**Vita**

**E. THOMAS DOWD**

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**EDUCATION**

B.A., University of Minnesota. Major: Psychology; Minor: Mathematics

M.A., University of Minnesota. Major: Industrial Psychology; Minors: Industrial Relations and Sociology

Ph.D., University of Minnesota. Major: Counseling and Student Personnel Psychology (APA‑approved program); Minor: Industrial Training and Development

**EMPLOYMENT HISTORY**

Department of Secondary Education, University of Minnesota. September 1970 to September 1971. Instructor. Duties included teaching two sections of educational psychology to education upperclassmen. (Part‑time, concurrent with doctoral program.)

Psychology Service, Veterans Administration Hospital, Richmond, Virginia. September 1971 to September 1972. Counseling Psychologist. Duties included counseling with veterans concerning vocational and personal problems as well as consultation with staff concerning psychological problems of patients.

Evening College, Virginia Commonwealth University, Richmond, Virginia. September 1971 to June 1972. Adjunct Assistant Professor. Duties included teaching two sections of educational psychology to evening students.

Student Development Center, University of Wisconsin, Green Bay. September 1972 to June 1973. Counseling Psychologist. Duties included individual and group counseling with students, consultation with faculty, and teaching the Psychology of Human Adjustment.

Department of Human Services and Studies, Florida State University. June 1973 to August 1981.

1. Field Placement Coordinator, 1975‑78. Responsible for creating and maintaining all field placements for department.

2. Director of Counseling Clinic, 1977‑78. Responsible for direction and policy of departmental counseling clinic.

3. Director of Academic Outreach, 1974‑80. Design and implementation of two external master's programs and three specialist programs.

4. Director of Counseling Program, 1980‑81.

Eastwood Counseling Clinic, Inc., Tallahassee, Florida. January to August 1981 (10 hours per week). Providing a wide variety of psychological services to private clients, including personal adjustment, marriage counseling, hypnotherapy, and family counseling.

Department of Educational Psychology, Counseling Psychology Program, University of Nebraska, Lincoln. September 1981 to August 1986.

1. Coordinator of Practicum, 1983‑84.

2. Chairperson, Department Planning Committee, 1983‑84.

3. Director of Counseling Psychology Training, 1984‑86.

4. University Faculty Senate, 1984‑86.

Catholic Social Service Bureau, Lincoln, Nebraska. Psychological Consultant. June 1984 to July 1986.

Lincoln Family Medical Group, P.C. Psychological Consultant. September 1985 to August 1986.

Department of Educational Psychology and Leadership Studies, Kent State University. August 1986 to August 1993.

1. Director of Counseling Psychology, 1986‑1995.

2. Faculty Advisory Committee, 1986‑90.

3. College Advisory Committee, 1988‑90.

Co‑Chair, 1989‑90.

4. University Promotion Committee, 1990 ‑ 1991 & 2009.

5. Director of School and Counseling Psychology, 1992‑1993.

6. University Research Council (Faculty Senate), 1992‑1993.

Department of Adult, Counseling, Health, and Vocational Education, Kent State University. September 1993 to August 1995.

Department of Psychology, Clinical Psychology program, Kent State University. September 1995 to 2009 (Professor Emeritus, 2009 to present).

1. Clinical Psychology Admissions Committee, 1996 ‑ 2000 and 2003 ‑ 2004.

2. Director of Counseling Psychology, 1995 ‑ 2001.

3. University Promotion Committee, 1990‑91, 2003‑2004.

4. University Educational Policies Council, 1997 ‑ 2001.

5. Professional Standards Committee (Faculty Senate), 1997 ‑ 2002. Chair, 1999 ‑ 2001.

6. Chair, Joint Commission for the Evaluation of Instruction at Kent State, 2000 ‑ 2004.

7. University Faculty Senate, 2001 ‑ 2007.

Executive Committee member and Secretary, 2002 ‑ 2004.

Executive Committee member and Chair, 2004 ‑ 2006.

8. Interim Department Chair, Department of Psychology, August 2002 ‑ July 2003.

9. Provost Review Committee member, 2003 ‑ 2004.

10. Presidential Search Committee member, 2005 ‑ 2006.

11. Co‑Chair, University Diversity Advisory Council, 2005 ‑ 2007.

12. Member, Honors College Policy Council, 2006 ‑ 2009.

13. Arts & Sciences College Curriculum Committee, Department of Psychology representative, 2007 ‑ 2009.

Adjunct Professor of Psychology in Psychiatry, Northeast Ohio Universities College of Medicine. September 1987 to 2003.

Specialty Care, Inc., Boardman, Ohio. Psychologist. August, 1988 to December 1990.

Psychology Service, Veterans Administration Medical Center, Brecksville, Ohio. Consulting Research Psychologist. May 1991 to November 1998.

Visiting Scholar, Center for Cognitive Therapy, Department of Psychiatry, University of Pennsylvania. January 1994 to May 1994.

Visiting Professor, Institut für Angewandte Psychologie (Institute for Applied Psychology), University of Leipzig, Germany. March 15 to June 25, 1999.

Professor, Postdoctoral International Institute for Advanced Studies of Psychotherapy and Applied Mental Health, Babes‑Bolayi University, Cluj Napoca, Romania. January 2004 to present.

Distinguished Visiting Professor, Rhodes University, Grahamstown, Republic of South Africa. July 16 ‑ August 24, 2007.

Psychology Consultants, Inc. Medina, Ohio. Providing psychological services to nursing home residents and other groups. Training new clinical staff. August 1, 2009 – December 31, 2013.

Western Reserve Psychological Associates, Inc. Stow, Ohio. Providing psychological services to private clients with a wide variety of problems. January 15, 2011 – March 31, 2014.

Rainier Behavioral Health, Inc. Tacoma, Washington. Providing psychological services to private clients with a wide variety of problems. May 1, 2014 – present.

**SPECIAL EDUCATIONAL EXPERIENCES**

Internship in counseling psychology, September 1967 to September 1969. College of Education Student Counseling Office. Covered both individual and group counseling.

Advanced internship in counseling and organizational development, September 1969 to September 1970. Department of Counseling and Student Personnel Psychology.

Workshop in hypnosis training, conducted by Dr. David Kuypers, Tallahassee, Florida. March to June 1976.

Intermediate workshop in hypnosis, sponsored by Division 30, American Psychological Association, August 29‑30, 1983.

Intermediate workshop on hypnosis in sex therapy, conducted by Dr. Daniel Araoz, sponsored by Divisions 17 and 30, American Psychological Association, April 28, 1985.

**TECHNICAL REPORTS**

Dowd, E.T., & Spruell, M.N. (1972). A drug‑alcohol addiction treatment approach. Unpublished manuscript, U.S. Veterans Administration.

Dowd, E.T. (1978). Human relations skills for the occupational specialist, Florida Department of Education, Division of Vocational Education.

Dowd, E.T., & Grotgen, J. (1981). A model counseling internship for vocational‑technical schools. Florida Department of Education, Division of Vocational Education.

**PROFESSIONAL EDITORIAL ACTIVITY**

Editor, Journal of Cognitive Psychotherapy: An International Quarterly, 1986 ‑ 1997.

International Editor, Journal of Cognitive Psychotherapy: An International Quarterly, 1998 ‑ 2003 and 2007 ‑ 2012.

Editor, The Cognitive Behaviorist, AABT, 1977‑86.

Guest Editor, Leisure Counseling. The Counseling Psychologist, 9(3), 1981.

Guest Editor, Social Construction in Counseling Psychology, The Counselling Psychology Quarterly, 11 (2), 1998.

Associate Editor, Counselling for Client Problems: An International Series, Sage Publications, London, 1989‑1999.

Consulting Editor for North America, Counselling Psychology Quarterly, 1995‑2004.

International Editorial Board, Complessita & Cambiamento (Complexity & Change), 1996 ‑ 2001.

Advisory Board, Journal of Cognitive and Behavioral Psychotherapies, 2001 ‑ present.

Editorial Board, Educational and Psychological Research, 1983‑86.

Editorial Board, Journal of Social and Clinical Psychology, 1989‑2002.

Editorial Board, Journal of Psychotherapy Integration, 1999‑2004.

Editorial Board, Professional Psychology, Research and Practice, 1989‑1993.

Editorial Board, Psicologia Conductual (Behavioral Psychology), 1991‑ 2012.

International Editorial Advisory Panel, British Journal of Guidance and Counselling, 1992‑1998.

Board of Reviewers, The European Student Psychologist, 2005‑2012.

**BOOKS**

Dowd, E.T. (Ed.). (1984), Leisure counseling: Concepts and applications. Springfield, IL: Charles C. Thomas Publisher.

Dowd, E.T., & Healy, J.M. (Eds.). (1986), Case studies in hypnotherapy. New York, NY: The Guilford Press.

Golden, W.L., Dowd, E.T., & Friedberg, F. (1987), Hypnotherapy: A modern approach. New York, NY: Pergamon Press.

