington Ohio (*August 1998 – June 2000*)

- Title: Clinical Educational Coordinator and Assistant Professor
  - Responsibilities include: Daily supervision of (36) student athletic trainers  
Clinical, professional and administrative experiences, assist in athletic training curriculum development and instruction, coordination of off campus internship opportunities for senior student athletic trainers, as well as sophomore high school football, sports acceleration, and on campus physician rotations, daily clinical supervision of Volleyball, women's Soccer, men's Basketball, Softball, men's and women's Swimming
  - Courses Taught

**HPE 190 Intro to AT	(3 hrs)
**HPE 191 Athletic Training Skills	(1 hr)
**HPE 192 First Aid/CPR Basic	(1 hr)
**HPE 192 First Aid/CPR Advanced	(1 hr)
**HPE 381 Therapeutic Rehab/Recond	(3 hrs)
**HPE 460 Internship Coordinator	(0 hr)
**HPE 381 Therapeutic Rehab Writing intensive	(3 hrs)
**HPE 325 Exercise Physiology	(3 hrs)
**HPE 387 Recog/Eval of Head/Neck Injuries	(2 hrs)
**HPE 388 Recog/Eval of Thor/Lumb/Int Injuries	(2 hrs)
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**Cumberland University**, Lebanon Tennessee (*July 1995 – July 1998*)

- Title: Head Clinical Athletic Trainer and Instructor
  - Responsibilities included: Daily supervision of (10-15) student athletic trainers clinical, professional and administrative experiences, sports medicine curriculum development and instruction, coordination of CAAHEP accreditation self study packet, head of drug testing and substance abuse program for athletic department, insurance processing, daily supervision of 15 varsity men's and women's sports, travel with men's Football, men's and women's Basketball, and Baseball, student athletic trainer recruitment, high school and clinic outreach coverage, guest speaker at outreach seminars and job fairs, sit on a variety of academic committee's
  - Courses Taught:

** Care and Prevention of Athletic Injuries	(3 hrs)
** Therapeutic Modalities	(3 hrs)
** Rehabilitation of Athletic Injuries	(3 hrs)
** Safety and First Aid	(3 hrs)
** Clinical Field Work in Sports Medicine	(1 hr)
** Lifetime Fitness	(1 hr)
** Medical Aspect in Sports Medicine	(3 hrs)
** Seminar in Sports Medicine	(1 hr)
** Applied Anatomy	(3 hrs)
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**Related Work Experience**

**Indiana University**, Bloomington, Indiana (*August 1994 – June 1995*)

- Title: Graduate Assistant
- Responsibilities included: Primary care provider for women's varsity Softball, Swimming and Diving teams, daily supervision and evaluation of student athletic trainers, development and implementation of continuing education seminars for student athletic trainers, coordination of medical coverage for Conference Tournament, data collection for Iowa Study
- Taught:
  - \*\* Continuing Education Seminars for Student Athletic Trainers

**University of Oklahoma**, Norman, Oklahoma (*August 1993 – May 1994*)

- Title: Graduate Assistant
- Responsibilities included: Primary care provider for men's and women's varsity Gymnastics, Track and Field, Cross Country, and Tennis for home and away events, assisted in medical coverage of Football and general training room, coordination of medical coverage for home, conference and NCAA national tournaments and outreach programs, assisted in development of student education program, rehabilitation center, and records keeping system.
- Taught:  
\*\* Sports Medicine Step Program Educational Seminars (on lower extremities)

**Indiana University**, Bloomington, Indiana (*August 1989 – June 1992*)

- Title: Student Athletic Trainer
- Responsibilities included: Head senior student athletic trainer for men's and women's Track and Field, assisted in coordination of medical coverage for home conference and national events, assisted in providing comprehensive training room services to Football, Softball, Wrestling, Track and Field, special event coverage for home, conference and NCAA national events, and general training room coverage

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**Associate Work Experience**

