

KELLY E. CICHY

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EDUCATIONAL BACKGROUND:

2007	Ph.D. Human Development & Family Studies	Pennsylvania State University
2003	M.S. Human Development & Family Studies	Pennsylvania State University
2001	B.S. Psychology (magna cum laude)	Xavier University

PROFESSIONAL EXPERIENCE:

2014-Present	Associate Professor, Human Development and Family Studies, Kent State University
2008-2014	Assistant Professor, Human Development and Family Studies, Kent State University
2007-2008	Associate Research Scientist, The Pennsylvania State University
2002-2008	Research Supervisor, Independent Studies (HDFS 496), The Pennsylvania State University
2001-2006	Graduate Research Assistant, Adult Family Study, The Pennsylvania State University

PUBLICATIONS:

Refereed Journal Articles:

** Co-authors include graduate student(s)

Yorgason, J.B., Choi, H., Neupert, S. D., **Cichy, K.E.**, & Hill, M. S. (revise & resubmit). A micro- longitudinal analysis of memory failures on marital interactions through depressive symptoms.

Cichy, K.E., Leslie, M., Rumrill, P.D., & Koch, L. C. (2017). Population aging and disability: Implications for vocational rehabilitation practice. *Journal of Vocational Rehabilitation*. doi: 10.3233/JVR-170894

- Cichy, K.E.**, Li, J., Bishop, M., Rumrill, P.D., & Roessler, R.T. (2016). Non-vocational health-related correlates of quality of life for older adults living with multiple sclerosis. *Journal of Rehabilitation*, 82(3), 36-44.
- Li, J., **Cichy, K.E.**, Rumrill, P.D., & McMahon, B. T. (2016). The workplace discrimination experiences of middle-age and younger adult workers with disabilities: Results from the National EEOC ADA Research Project. *Journal of Vocational Rehabilitation*, 45, 365-376.
- Cichy, K. E.**, Li, J., McMahon, B. T., & Rumrill, P. D. (2015). The workplace discrimination experiences of older workers with disabilities: Results from the National EEOC ADA Research Project. *Journal of Vocational Rehabilitation*, 47, 137-148.
- **Ravichandran, S., **Cichy, K. E.**, Powers, M., & Kirby, K. (2015). Exploring the training needs of older workers in the foodservice industry. *International Journal of Hospitality Management*, 44, 157-164.
- Smith, G. C., **Cichy, K. E.**, & Montoro-Rodriguez, J. (2015). Impact of coping resources on the well-being of custodial grandmothers and grandchildren. *Family Relations* 64, 378-392. NIHMS685717
- Cichy, K. E.**, Stawski, R. S., & Almeida, D. M. (2014). A double-edged sword: Race, daily social support exchanges, and daily well-being. *Journal of Family Issues*, 35(13), 1824-1845. doi: 10.1177/0192513X13479595 NIHMS448689
- Stawski, R. S., **Cichy, K. E.**, Piazza, J. P., & Almeida, D. M. (2013). Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences. *Psychoneuroendocrinology*, 38, 11, 2654-2665. <http://dx.doi.org/10.1016/j.psyneuen.2013.06.023>
- ****Cichy, K. E.**, Lefkowitz, E. S., Davis, E. M., & Fingerman, K. L. (2013). “You are such a disappointment!”: Negative emotions and parents’ perceptions of adult children’s lack of success. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68, 893-901. doi: 10.1093/geronb/gbt053
- Fingerman, K. L., Cheng, Y. P., **Cichy, K. E.**, Birditt, K. S., & Zarit, S. (2013). Help with “strings attached”: Offspring perceptions that middle-aged parents offer conflicted support. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68, 902-911. doi :10.1093/geronb/gbt032
- Hahn, E. A., **Cichy, K. E.**, Small, B. J., & Almeida, D. M. (2013). Daily emotional and physical reactivity to stressors among widowed and married older adults. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 69, 19-28. doi: 10.1093/geronb/gbt035
- Cichy, K. E.**, Lefkowitz, E. S., & Fingerman, K. L. (2012). Conflict escalation and conflict disengagement during interactions between adults and their parents. *Journals of*