Dowd, E.T. & Rugle, L.R. (Eds.). (1999), Comparative treatments of substance abuse. New York, NY: Springer. {Published in Italy (2001) as La tossicodipendenza: Trattamenti a confronto, McGraw‑Hill, Milano}.

Dowd, E.T. (2000), Cognitive hypnotherapy. Lanham, MD: Rowman & Littlefield. (Featured alternate selection, Psychotherapy Book News). {Published in Russia (2003}).

Leahy, R.L. & Dowd, E.T. (2002). Clinical advances in cognitive psychotherapy. New York, NY: Springer.

Dowd, E.T. & Nielsen, S.L. (2006). The psychologies in religion: Working with the religious client. New York, NY: Springer.

**CHAPTERS IN BOOKS**

Dowd, E.T., Olsen, M., & Blaisdell, M. (1979). Counseling and teaching: An Integrated approach in a college adjustment course. In L. E. Nelson & E. D. Anderson (Eds.), Helping people. Johnson City, TN: East Tennessee State University Press.

Emener, W.G., & Dowd, E.T. (1979). Empathy and the conning client. In L.E. Nelson & E.D. Anderson (Eds.), Helping people. Johnson City, TN: East Tennessee State University Press.

Dowd, E.T., & Dowd, T.M. (1981). Supervisory skills for use with adult learners. In J.E. Myers (Ed.), Counseling older persons: A trainers' guide for basic helping skills. Falls Church, VA: American Personnel and Guidance Association Press.

Dowd, E.T. (1984). Leisure counseling with adults across the life span. In E.T. Dowd (Ed.), Leisure counseling: Concepts and applications. Springfield, IL: Charles C. Thomas Publisher.

Sachs, M.L., Buffone, G.W., & Dowd, E.T. (1984). Cognitive behavioral strategies for facilitating maintenance of exercise behavior. In M.L. Sachs & G.W. Buffone (Eds.), Running as therapy: An integrated approach. Lincoln, NE: University of Nebraska Press.

Dowd, E.T. (1984). Counseling psychology. In R. J. Corsini (Ed.), Wiley encyclopedia of psychology. New York, NY: Wiley & Sons.

Dowd, E.T., & Govaerts, K. (1985). Self‑control desensitization. In A.S. Bellack & M. Hersen (Eds.), Dictionary of behavior therapy techniques. New York, NY: Pergamon Press.

Dowd, E.T. (1985). I. Self‑statement modifications. II. Covert control. III. Vicarious conditioning. IV. Vicarious extinction. In A.S. Bellack & M. Hersen (Eds.), Dictionary of behavior therapy techniques. New York, NY: Pergamon Press.

Dowd, E.T., & Olson, D. (1985). Contingency contracting. In A. S. Bellack & M. Hersen (Eds.), Dictionary of behavior therapy techniques. New York, NY: Pergamon Press.

Dowd, E.T. (1986). Hypnotherapy and family therapy in the treatment of adolescent enuresis. In E.T. Dowd & J.M. Healy, Case studies in hypnotherapy. New York, NY: Guilford Press.

Healy, J.M., & Dowd, E.T. (1986). Pain management by hypnotherapy. In E.T. Dowd & J.M. Healy (Eds.), Case studies in hypnotherapy. New York, NY: Guilford Press.

Dowd, E.T. (1988). Motivating the unmotivated: The social psychology of client resistance and reactance. In C. Perris &: M. Eisemann (Eds.), Cognitive Psychotherapy: An Update. DOPUU Press, Umea, Sweden.

Carmin, C.N., & Dowd, E.T. (1988). Paradigms in cognitive psychotherapy. In W. Dryden & P. Trower (Eds.), Developments in cognitive psychotherapy. Thousand Oaks, CA: Sage Publications.

Dowd, E.T., & Trutt, S. (1988). Paradoxical interventions in behavior modification. In M. Hersen, R. M. Eisler, & P. E. Miller (Eds.), Progress in behavior modification, Vol.23. Thousand Oaks, CA: Sage Publications.

Dowd, E.T. (1989). Client resistance and reactance as mediating variables in cognitive psychotherapy. In W. Dryden & P. Trower (Eds.), Cognitive psychotherapy: Stasis and change. London, UK: Cassell.

Dowd, E.T., & Pace, T.M. (1989). The relativity of reality: Second order change in psychotherapy. In A.E. Freeman, K.M. Simon, L. Beutler, & H. Arkowitz (Eds.), Comprehensive handbook of cognitive therapy. New York, NY: Plenum Press.

Dowd. E.T. (1989). The self and creativity: Several constructs in search of a theory. In J.A. Glover, R.R. Ronning, & C.R. Reynolds (Eds.), Handbook of creativity. New York, NY: Plenum.

Dowd, E.T. (1991). Hipnoterapia (Hypnotherapy). In V. E. Caballo (Ed.), Manual de tecnicas de terapia y modificacion de conducta. ("Handbook of behavior modification and behavior therapy techniques"). Madrid: Siglo Veintiuno de espana editores, sa.

Dowd, E.T. (1992). Hypnotherapy. In A.E. Freeman & F.M. Dattilio (Eds.). Comprehensive casebook of cognitive therapy. New York, NY: Plenum.

Dowd, E.T. (1993). Cognitive developmental hypnotherapy. In J. W. Rhue, S. J. Lynn & I. Kirsch (Eds.). Handbook of clinical hypnosis, Washington, DC: American Psychological Association.

Courchaine, K.E. & Dowd, E.T. (1994). Group approaches and Cognitive Therapy in crises intervention. In F.M. Dattilio & A. Freeman (Eds.). Cognitive‑behavioral approaches to crises intervention. New York, NY: Plenum.

Dowd, E.T. (1996). Hypnotherapy in the treatment of adolescent enuresis. In S.J. Lynn, I. Kirsch, & J.W. Rhue (Eds.), Casebook of clinical hypnosis, Washington, DC: American Psychological Association.

Dowd, E.T. (1997). La evolucion de las psicoterapias cognitivas (The evolution of the cognitive psychotherapies). In I. Caro (Ed.), Manual de psicoterapias cognitivas: Estada de la cuestion y proceso terapeutico (Handbook of cognitive psychotherapies). Barcelona: Editorial Paidos, S.A.

Dowd, E.T. (1997). The use of hypnosis in cognitive‑developmental therapy. In R. Leahy (Ed.), Practicing Cognitive Therapy: A guide to interventions. New York, NY: Jason Aronson.

Dowd, E.T. (1999). Toward a briefer therapy: Overcoming resistance and reactance in the therapeutic process. In W.J. Matthews & J. Edgette (Eds.), Current thinking and research in brief therapies: Solutions, strategies, narratives (Vol. III). New York, NY: Brunner/Mazel.

Dowd, E.T. & Rugle, L.G. (1999). Substance abuse in American society. In E.T. Dowd & L.G. Rugle (Eds.), Comparative treatments of substance abuse. New York, NY: Springer.

Rugle, L.G. & Dowd, E.T. (1999). The case of "Paul." In E.T. Dowd & L.G. Rugle (Eds.), Comparative treatment of substance abuse. New York, NY: Springer.

Dowd, E.T., Millas, P.J., & Rugle, L.G. (1999). Comparative treatments of substance abuse: Summary and conclusions. In E.T. Dowd & L.G. Rugle (Eds.), Comparative treatments of substance abuse. New York, NY: Springer.

Fahr, D.R. & Dowd, E.T. (2001). Cognitive behavior therapy as an empirically supported treatment for phobias. In W.J. Lyddon & J.V. Jones, Jr. (Eds.), Empirically supported cognitive therapies: Current and future applications. New York, NY: Springer. {Published in Italy as: Fobie (2002). L'approaccio evidence‑based in psicotherapia: Protocolli di trattamento sperimentalmente validati. Milano: McGraw‑Hill}.

Dowd, E.T. (2002). History and recent developments in cognitive psychotherapy. In R.L. Leahy & E.T. Dowd (Eds.), Clinical advances in cognitive psychotherapy. New York, NY: Springer.

Dowd, E.T. & Javorek, M.B. (2002). Mental disabilities and accommodation. In S.B. Thomas, Students, colleges, and disability law. Dayton, OH: Education Law Association.

Dowd, E.T. (2002). Coverant control. In M. Hersen & W. Sledge (Eds.), The encyclopedia of psychotherapy, pp. 579 ‑ 585. Academic Press.

Dowd, E.T. (2002). Self control desensitization. In M. Hersen & W. Sledge (Eds.), The encyclopedia of psychotherapy, pp. 591 ‑ 593. New York, NY: Academic Press.

Dowd, E.T. (2002). Vicarious conditioning. In M. Hersen & W. Sledge (Eds.), The encyclopedia of psychotherapy, pp. 881 ‑ 883. New York, NY: Academic Press.