- Coordinator of KSU – Blood Borne Pathogens Program – KSU ATEP faculty and students (2011)
- Coordinator of KSU – ATEP – Hudson EMS – Observation Program
- American Red Cross Instructor Trainer Instructor (2018-present)
- American Red Cross Instructor (1995 - present)
  - KSU – Professional Rescuer certification for ATS, clinical staff and faculty (19 years)
  - KSU - Community Adult CPR and AED for
    - Dr. Angela Ridgel's (4 years)
    - KSU – athletics field house staff (11 years)
    - KSU – Wrestling Coaching staff (5 years)
    - KSU – Wrestling Coaching Clinic (Fall 2010)
    - KSU – Senior Exercise course (3 years)
- Grant: assisted with coordinating a student athletic training mentoring workshop sponsored by NATA – Ethnic Diversity Committee (Academic year 2003-04)
- Lecturer: Greenfield Memorial Hospital Coaches Clinic (Overuse Injuries of the Shoulder) (July & November 1999)
- Lecturer: Clinton Memorial Hospital Coaches Clinic(Heat Related Illnesses) (November 1999)
- Women's Health Fair and Golf Clinic: in Greenfield Ohio (May 1999)
- NAIA Baseball World Series – Staff ATC (May 1997, 1998)
- Gus Macker 3 on 3 Basketball Tournament (May 1997)
- Watertown High School Outreach Football and Basketball event coverage (Fall 1995 – present)
- Big Ten Women's Swimming and Diving Conference Meet – Staff ATC (April 1995)
- Big Eight Men's and Women's Indoor Conference Tournament – Graduate Assistant Staff ATC (March 1994)

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**Professional Memberships and Certifications**

NATA Membership # 920401	1991 - present
OATA Member	1998 - present
Ohio State Licensure # AT 1505	1998 - present
NATA CIE	2003
Red Cross Instructor Training Instructor	2018 - present
Red Cross Instructor	1996 - present
Professional Rescuer/Responding to Emergencies	
TATS Member	1995 - 1999
Tennessee Licensure # 000000258	1996 - 1999

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**Professional Development**

*In holding the highest academic degree in Athletic Training a MS, I have focused my continuing education on the development, clinical provision and evaluation of traditional and newly emerging Evidence Based Practice (EBP) clinical skills and academic knowledge necessary to prepare CAATE accredited Athletic Training Student to successfully change and acquire professional credentials in the field of Athletic Training and or other related PTD, OT, PA, etc, professions*

- BOC (Board of Certification) – Athletic Training - Home Study Course Reviewer (Fall 2001 – 2016)

#### Continued Education Educational Courses

##### MedBridge (2015 – 2019)

- Body Temperature Assessment for Exertional Heat Stroke
- Emergency Management: Athlete Care, Spinal and Visceral Injuries
- Death and Dying Attitudes, Causes, Process and Measures
- Inflammatory and Diabetic Neuropathies
- Emergency Management Musculoskeletal Injuries
- The Swim Stroke Analysis
- Review of Systems: Gastrointestinal, Hepatic/Biliary, Urogenital
- Concussion Basics: Assessment, screening and risk factors
- Abdominal and Genitourinary Injuries for the Sports Therapist
- Infectious Disease for the Sports Therapist
- Pharmacology in Sport
- Pulmonary Care in Athletes
- Common Mental Health Concerns in Athletes
- Medical Screening and Clinical Decision Making
- Psychology of Injury
- The Functional Manifestation of a Mild Traumatic Brain Injury
- Review of Systems” Integumentary, Hematologic, Cardiovascular and Pulmonary
- Pain Management for Children
- The Integumentary System In Sports
- Vestibular Rehabilitation
- Evidence Based Treatment of Cervical Spine
- Evidence Based Examination of Cervical Spine
- Evidence Based Examination of Lumbar Spine
- Evidence Based Examination of Knee and Thigh
- Exertional Heat Illnesses
- HIPAA – Privacy and Security
- Occupational Safety and Health Act
- Teaching People About Pain
- Concussion in Sport
- Concussion in Sport Case Studies

##### NATA (2013-2019)

- Therapeutic Medications in Athletic Training
- Application of Outcome Scales
- Commonly Missed Foot and Ankle Complaints
- Developing and Utilizing Authentic Outcome Assessment Plans to Measure Student Learning
- Educational Tools and Clinically based Assignments to Infuse the EBP Competencies throughout Your Curriculum
- From Book to Practice: Integrating Cultural Competency Education Across the Curriculum
- The Lymphatic System: It’s Components, It’s Function, and the Evidence Addressing the Impact of NATA Therapeutic Interventions
- The Neurological Evidence for Muscle Cramping
- Using Simulation to Test the Emergency Action Plan
- Developing Critical Thinking Skills in Athletic Training Students
- Strategies for Assessing Clinical Reasoning in Athletic Training Education
- The Instructor as a “Designer” and Assessor of Learning
- Managing Type II Diabetes