Dowd, E.T. (2002). Vicarious Extinction. In M. Hersen & W. Sledge (Eds.), The encyclopedia of psychotherapy, pp. 885 ‑ 887. New York, NY: Academic Press.

Dowd, E.T. (2002). Self‑statement modification. In M. Hersen & W. Sledge (Eds.), The encyclopedia of psychotherapy, pp. 625 ‑ 628. New York, NY: Academic Press.

Dowd, E.T. Behavioral therapy of depression. (2002). In M.A. Reinecke & M. R. Davison (Eds.), Comparative treatments of depression*,* pp. 1. 95‑219*.* New York, NY: Springer.

Dowd, E.T. (2003). Adlerian, cognitive‑behavioral, and constructivistic psychotherapies: Commonalities, differences, and integration. In R.E. Watts (Ed.), Adlerian, cognitive, and constructivist therapies, pp. 91‑106. New York, NY: Springer.

Dowd, E.T. (2003). La hipnoterapia cognitiva (Cognitive hypnotherapy). In I. Caro (Ed.), Las psicoterapias cognitivas: Evolocion y comparaciones (Cognitive psychotherapies: Evolution and comparisons), pp. 43‑55. Barcelona: Paidos.

Dowd, E.T. (2005). Coverant control. In M. Hersen & J. Rosqvist (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, 226‑228. Thousand Oaks, CA: Sage.

Dowd, E.T. (2005). Cultural difference in cognitive therapy. In M. Hersen & J. Rosqvist (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, 244‑248. Thousand Oaks, CA: Sage.

Dowd, E.T. (2005). Self‑control desensitization. In M. Hersen & J. Rosqvist (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, 509‑512. Thousand Oaks, CA: Sage.

Dowd, E.T. (2005). Self‑statement modification. In M. Hersen & J. Rosqvist (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, 526‑527. Thousand Oaks, CA: Sage.

Statom, D. & Dowd, E.T. (2005). Pathological gambling. In A. Freeman, S.H. Felgoise, A.M. Nezu, C.M. Nezu, & M.A. Reineke (Eds.), Encyclopedia of cognitive behavior therapy**.** New York, NY: Plenum.

Dowd, E.T. (2005). Hypnotherapy. In A. Freeman, S.H. Felgoise, A.M. Nezu, C.M. Nezu, & M.A. Reineke (Eds.), Encyclopedia of cognitive behavior therapy**.** New York, NY: Plenum.

Dowd, E.T. (2006). Cognitive hypnotherapy and the management of anger. In R. Chapman (Ed.), The clinical use of hypnosis in cognitive behavioral therapy: A practitioners' casebook. New York, NY: Springer.

Dowd, E.T. (2006). Cognitive behavior therapy: Evidence and new directions. In D. David (Ed.), A critical review of current trends in psychotherapy and clinical psychology. New York, NY: Nova Science Publishers.

Nielsen, S.L. & Dowd, E.T. (2006). Religion for psychotherapists: The psychologies *in* religion versus the psychology *of* religion. In E.T. Dowd & S.L. Nielsen (Eds.), The psychologies in religion: Working with the religious client. New York, NY: Springer.

Dowd, E.T. & Nielsen, S.L. (2006). Religion for psychotherapists: Summary and commentary. In E.T. Dowd & S.L. Nielsen (Eds.), The psychologies in religion: Working with the religious client. New York, NY: Springer.

Dowd, E.T. (2008). Paradoxical interventions. In F.T.L. Leong (Editor‑in‑Chief), Tinsley,H.E.A. (Senior Editor), & Lease, S.H. (Associate Editor). Encyclopedia of counseling: Volume 2, Personal and emotional counseling). Thousand Oaks, CA: Sage.

Browne, C.M., Dowd, E.T., & Freeman, A. (2010). Rational and irrational beliefs and psychopathology. In D. David, S.J. Lynn, & A. Ellis (Eds.), Rational and irrational beliefs: Research, theory and clinical practice. Oxford, UK: Oxford University Press.

Caserta, D.A., Dowd, E.T., David, D., & Ellis, A. (2010). Rational and irrational beliefs in primary prevention and mental health. In D. David, S.J. Lynn, & A. Ellis (Eds.),Rational and irrational beliefs: Research, theory and clinical practice. Oxford, UK: Oxford University Press.

Dowd, E.T. & Roberts Miller, A. (2011). Tacit knowledge structures in the negotiation process. In M. Galluccio & F. Aquilar (Eds.), Psychological and Political Strategies for Peace Negotiation: A cognitive approach. New York, NY: Springer.

Dowd, E.T. (2015). Tacit knowledge awareness in international negotiations. In M. Galluccio (Ed.), Psychology of international negotiation: Interpersonal, intercultural, and diplomatic perspectives. New York, NY: Springer.

Dowd, E.T. (2017). Anger management. In G. Elkins (Ed.), Clinician’s Guide to Medical and Psychological Hypnosis: Foundations, Applications, and Professional Issues. New York, NY: Springer.

**ARTICLES**

Mann, W.C., Godfrey, M.E., & Dowd, E.T. (1974). The use of group counseling procedures in the rehabilitation of spinal cord injured patients. American Journal of Occupational Therapy, 27, 73‑77.

Dowd, E.T., & Blocher, D.H. (1974). A study of the effects of awareness of desired behavior and immediate reinforcement on the verbal behavior of beginning counselors. Counselor Education and Supervision, 13, 190‑197.

Dowd, E.T., Olson, M., & Blaisdell, M. (1975). Counseling and teaching: An integrated approach in a college adjustment course. Journal of Humanics, 2.

Dowd, E.T., & Moerings, B.J. (1975). The underachiever and teacher consultation: A case study. The School Counselor, 22, 263‑266.

Kelly, F.D., & Dowd, E.T. (1975). The staffing conference: An approach to student evaluation. Counselor Education and Supervision, 15, 135‑139.

Dowd, E.T., & Kelly, F.D. (1975‑1976). Goal attainment scaling in a counseling clinic. Goal Attainment Review, 2, 11‑22.

Dowd, E.T. (1976). The Götterdammerung Syndrome: Implications for counseling. Counseling and Values, 20, 139‑142.

Dowd, E.T. (1976). The determinants of value change: A replication and some extensions. Journal of Humanics, 3.

Dowd, E.T. (1977). The use of IPR as a classroom management technique. Elementary Counseling Journal, 11.

Emener, W.G., & Dowd, E.T. (1977). Empathy and the conning client. Journal of Humanics, 4.

Dowd, E.T., & Emener, W.G. (1978). Lifeboat counseling: The issue of survival decisions. Journal of Rehabilitation, 44(3), 34‑36.

Emener, W.G., & Dowd, E.T. (1978). Professional identity and its effects on the evaluation of counselor attributes. Counselor Education and Supervision, 18, 14‑20.

Rollin, S.A., & Dowd, E.T. (1979). Conflict resolution: A model for effective marital and family relations. American Journal of Family Therapy, 7, 61‑67.

Dowd, E.T., & Kelly, F.D. (1979). The Human Services Center: A systems integrator. Journal of Counseling Services, 3, 16‑21.

Dowd, E.T., & Rollin, S.A. (1980). The effect of a prepracticum counseling training experience on social influence variables. Journal of Counseling Services, 4, 20‑25.

Dowd, E.T., & Kelly, F.D. (1980). Adlerian psychology and cognitive‑behavior therapy: Convergences. Journal of Individual Psychology, 36, 119‑135.

Healy, J.M., & Dowd, E.T. (1981). Predicting benefit from a Gestalt therapy marathon workshop. Journal of Specialists in Group Work, 6, 90‑95.

Dowd, E.T. (1981). Leisure counseling: Summary of an emerging field. In E.T. Dowd (Ed.), Leisure counseling. The Counseling Psychologist, 9, 81‑82.

Dowd, E.T., & Dowd, T.M. (1981). Rehabilitation of the mentally ill elderly. Journal of Rehabilitation, 47, 38‑43.

Arreola, C., Dowd, E.T., & Reardon, R.C. (1981). A study of the relationship between locus of control and satisfaction with two vocational counseling treatments. Revista Puertorriquena de Psicologia, 1, 39‑45.

Dowd, E.T. (1981). Cognitive behavior therapy: Dangers and new directions. Academic Psychology Bulletin, (3), 387‑393.

Dowd, E.T., & Boroto, D.R. (1982). Differential effects of counselor self‑disclosure, self‑involving statements, and interpretation. Journal of Counseling Psychology, 29, 8‑13.

Dowd, E.T., & Pety, J.A. (1982). The effect of counselor predicate matching on perceived social influence and client satisfaction. Journal of Counseling Psychology, 29, 206‑209.

Paurohit, N., Dowd, E.T., & Cottingham, H.F. (1982). The role of verbal and nonverbal cues in the formation of first impressions of black and white counselors. Journal of Counseling Psychology, 29, 371‑378.

McKay, J.K., Dowd, E.T., & Rollin, S.A. (1982). Client characteristics as mediating variables in the perception of disabled rehabilitation counselor social influence. Perceptual and Motor Skills, 54, 532‑526.

McKay, J.K., Dowd, E.T., & Rollin, S.A. (1982). The effects of rehabilitation counselor disability status on similarly disabled clients' perceptions of counselor social influence and empathy. Journal of Applied Rehabilitation Counseling, 13, 10‑13.

Dowd, E.T., & Hingst, A.G. (1983). Matching therapist's predicates: An in vivo test of effectiveness. Perceptual and Motor Skills, 57, 207‑ 210.

Milne, C.R., & Dowd, E.T. (1983). The effect of interpretation style on counselor social influence. Journal of Counseling Psychology, 30, 603‑606.

Kelly, F.D., Dowd, E.T., & Duffey, D.K. (1983). A comparison of cognitive and behavioral intervention strategies in the treatment of depression. British Journal of Cognitive Psychotherapy, l, 51‑58.

Dowd, E.T. (1984). The responsible practice of hypnotherapy. Nebraska Counselor, 16(1), 3‑6.

Olson, D.H., & Dowd, E.T. (1984). Generalization and maintenance of behavior change. The Cognitive Behaviorist, 6(1), 13‑19.

Dowd, E.T., & Swoboda, J. (1984). Paradoxical interventions in behavior therapy. Journal of Behavior Therapy and Experimental Psychiatry, 15, 229‑234.

Guck, T.P., Skultety, F.M., Meilman, P.W., & Dowd, E.T. (1985). Multidisciplinary pain center follow‑up study: Evaluation with a no‑treatment control group. Pain, 21, 295‑306.

Claiborn, C.D., & Dowd, E.T. (1985). Attributional interpretations in counseling: Content vs. discrepancy. Journal of Counseling Psychology, 32, 188‑196.

Lukin, M.E., Dowd, E.T., Plake, B., & Kraft, R.G. (1985). Comparing computerized versus traditional psychological assessment. Computers in Human Behavior, 1, 49‑58.

Dowd, E.T., Claiborn, C.D., & Milne, C.R. (1985). Anxiety, attribution, and perceived coping ability. Cognitive Therapy and Research, 9, 575‑582.

Dowd, E.T. (1985). Hypnotic strategies in producing and maintaining cognitive and behavior change. The Cognitive Behaviorist, 7(2), 4‑6.

Kraft, R.G., Claiborn, C.D., & Dowd, E.T. (1985). The effects of positive reframing statements and paradoxical directives on moderate depression. Journal of Counseling Psychology, 32, 617‑621.

Dowd, E.T., Lawson, G.W., & Petosa, R. (1986). Attributional styles of alcoholics. International Journal of the Addictions, 21, 589‑593.

Guck, T.P., Meilman, P.W., Skultety, F.M., & Dowd, E.T. (1986). Prediction of long‑term outcome of multidisciplinary pain treatment. Archives of Physical Medicine and Rehabilitation, 67, 293‑296.

Perrin, D.K., & Dowd, E.T. (1986). Effects of paradoxical and nonparadoxical self‑disclosure on counselor social influence. Journal of Counseling Psychology, 33, 207‑210.

Dowd, E.T., & Milne, C.R. (1986). Paradoxical interventions in counseling psychology. The Counseling Psychologist, 14, 237‑282.

Dowd, E.T. (1987). Paradoxical interventions: Contextualization and decontextualization. The Counseling Psychologist, 15, 159‑163.

Duffey, D.K., & Dowd, E.T. (1987). The effect of cognitive behavioral assertion training on aggressive individuals and their partners. The Southern Psychologist, 3, 45‑50.

Kavan, M.G., & Dowd, E.T. (1987). Attributional counseling for depression: Effects of characterological versus external interpretations. Educational and Psychological Research, 7, 33‑45.

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Dowd, E.T., Trutt, S.D., & Watkins, C.E. (1992). Interpretation style and reactance in counselor's social influence. Psychological Reports, 70, 247‑254.

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**REVIEWS**

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Courchaine, K.E. & Dowd, E.T. (1993). A review of Human change processes, by Mahoney. Counseling and Values, 37, 185‑186.

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Dowd, E.T. (1998). A review of Cognitive and constructive psychotherapies: Theory, research and practice, by Mahoney. Journal of Cognitive Psychotherapy, 12, 83‑85.

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Dowd, E.T. (2001). A review of Essential components of cognitive‑behavior therapy, by Persons, Davisdon, & Tompkins. Journal of Cognitive Psychotherapy: An International Quarterly, 384‑386.

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Dowd, E.T. (2005). A review of Evolutionary theory and cognitive therapy, by Gilbert. Cognitive Behavioral Therapy Book Reviews (CBTBR), International Association for Cognitive Psychotherapy.

Dowd, E.T. (2014). A review of Advanced principles of counseling and psychotherapy:

Learning, integrating, and consolidating the nonlinear thinking of master practitioners,

By Mozdzierz, Peluso, and Lisiecki. PsycCRITIQUES.

**PRESENTATIONS** **AT PROFESSIONAL MEETINGS AND INTSITUTIONS**

Student personnel work as educational intervention: A case study in changing roles. Program presented at the 1970 American College Personnel Association, convention. St. Louis.

Counselor training, research, and community service through a counseling clinic. Program presented at the 1975 Florida Personnel and Guidance Association convention, Tampa.

The evaluation of a counselor training program on social influence variables. Symposium presentation at the 1979 American Psychological Association convention, New York.

Cognitive behavior therapy: New developments. Panel presentation at the 1979 Association for Advancement of Behavior Therapy convention, San Francisco.

A model counseling internship for vocational‑technical schools. Program presented at the 1980 American Personnel and Guidance Association convention, Atlanta.

Family planning and sex education for young adult males. Reactor to program presented at the 1980 American Personnel and Guidance Association convention, Atlanta.

A comparison of cognitive and behavioral intervention strategies in the treatment of depression. Paper presented at the 1980 American Psychological Association convention, Montreal.

The laboratory clinic: Maximizing technology in the supervision of counselor‑trainees. Program presented at the 1980 Southern Association for Counselor Education and Supervision convention, Hot Springs, Arkansas.

Hypnosis and cognitive behavior therapy. Symposium presentation at the 1980 Association for Advancement for Behavior Therapy convention, New York.

Cognitive behavior therapy: New developments. Panel presentation at the 1980 Association for Advancement of Behavior Therapy convention, New York.

Counselor predicate matching: An in vivo test of effectiveness. Paper presented at the 1981 American Psychological Association convention, Los Angeles.

Effect of predicate matching on counselor social influence and client satisfaction. Paper presented at the 1981 American Psychological Association convention, Los Angeles.

Cognitive therapy‑‑research in progress. Research symposium presentation at the 1981 American Psychological Association convention, Los Angeles.

Psychological changes associated with cognitive behavior therapy and an aerobic running program in treatment of depression. Paper presented at the 1981 Association for Advancement of Behavior Therapy convention, Toronto.

Problems in treatment of alcoholism by psychologists in private practice. Symposium chair and discussant at the 1982 American Psychological Association convention, Washington, DC.

Stress management techniques for counselors. Program presented at the 1982 Nebraska Personnel and Guidance Association convention, Lincoln.

Cognitive behavior therapy: Appraisal of current status and new directions. Invited panel presentation at the 1982 Association for Advancement of Behavior Therapy convention, Los Angeles.

Conversation hour chairperson‑‑cognitive therapy (with Aaron T. Beck and Michael J. Mahoney) at the 1982 Association for Advancement of Behavior Therapy convention, Los Angeles.

Anxiety, perceived coping ability and attributional styles: A test of relationship. Paper presented at the 1982 Association for Advancement of Behavior Therapy convention, Los Angeles.

Introduction to the cognitive therapies. Preconvention Institute presentation at the 1982 Association for Advancement of Behavior Therapy convention, Los Angeles.

The effect of interpretation style on counselor social influence. Paper presented at the 1983 American Psychological Association convention, Anaheim.

Attributional interpretations in counseling: Content vs. discrepancy. Paper presented at the 1983 American Psychological Association convention, Anaheim.

Alcoholism treatment programs: Death of a disease. Symposium chair, 1983 American Psychological Association convention, Anaheim.

Cognitive and emotional changes associated with premenstrual syndrome. Paper presented at the 1983 American Psychological Association convention, Anaheim.

APA accreditation: Pitfalls, pratfalls and procedures. Program chair and discussant at the 1983 American Psychological Association convention, Anaheim.

Fundamentals of the cognitive therapies. Preconvention Institute coordinator and presenter at the 1983 World Congress on Behavior Therapy/Association for Advancement of Behavior Therapy convention, Washington, DC.

Behavioral approaches to shaping social policy: An international perspective. Featured international symposium presentation at the 1983 World Congress on Behavior Therapy/Association for Advancement of Behavior Therapy convention, Washington, DC.