- Rhabdomyolysis in a Trained Cyclist
- Athletic Hydration – Maximizing Health and Performance
- Key Components in the Acute Management of Cervical Spine- Injured Athlete
- Anatomy of a Running Shoe
- Assessment of Abdominal Injuries
- Concussion Rehabilitation: A New Spin on Return to Play Management
- Heat Illnesses: Current Evidence Based Medicine for the Medical Professional
- National Athletic Trainers' Association Position Statement Updated Lightning Safety for Athletics and Recreation

#### Human Kinetics

- Completion of Home Study Course: Care and Treatment of Asthma in Athletes
- Completion of Home Study Course: Pharmacology for Athletic Trainers: Therapeutic medications

#### Gatorade Sports Institute on line courses

- Hydration and Hyponatremis: Information Your Athletes Need to Know
- Heat stroke in Sports: Causes, Prevent and Treatment
- Exercise, Antioxidants, and Cardio Protection
- Energy Drinks: Help, Harm or Hype
- Dietary Supplements
- Juvenile Obesity Epidemic is Physical Activity Relevant
- Strength and Condition for Specific Sports
- Preventing Dehydration Sports Drinks and Water

#### BOC

- Home Study Course BOC 2005

#### Participant/Attendee

- 2017 Summa Sports Health Symposium – Akron, Oh
  - 2016 Summa Sports Health Symposium - Akron, OH
  - 2015 Summa Sports Health Symposium – Akron, OH
  - 2014 Summa Sports Health Symposium – Akron, OH
  - 2010 NATA National Conference – Baltimore, Maryland
  - 2010 OATA State Meeting and Symposium – Columbus, OH
  - 2010 Summa Sports Health 5<sup>th</sup> Annual Sports Health Symposium – Akron, OH
  - 2010 Summa Sports health Ethic in Athletic Training
  - 2009 OATA State Meeting and Symposium – Cincinnati, OH
  - 2007 NATA Educator Conference Meeting – Dallas, TX
  - 2006 MAC Business Meeting and Conference – Ipsalane, MI
  - 2005 Professional Development Institute
  - 2003 NATA – Education Council – Clinical Instructor Educator Seminar
  - 2003 NATA Educator Conference Meeting – Houston, Texas
  - 2002 MAC Athletic Training Conference Meeting – Ipsalane, MI
  - 2001 NATA Educator Conference Meeting – Dallas, Texas
  - 2000 NATA National Conference – Nashville, Tennessee
  - 1999 OATA Annual Meeting – Athens, Ohio
  - 1999 NATA National Conference – Kansas City, Missouri
  - 1998 TATS Annual Meeting – Nashville, Tennessee
  - 1998 NATA National Conference – Baltimore, Maryland
  - 1997 TATS Annual Meeting – Nashville, Tennessee
  - 1997 NATA National Conference – Salt Lake City, Utah
  - 1996 TATS Annual Meeting – Nashville, Tennessee
  - 1996 NATA National Conference – Orlando, Florida
  - 1995 NATA National Conference – Indianapolis, Indiana
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### **Committees**

- ATEP Steering Committee (2004-present)
- School of Health Sciences Teaching Assistant Development Program Member (2011 – 2013)
- School of Health Sciences Curriculum Committee Member (2000- 2005;  
2010-present)
- School of Health Sciences FAC (Spring 2009,10)
- Interim ATEP Program Coordinator (Spring 2008)
- School of Exercise Leisure and Sports Curriculum Committee Member (2000 - 2004)
- Chair of Athletic Committee Wilmington College (1999 - 2000)
- Chair of Mid-South Conference Medical Aspects Committee (1996 - 1998)
- Head of Athletic Department Drug Testing and Education Cumberland University (1995 - 1998)
- Co-chair of Student Athlete Assistance Committee Cumberland University (1996 - 1998)
- Head of CAAHEP Accreditation Self Study Committee (1996 - 1998)
- Division III Representative to Faculty Senate Cumberland University (1996 - 1998)
- Technology Committee Cumberland University (1997 - 1998)
- Safety Committee Cumberland University (1996 - 1998)