Anxiety, attribution and coping. Paper presented at the 1983 World Congress on Behavior Therapy/Association for Advancement of Behavior Therapy convention, Washington, DC.

The effect of cognitive behavioral assertion training on aggressive individuals and their partners. Paper presented at the 1983 World Congress on Behavior Therapy/Association for Advancement of Behavior Therapy convention, Washington, DC.

The therapeutic reactance scale: Development and reliability. Paper presented at the 1984 American Psychological Association convention, Toronto.

Effect of paradoxical and nonparadoxical self‑disclosures on counselor social influence. Paper presented at the 1984 American Psychological Association convention, Toronto.

Comparison of rationales in symptom prescription. Paper presented at the 1984 American Psychological Association convention, Toronto.

Effect of characterological and external attributional interpretations on negative emotions. Paper presented at the 1984 American Psychological Association convention, Toronto.

Comparing computerized versus traditional psychological assessment in a counseling setting. Paper presented at the 1984 American Psychological Association convention, Toronto.

Attribution and interpretation: Recent research. Symposium presentation at the 1984 American Psychological Association convention, Toronto.

Continuing education: Future directions. Conversation hour chair, 1984 American Psychological Association convention, Toronto.

Effects of positive reframing statements and paradoxical directives on moderate depression. Paper presented at the 1984 Association for Advancement of Behavior Therapy convention, Philadelphia.

Attributional styles of alcoholics. Paper presented at the 1984 Association for the Advancement of Behavior Therapy convention, Philadelphia.

Hypnosis and behavior therapy. Symposium presentation at the 1984 Association for Advancement of Behavior Therapy Convention, Philadelphia.

Fundamentals of the cognitive therapies. Preconvention Institute coordinator and presenter, 1984 Association for Advancement of Behavior Therapy convention, Philadelphia (and 1985, 1986).

Behavior therapy and the legislative process: The nuts and bolts of shaping social policy at the state level. Training session presentation at the 1984 Association for Advancement of Behavior Therapy convention, Philadelphia.

Counselor preference for interracial relationships: Implications for counseling. Paper presented at the 1984 Iowa Educational Research and Evaluation Association convention, Cedar Rapids.

Comparing computerized versus traditional psychological assessment in a counseling setting. Paper presented at the 1985 meeting of the Nebraska Psychological Association, Lincoln.

The differential effects of restraining and nonrestraining counselor interventions in the treatment of procrastination. Paper presented at the 1985 American Psychological Association convention, Los Angeles.

Student evaluation: The other side of the moon. Symposium presentation at the 1985 American Psychological Association convention, Los Angeles.

Defiance based and compliance based paradoxical interventions in the treatment of free and unfree behavior. Paper presented at the 1985 American Psychological Association convention, Los Angeles.

Paradoxical interventions in behavior therapy. Presentation at the 1985 Association for Advancement of Behavior Therapy convention, Houston.

Prediction of long‑term outcome of multidisciplinary pain treatment. Paper presented at the 1985 Association for Advancement of Behavior Therapy convention, Houston.

Disability similarity and communication style with deaf adolescents. Paper presented at the 1986 American Psychological Association convention, Washington, DC.

Effect of client humor and paradoxical interventions on anxiety. Paper presented at the 1986 American Psychological Association convention, Washington, DC.

Motivating the unmotivated: Social psychological aspects of client resistance and reactance. Symposium presentation at the 1986 American Psychological Association convention, Washington, DC.

Provider standards for the 21st century. Symposium presentation at the 1986 American Psychological Association convention, Washington, DC.

Paradoxical interventions in behavior therapy. Presentation at the 1986 Association for Advancement of Behavior Therapy convention, Chicago.

Professional practice in various settings: Counseling psychology in business and industry. Invited presentation at the National Conference on Counseling Psychology, 1987, Atlanta.

Paradox and reactance. Invited new APA Fellow address at the 1987 American Psychological Association convention, New York.

Reframing and restraining directives in the treatment of clinical depression. Paper presented at the 1987 American Psychological Association convention, New York.

Effects of role similarity, therapist expectations, and time‑limited therapy. Paper presented at the 1987 Association for Advancement of Behavior Therapy convention, Boston.

Professional identity of counseling psychologists: Past, present, and future, 2. New definition of counseling psychology. Symposium presentation at the 1988 Middle South Conference on Counseling Psychology, Gatlinburg, TN.

Counseling Psychology training: comparisons, status, and future directions. Symposium chair and presenter, 1988. American Psychological Association convention, Atlanta, GA.

Paradoxical interventions in counseling psychology: theory and techniques. Roundtable presentation, 1988 American Psychological Association convention, Atlanta, GA.

Training issues in counseling psychology. Symposium presentation at the 1989 Great Lakes Conference on Counseling Psychology, Muncie, Indiana

Reframing and restraining directives in the treatment of clinical depression. Paper presented at the 1989 World Congress of Cognitive Therapy, Oxford, England.

A cognitive theory of resistance and reactance. Paper presented at the 1989 World Congress of Cognitive Therapy, Oxford, England.

Effects of interpretation style and reactance on counselor social influence. Paper presented at the 1989 American Psychological Association convention, New Orleans.

Counseling Psychology in VA Medical Centers: Perceptions of VA Chiefs of Psychology. Paper presented at the 1989 American Psychological Association convention, New Orleans.

Paradoxical interventions in psychology: Theory and practice. Roundtable presentation at the 1989 American Psychological Association convention, New Orleans.

Theory and practice of comprehensive examinations. Paper presented at the 1990 Division 17 Great Lakes Regional Conference, Akron, Ohio.

New issues in counseling psychology training. Paper presented at the 1990 Division 17 Great Lakes Regional Conference, Akron, Ohio

Thirty‑five years of rational‑emotive psychotherapy: Issues resolved and problems remaining. Symposium discussant at the 1990 American Psychological Association convention, Boston.

Professional training models & implications for counseling psychology. Symposium presentation at the 1990 American Psychological Association convention, Boston.

Factors predicting the negative emotions of depression, anxiety, and anger. Paper presented at the 1992 World Congress of Cognitive Therapy, Toronto, Canada.

Motivational and personality correlates of client psychological reactance. Paper presented at the 1992 World Congress of Cognitive Therapy, Toronto, Canada.

Implicit learning, tacit knowledge, and implications for stasis and change in cognitive therapy. Paper presented at the 1992 World Congress of Cognitive Therapy, Toronto, Canada and to the 1992 Association for Advancement of Behavior Therapy convention, Boston.

Psychological reactance and normal personality variables. Paper presented at the 1993 American Psychological Association convention, Toronto.

The resistant and difficult client in cognitive therapy. Paper presented at the 23rd (1993) European Congress of Behaviour and Cognitive Therapies, London, England.

Cognitive‑developmental hypnotherapy. Paper presented at the 23rd (1993) European Congress of Behaviour and Cognitive Therapies, London, England.

The effect of premilitary and military variables on combat‑related PTSD. Paper presented at the 1993 annual meeting of the International Society for Traumatic Stress Studies, San Antonio, Texas.

An empirical test of the problem solving model of depression and its application to the prediction of anxiety and anger. Paper presented at the 1993 annual convention of the Association for Advancement of Behavior Therapy, Atlanta.

Reactance, noncompliance, and the identity process: Implications for psychotherapy integration. Paper presented at the 1994 annual meeting of the Society for Exploration of Psychotherapy Integration, Buenos Aires, Argentina.

The problem-solving model of depression: Moderated or mediated relationships. Paper presented at the 1994 annual meeting of the Society for Exploration of Psychotherapy Integration, Buenos Aires, Argentina and at the 1994 meeting of the Association for Advancement of Behavior Therapy, San Diego.

The relationship between psychological reactance and developmental factors. Paper presented at the 1994 annual meeting of the Association for Advancement of Behavior Therapy, San Diego.

The comprehensive examination in professional psychology. Paper presented at the 1995 Great Lakes Regional Conference in Counseling Psychology, Kent, Ohio.

Personality characteristics associated with psychological reactance. Paper presented at the 1995 World Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark.

Developmental antecedents of psychological reactance and implications for cognitive therapy. Paper presented at the 1995 World Congress of Behavioural and Cognitive Therapies,

Copenhagen, Denmark.

Effects of counselor interpretations and client reactance on social influence. Paper presented at the 1995 annual meeting of the American Psychological Association, New York.

Correlates of burnout in substance abuse counselors. Paper presented at the 1995 annual meeting of the American Psychological Association, New York.

Personality, coping style, and patterns of substance abuse. Paper presented at the 1996 annual meeting of the American Psychological Association, Toronto.

Reactance and personality. Symposium presentation at the 1996 annual meeting of the Association for Advancement of Behavior Therapy, New York.

Predicting alcoholics anonymous affiliation. Paper presented at the 1997 annual meeting of the American Psychological Association, Chicago.

Hypnosis in Counseling Psychology: A developmental odyssey. Symposium presentation at the 1997 annual meeting of the American Psychological Association, Chicago.

Personality factors associated with substance abuse relapse. Paper presented at the 1997 annual meeting of the American Psychological Association, Chicago.

What makes people really change (and what really stops them from changing)? Symposium presentation at the 27th (1997) Congress of the European Association for Behavioural and Cognitive Therapies, Venice, Italy.

Cognitive strategies to improve coping and enhance comfort in adults with urinary incontinence. Paper presented at the 27th (1997) Congress of the European Association for Behavioural and Cognitive Therapies, Venice, Italy.

Resistance in cognitive therapy. Symposium presentation at the XL (1997) Congresso Nazionale di Societa Italiana di Psichiatria (National Congress of the Italian Psychiatric Society), Palermo, Sicily.

Hardiness and social support as stress moderators. Paper presented at the 1997 annual

meeting of the Association for Advancement of Behavior Therapy, Miami Beach.

Anger, hostility, and psychological reactance: Implications for intervention and medical adherence in coronary patients. Paper presented at the 1997 annual meeting of the Advancement of Behavior Therapy, Miami Beach.

The underside of cognitive therapy. Invited Keynote address at the 1998 World Congress of Behavioral and Cognitive Therapies, Acapulco, Mexico.

Advances in cognitive psychotherapies: Therapeutic strategies. Symposium discussant at the

1998 World Congress of Behavioral and Cognitive Therapies, Acapulco, Mexico.

Nonlinear detection, indexing, and representation of perturbational activity triggered by stimuli of varying self‑relevance. Paper presented at the 1998 World Congress of Behavior and Cognitive Therapies, Acapulco, Mexico.

Nonlinear analyses of time series data sets with personal computer platforms. Poster presentation at the 1998 World Congress of Behaviour and Cognitive Therapies, Acapulco, Mexico.

Reactance and assertiveness: A pilot correlational study. Presentation at the 1999 International Conference of the Society for the Exploration of Psychotherapy Integration, Miami Beach, Florida.

Cognitive versus behavioral, cognitive and behavioral, and cognitive/behavioral: You are what you think (behave). Panel presentation at the 1999 annual meeting of the Association for Advancement of Behavior Therapy, Toronto.

Expanding the frontiers of cognitive therapy in theory and practice: Imagery, hypnosis, introjects, and resistance. Clinical Roundtable presentation at the 1999 annual meeting of the Association for Advancement of Behavior Therapy, Toronto.

Cognitive‑behavioral therapy, psychoeducation, parental training, family therapy and adolescent psychiatry: Eclecticism or pragmatism? Discussant at the 2000 International Congress of Cognitive Psychotherapy, Catania, Sicily.

Theoretical innovations in cognitive therapy. Symposium discussant at the 2000 International Congress of Cognitive Psychotherapy, Catania, Sicily.

Cognitive hypnotherapy: A new direction in cognitive psychotherapy. **Invited Keynote** **address** at the 2000 International Congress of Cognitive Psychotherapy, Catania, Sicily.

Overcoming resistance in cognitive therapy. Symposium presentation at the 2000 International Congress of Cognitive Psychotherapy, Catania, Sicily.

Supervision in psychotherapy: Modalities and techniques. Symposium Chair at the 7th(2000)International Congress on Constructivism in Psychotherapy, Geneva, Switzerland.

Memory processes in cognitive therapy. **Invited Keynote Address** at the XXX (2000) Congress of the European Association for Behavioural and Cognitive Therapies**,** Granada,Spain.

The addition of coaching to cognitive strategies: Interventions for persons with urinary incontinence. Poster presentation at the XXX (2000) Congress of the European Association for Behavioural and Cognitive Therapies, Granada, Spain.

From a behaviorist to a cognitivist to a tacit cognitivist. Symposium presentation at the2000 annual meeting of theAssociation for Advancement of Behavior Therapy**,** New Orleans.

Depression: Theory, research, and new directions in practice. Invited address at the 2001 1st Polish Conference on Cognitive Therapy, Warsaw.

Memory processes and recovered memory via forensic hypnosis. Presentation at the 2001 International Interdisciplinary Conference on Abnormal and deviant behavior: Legal, psychological, and criminological perspectives, St. Petersburg State University, Russia.

Memory processes in psychotherapy: Implications for integration. Presentation at the 2001 Implicit Memory: Fundamentals and Clinical Application Symposium of the Romanian Association for Hypnosis and Cognitive‑Behavior Psychotherapy, Babes‑Bolyi University, Cluj‑Napoca, Romania.

Cognitive hypnotherapy. Symposium presentation at the July 2001 World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

Cognitive hypnotherapy. World Rounds presentation and demonstration at the July 2001 World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

Expanding the cognitive therapy model: Imagery, meditation and hypnosis. **Invited Keynote** **Address** at the XXXI (September 2001) Congress of the European Association for Behavioural and Cognitive Therapies, Istanbul, Turkey.

Reactance, assertiveness and non‑compliance. Symposium presentation at the XXXI (September 2001) Congress of the European Association for Behavioural and Cognitive Therapies, Istanbul, Turkey.

Cultural differences in the appropriate expressions of autonomy and family relations. Symposium presentation at the XXXI (September 2001) Congress of the European Association for Behavioural and Cognitive Therapies, Istanbul, Turkey.

Hypnotherapy in obsessive‑compulsive disorder. Symposium presentation at the XXXIII (September 2003) Congress of the European Association for Behavioural and Cognitive Therapies, Prague, Czech Republic.

Changes in tacit knowledge structures through cognitive hypnotherapy. Symposium presentation at the XXXIII (September 2003) Congress of the European Association for Behavioural and Cognitive Therapies, Prague, Czech Republic.

Development of psychotherapy: The role of Early Maladaptive Schemas and other forms of tacit knowledge structures. Round Table presentation at the 2005 (June) International Congress of Cognitive Psychotherapy, Gothenburg, Sweden.

Elements of compassion in cognitive therapy: The role of cultural specifics and universals. **Invited Address** at the 2005 (June) International Congress of Cognitive Psychotherapy, Gothenburg, Sweden.

Cognitive hypnotherapy. Round Table presentation at the 2005 (June) International Congress of Cognitive Psychotherapy, Gothenburg, Sweden.

What changes in cognitive therapy? The role of tacit knowledge structures. Symposium presentation at the 2005 (June) International Congress of Cognitive Psychotherapy, Gothenburg, Sweden.

Cultural differences in cognitive assumptions of maladaptive behavior. Panel presentation at the 23rd (June 2006) World Congress of Czechoslovak Society of Arts and Sciences,

Ceske Budejovice, Czech Republic.

Hypnotherapy and mindfulness: Similarities and differences. Symposium presentation at the 2007 (July) World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.

Therapeutic convergences and divergences of cognitive models (Cognitive‑Developmental perspective): Implications for training. Symposium presentation at the 2007 (July) World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.

What accounts for therapeutic outcome? The effect of common factors versus specific interventions. Symposium Chair (with Bruce Wampold, David Barlow, and Steven Hollon) at the 2008 (November) Association for Behavioral and Cognitive Therapies, Orlando, FL.

Stand out from the crowd! Special event presentation at the 2008 (November) Association for Behavioral and Cognitive Therapies, Orlando, FL.

Hypnosis, imagery and meditation in the treatment of anxiety. Symposium presentation at the 2nd conference (November, 2009) of the Turkish Association of Cognitive Behaviour Therapy, Istanbul.

Cognitive Hypnotherapy. Presentation at the Cleveland Society of Clinical Hypnosis, March 10, 2009.

What I have learned from cognitive therapy. **Invited address** at the 2nd conference (November, 2009) of the Turkish Association of Cognitive Behaviour Therapy, Istanbul.

Visiting Scholar, Department of Psychology, Philadelphia College of Osteopathic Medicine, May 6 and 7, 2010. Topic: Religion and the practice of psychology.

Positive side effects of CBT. Symposium discussant at the 2010 World Congress of Behavioural and Cognitive Therapies (June), Boston.

In‑vivo case demonstration. Presentation at the 2011 (November) Association for Behavioral and Cognitive Therapies, Toronto.

Cultural differences in theories and practice of psychotherapy. **Invited Keynote Address** at the 5th International Psychology Conference on Traditional Chinese Medicine, Beijing, China, August 2015.

Cognitive hypnotherapy. Forum presentation at the 5th international Psychology Conference on Traditional Chinese Medicine, Beijing, China, August 2015.

Theories, principles and examples of accommodating and integrating religion in CBT: Three approaches. Symposium presentation at the 2015 convention of the Association for Behavioral and Cognitive Therapies, Chicago.

The psychologies in religion: Working with the religious client. Conference presentation at the 2016 International Congress of Clinical Child and Adolescent Psychiatry, Istanbul, Turkey.

Spirituality and religion in CBT: What clinicians can learn from the teaching of different religions. Panel discussion at the 2016 convention of the Association for Behavioral and Cognitive Therapies, New York City.

Tacit knowledge structures in religion and spirituality. Presentation to the Special Interest Group in Religion and Spirituality at the 2016 convention of the Association for Behavioral and Cognitive Therapies, New York City.

Invited speaker, 9th International Congress of Cognitive Psychotherapy, Cluj-Napoca, Romania, June 2017. Psychological focus, enhancement of one’s potential and self-calming: CBT self-help strategies.

Invited speaker, 9th International Congress of Cognitive Psychotherapy, Cluj-Napoca, Romania, June 2017. The role of tacit knowledge structures in cognitive psychotherapy.

Discussion: Proficiency and subspecialization in Addiction Psychology. Presentation at the 2017 convention of the American Psychological Association, Washington D.C.

Invited speaker, 47th Congress of the European Association for Behavioral and Cognitive Therapies, Ljubljana, Slovenia, September 2017. Cognitive Hypnotherapy.

**PROFESSIONAL LICENSES**

Licensed psychologist, State of Washington (#PY 60439670)

Licensed psychologist, State of Ohio (#3841)

Member, National Register of Health Service Providers in Psychology (1978 ‑ 2002)

Certified Specialist (Diplomate) in Behavioral and Cognitive Psychology, American Board of Professional Psychology, Inc.

Certified Specialist (Diplomate) in Counseling Psychology, American Board of Professional Psychology, Inc.

**PROFESSIONAL ORGANIZATIONS**

American Psychological Association (1976 ‑ present)

Fellow, Division 17 (Counseling Psychology; no longer a member)

Program Committee, 1978‑81

Education and Training Committee, 1980‑83

Continuing Education Committee, 1982‑85 (Chair, 1983‑84)

Professional Affairs Committee, 1984‑87 (Chair, 1985‑87)

Chair, Ad hoc Committee on the Definition of Counseling Psychology (1987)

Division 17 liaison with the Office of Professional Practice, American Psychological Association, 1987‑1989

Member‑at‑large, Executive Committee, 1988‑1991

Fellow, Division 30 (Psychological Hypnosis)

Liaison Committee, 1983‑85

Continuing Education Committee, 1984‑86

Fellowship Committee Chair, 2014-2016

President-Elect, 2016-2017

Fellow, Division 52 (International Psychology)

Presidential Citation, 2015

Washington State Psychological Association (2014 – present)

Council of Counseling Psychology Training Programs

Executive Board Member, 1988‑1991

Secretary, 1988‑1989

Chair, 1989‑1990

Association for Behavioral and Cognitive Therapies (1977 ‑ present)

Fellow, 2016

Editor, The Cognitive Behaviorist, 1977‑86

Coordinator, Special Interest Group in Cognitive Behavior Therapy, 1978‑81 and 1984‑85

Program Committee, 1982 & 1996

Professional Affairs Board, Committee on Legislative Affairs, 1982‑84

Chair, ad hoc task force for specialty recognition for Behavioral Psychology, 1997‑ 1998.

American Board of Professional Psychology, Inc.

Professional/Public Relations Committee, 1986 ‑ 1988.

Cognitive and Behavioral Psychology representative, Board of Trustees, 1993 ‑ 1996 & 2008 ‑ 2009.

Russell J. Bent Award for Distinguished Service and Contributions to the American Board of Professional Psychology, 2016.

American Board of Behavioral and Cognitive Psychology, Inc.

Member, Board of Directors, 1987 ‑ present.

President‑Elect, 1998.

President, 1999 – 2002, 2008 – 2009 and 2014 – 2017.

Behavioral Psychology Representative to ABPP, 1993 ‑ 1996.

Cognitive and Behavioral Psychology Representative to ABPP, 2008 ‑ 2009.

Behavioral Psychology Representative to Interorganizational Council for Postdoctoral Accreditation in Psychology, 1992 ‑ 1997.

Cognitive and Behavioral Psychology Representative to Council of Specialties (CoS), 1996 ‑ 1997, 2002 ‑ 2003 and 2009 ‑ 2011.

American Academy of Cognitive and Behavioral Psychology. (abolished 2013)

President, 2005 ‑ 2013.

Behavioral and Cognitive Psychology Specialty Council

President, 2008 ‑ 2009.

Council of Specialties. Secretary‑Treasurer, 2009 ‑ 2010.

National Academies of Practice, Elected member in psychology, 2008.

International Association for Cognitive Psychotherapy (1990 ‑ 2001).

Executive Board Member, 1988 ‑ 1999.

President‑Elect, 1996 ‑ 1998.

President, 1998 ‑ 1999.

International Advisory Board member, World Congress of Cognitive Therapy, 1992, Toronto, Canada.

International Advisory Board member, World Congress of Behavioural and Cognitive Therapies, 1995, Copenhagen, Denmark.

International Advisory Board member, World Congress of Behavioural and Cognitive Therapies, 1998, Acapulco, Mexico.

European Association for Behavioural and Cognitive Therapies,

Scientific Committee member, XXX Congress (2000), Granada, Spain.

Scientific Committee member, XXXI Congress (2001), Istanbul, Turkey.

Society for the Exploration of Psychotherapy Integration (1991 ‑ 2001).

Society for Constructivism in the Human Sciences (1996 ‑ 2008).

Member, Professional Advisory Board, 1996‑2003.

Seventh Annual Congress for Constructivism in Psychotherapy

International Advisory Board member, 2000 Congress, Geneva, Switzerland.

Volcanic Mind: International Summer Conference

Scientific Committee member, 2004, Catania, Sicily.

5th International Congress of Cognitive Psychotherapy

Scientific Committee member, 2005, Gothenberg, Sweden.

7th International Congress of Cognitive Psychotherapy

International Advisory Board member, 2011, Istanbul, Turkey.

9th International Congress of Cognitive Psychotherapy

Scientific Committee member, 2017, Cluj Napoca, Romania.

**GRANTS**

Florida State University, Committee on Faculty Research Support (COFRS), 1975. $2,500

Florida State Department of Education, Division of Vocational Education. Development of a model counseling internship for vocational‑technical schools, 1978. $25,000

Florida State Department of Education, Division of Vocational Education. Implementation and field testing of model counseling internship for vocational‑technical schools, 1979. $14,500.

**WORKSHOPS, LECTURES, AND OTHER CONSULTATIVE EXPERIENCES**

University of Wisconsin Extension, Green and Oconto Falls, Wisconsin. Workshops on interpersonal relations and communications. January‑March, 1979.

University of Wisconsin Extension, Green Bay, Wisconsin. Workshop on emotional health in the classroom. January‑May, 1973.

Riley Elementary School, Tallahassee, Florida. Consultation regarding student counseling, teacher relations, parent relations, and improving school emotional climate. April‑June, 1975.

Riley Elementary School, Tallahassee, Florida. Consultation regarding student self‑concept training. October, 1975; May, 1976.

Florida Junior College at Jacksonville. Four workshops in self‑ regulatory behavior for counselors. January‑April, 1976.

Appalachee Community Mental Health Center, Tallahassee, Florida. Workshops on self‑regulatory behaviors. November 1976.

Jacksonville Drug Abuse program, Jacksonville, Florida. Workshop on group counseling and drug abuse. December 1976.

Senior Living Center (Gerontology Program). Consultation provided to Apalachee Community Mental Health Center. June‑July, 1977.

Center for the Study of Youth Development, The Boys Town, Omaha, Nebraska. Consultation regarding single‑case research designs. March 1978.

Common Classroom Problems: Solutions and Strategies. Inservice workshop for teachers, Bay County, Florida, February 1979.

Clinical and managerial supervision. Workshop conducted at Apalachee Community Mental Health Center, June‑August, 1979.

Stress Management Workshops. Various locations in Florida. 1980‑81.

Group Counseling for Drug‑dependent Youth. Workshop conducted for Lincoln‑Lancaster Drug Program, Lincoln, Nebraska. March 1983.

The Use of Hypnosis in Stress Management. Workshop presented to Southeast Community College staff, Lincoln, Nebraska. December 1984.

Paradoxical interventions in counseling psychology: Theory and research. Lecture presented at Florida State University, Tallahassee, March 1985.

Paradoxical interventions in counseling psychology: Theory and research. Lecture presented at Fordham University, New York, NY, February 1988.

Constructivism and second order change. Lecture presented at Florida State University, Tallahassee, March 1988.

Basic workshop in hypnotherapy. Given at the Middle South Conference on Counseling Psychology, Gatlinburg, TN, April 1988.

Cognitive behavioural hypnotherapy. Workshop presented at the 1989 World Congress of Cognitive Therapy, Oxford, England.

Constructivism and paradox in psychotherapy. Lecture presented to the Department of Psychology, Hofstra University (New York), October 1989.

How to prepare for the Diplomate exam. Workshops presented at the 1990 Association for Advancement of Behavior Therapy convention (and 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1999).

Cognitive‑Behavioral Hypnotherapy. Workshop presented at the 1991 Association for Advancement of Behavior Therapy convention, New York.

Paradox and psychological reactance in the therapeutic process. Lecture presented to the Psychology Department, University of Ottawa, Ottawa, Canada, February 1992.

Paradox and psychological reactance in the therapeutic process. Lectures presented to the Departments of Psychiatry, University of Tartu, Estonia; University of Umea, Sweden; and Danderyds Hospital, Stockholm, Sweden, May 1992.

Cognitive Therapy. Workshop presented to the Estonian Cognitive and Behaviour Therapy Association, Tallinn, Estonia, May 1992.

Paradox and psychological reactance in the therapeutic process. Lecture presented to the Department of Clinical Psychology, University of Heidelberg, Germany, June 1993.

Cognitive Therapy. Workshop presented to the Department of Clinical Psychology, University of Heidelberg (Germany), June 1993.

Ten years of development in Cognitive Therapy. Lecture presented at the Menninger Clinic, Topeka, Kansas, February 1994.

How to publish. Lecture presented at the University of Kansas Medical Center, Kansas City, February 1994.

Paradox and reactance in the therapeutic process. Lecture presented to the Department of Psychology, University of Birmingham, England, May 1994.

Basic principles of Cognitive Therapy. Workshops presented to Highcroft Hospital staff, Birmingham, England, May 1994.

Paradox and reactance in cognitive therapy. Summer school workshop presented at the Universidade do Minho, Braga, Portugal, June, 1995.

Paradox and reactance in cognitive therapy. Workshop presented to the Israel Psychological Association, Tel Aviv, March 1996.

New developments in cognitive therapy and the Use of cognitive therapy in anxiety and phobias. Lectures presented to the Turkish Association for Cognitive Therapy, Istanbul and Ankara, March 1996.

Emerging directions in professional psychology. Colloquium presentation to the Counseling Psychology program, Indiana University, April 1997.

Resistance in the treatment of agoraphobia and panic disorder. Workshop presentation at LaMente de la Nuovelo (The Mind in the Clouds), Enna, Sicily, October 1997.

Cognitive Therapy with dually‑diagnosed patients. Workshop presented to the Cuyahoga Community College Continuing Education series, December 1997.

Cognitive Hypnotherapy, Paradox, and Psychological Reactance. Workshop presented to the Portuguese Association of Cognitive and Behaviour Therapy, Lisbon, March 1998.

Wodurch verändern sich die Menschen wirklich: Und wohin liegt die Schwerigkeiten? (What makes people really change: And why is it so difficult?) Lecture presented in German to the Department of Applied and Health Psychology, University of Leipzig (Germany), June 1998.

Resistance in cognitive therapy. Lecture presented to the Department of Applied and Health Psychology, University of Leipzig (Germany), June 1998.

Cognitive Therapy. Workshop presented to the Wolverhampton Trust, National Health Service of Great Britain, Wolverhampton, England, 10 ‑ 13 August, 1998.

Cognitive Therapy. Workshop presented to the Medical University of Warsaw, Poland, 23 ‑ 25 April, 1999.

Memory processes in psychotherapy. Colloquium presented to the Department of Human Services and Studies, Florida State University, 7 October 1999 and to the Department of Psychology, Hofstra University, 19 November 1999.

Cognitive hypnotherapy. Workshops presented at the 7th International Congress on Constructivism in Psychotherapy, Geneva, Switzerland (September, 2000) and the XXX

Congress of the European Association for Behavioural and Cognitive Therapies, Granada, Spain, September 2000.

Cognitive hypnotherapy. Workshop presented at the 1st Polish Conference on Cognitive Therapy, Warsaw, Poland, March 2001.

Cognitive hypnotherapy. Workshop presented at the XXXI Congress of the European Association for Behaviour and Cognitive Therapies, Istanbul, Turkey, September 2001.

Cognitive hypnotherapy. Workshop presented at the annual conference of the Ohio Psychological Association, Deer Creek Park, Ohio, October 2001.

Depression: Theory, research and new directions in practice. Presentation at Babes‑Bolyi University, Cluj‑Napoca, Romania and Oradea State University, Oradea, Romania, April 2002.

Psychological reactance in cognitive therapy. Presentation at Babes‑Bolyai University, Cluj‑Napoca, Romania, April 2002.

Cognitive hypnotherapy. Presentation at Oradea State University, Oradea, Romania, April 2002.

Die Untertitel von Kognitiver Therapie. Gastvortag an der Institut für Angewandte Psychologie, Universität Leipzig, April 2002.

Kognitive Psychotherapie mit Video‑Ausschnitten der Arbeit von E. Foa und M. Linehan: Fragen und Anwortern zur Entwicklung der Kognitiven Psychotherapie aus erster Hand. Discussion an der Institut für Angewandte Psychologie, Universität Leipzig, April 2002.

Cognitive hypnotherapy. Grand Rounds presentation, University Hospitals, Case Western Reserve University, Cleveland, Ohio, August 2003.

Cognitive hypnotherapy of a patient with an anxiety disorder. World Rounds presentation,

XXIII (September 2003) Congress of the European Association for Behavioural and Cognitive Therapies, Prague, Czech Republic.

Cognitive hypnotherapy. Clinical demonstration, 2005 (June) International Congress of Cognitive Psychotherapy, Gothenburg, Sweden.

Erkenntnisse, die ich bei der Kognitiven Verhaltenstherapie gewonnen habe (Insights which I have learned from Cognitive Behavior Therapy). Presentation in German at the Institute for Psychological Therapy, Universität Leipzig, June 2006.

Psychology and Religion (Forgiveness & Reconciliation; Gratitude & Hope). Presentations at Lord of Life Lutheran Church, Ramsey, Minnesota, March 22, 2007.

Cognitive hypnotherapy. Workshop conducted at the 2007 (July) World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.

Buddhism and cognitive therapy. Humanities Lecture at Rhodes University, August 2007, Grahamstown, Republic of South Africa.

Psychological perspectives on forgiveness and reconciliation. Public Lecture at Rhodes University, August 2007, Grahamstown, Republic of South Africa.

Psychological perspectives on forgiveness and reconciliation. Presentation at the Department of Psychology, August 2007, Stellenbosch University, Republic of South Africa.

Cognitive Hypnotherapy. Workshop conducted for the Brazilian Institute of Cognitive Psychotherapy, May 30 & 31, 2008, Sao Paulo, Brazil.

Cognitive hypnotherapeutic assessment and treatment. Workshop conducted through Babes Bolyai University, July 5 & 12, 2008, Constanta, Romania.

Forgiveness, reconciliation, gratitude and happiness: Psychological perspectives. Presentation at St. Paul's Episcopal Church, February 8, 15, 22, 2009, Akron Ohio.

Hypnosis and Hypnotherapy. Course offered at Babes Bolyai University, Cluj Napoca, Romania, October 20 ‑ 23, 2009.

Cognitive Hypnotherapy ‑ Clinical Applications. Workshop conducted at Babes Bolyai University, Cluj Napoca, Romania, October 25 & 25, 2009.

Cognitive hypnotherapy ‑ Clinical applications. Workshop conducted at the 2nd conference of the Turkish Association of Cognitive Behaviour Therapy, November 5, 2009.

Cognitive Hypnotherapy. Workshop conducted for the Brazilian Institute of Cognitive Psychotherapy, May 28 & 29, 2010, Sao Paulo, Brazil.

Hypnosis and Hypnotherapy. Course offered at Babes Bolyai University, Cluj Napoca, Romania, May 2010, 2011, and 2012.

Forensic Psychology. Course offered at Babes Bolyai University, Cluj Napoca, Romania, May 2011 & April 2013.

Hypnosis and Hypnotherapy. Course offered at Babes Bolyai University, Cluj Napoca, Romania, May 2012.

Geropsychology. Workshop presented at Babes Bolyai University, Cluj Napoca, Romania, April 2013.

Cognitive Hypnotherapy. Workshop and presentation at Institute for Cognitive Therapy and Federal University of Sao Paulo, Brazil, September 2013

Cognitive Hypnotherapy. Class and advanced workshop presented at Babes Bolyai University, Cluj Napoca, Romania, May 2014.

A comprehensive theory of change. Workshop presented at the 5th International Psychology

Conference on Chinese Medicine, Beijing, China, August 2015.

Mindfulness and cognitive hypnotherapy. Workshop presented at the 2016 International Congress of Clinical Child and Adult Psychiatry, Istanbul, Turkey.

Cognitive Developmental Hypnotherapy. Workshop presented at the UK College of Hypnosis and Hypnotherapy, London, UK, November 2016.

Cognitive Hypnotherapy. Workshop presented to the Italian School of Cognitive Hypnotherapy, Florence, Italy. September 23 – 24, 2017,

Cognitive Hypnotherapy. Workshop presented to SC PsyLife Clinic SRL, Cluj-Napoca, Romania, September 26 – 27, 2017.

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