Gerontology Series B: Psychological Sciences and Social Sciences, 68, 31-40. doi: 10.1093/geronb/gbs046

- Cichy, K. E.,** Stawski, R. S., & Almeida, D. M. (2012). Racial differences in exposure and reactivity to daily family stressors. *Journal of Marriage and Family*, 74, 572-586. doi: 10.1111/j.1741-3737.2012.00971.x NIHMS448412
- Birditt, K.S., **Cichy, K. E.,** & Almeida, D. M. (2012). Age differences in exposure and reactivity to interpersonal tensions among Black and White Americans. *Race and Social Problems*, 3, 225-239.
- Toepfer, S M., **Cichy, K. E.,** & Peters, P. (2011). Letters of gratitude: Further evidence of author benefits. *Journal of Happiness Studies*, 13(1), 187-201. doi:10.1007/s10902-011-9257-7.
- Hahn, E. A., **Cichy, K. E.,** Almeida, D. M., & Haley, W. W. (2011). Time use and well-being in widowhood: Adaptation and resilience. *Journal of Women & Aging*, 23, 2, 149- 159.
- Cichy, K. E.,** Lefkowitz, E. S., & Fingerman, K. L. (2007). Generational differences in gender attitudes between parents and grown offspring. *Sex Roles*, 57, 825-836.
- Fingerman, K. L., Hay, E. L., Kamp Dush, C. M., **Cichy, K. E.,** & Hosterman, S. (2007). Role revisions: Parents' and offspring's perceptions of change and continuity when parents grow old. *Advances in Life Course Research*, 12, 275-306.
- Cichy, K. E.,** Fingerman, K. L., & Lefkowitz, E. S. (2007). Age differences in types of interpersonal tensions. *International Journal of Aging and Human Development*, 64, 171-193.
- Fingerman, K. L., Chen, P. C, Hay, E, **Cichy, K. E.,** & Lefkowitz, E. S. (2006). Ambivalent reactions in the parent and offspring relationship. *Journals of Gerontology: Psychological Sciences*, 61, P152-P160.
- Chapters:**
- Iverson, S. V., Elue, C., **Cichy, K.E.,** McClaine, E. (in press). Identity collisions: An intersectional analysis of students' experiences in the McNair Scholars Program. In D. Mitchell (Ed.). *Intersectionality & Higher Education: Theory, Research, and Praxis* (2nd ed.). New York: Peter Lang Publishing.
- Cichy, K. E.,** & Lee, J. (2019). Family as a naturally occurring stressor: Race, psychosocial factors, and daily health. In C. D. Ryff and R. F. Krueger (Eds.), *Oxford Handbook of Integrated Health Science* (pp. 173-189. New York, NY: Oxford University Press.
- Cichy, K. E.,** & Leslie, M. (2017). Emerging disabilities related to aging. In L. Koch & P. Rumrill, *Rehabilitation Counseling and Emerging Disabilities: Medical, Psychosocial, and Vocational Aspects* (pp.103-134). New York: Springer.

Cichy, K. E., & Smith, G. C. (2011). Closing the generation gap: Using discussion groups to benefit older adults and college students. In P. E. Hartman-Stein and A. LaRue (Eds.), *Enhancing Cognitive Fitness in Adults: A Handbook for the Development of Community-based Programs*, Springer.

Almeida, D. M., Stawski, R. S., & **Cichy, K. E.** (2010). Combining checklist and interview approaches for assessing daily stressors: The daily inventory of stressful events. In R. J. Contrada and A. Baum (Eds.), *Handbook of Stress Science: Biology, Psychology, & Health*: Springer.

PRESENTATIONS:

** Presentation co-authored with undergraduate or graduate student(s)

University-level Professional Meeting:

Hallaman, L., & **Cichy, K. E.** (2011, October). We're in this together: Incorporating peer assessments into writing assignments. Refereed roundtable presented at the University Teaching Council Celebration of College Teaching Conference, Kent State University.

State-level Professional Meeting:

Vargo, B., & **Cichy, K. E. (2013, April). Grandparents as caregivers of their grandchildren. Paper presented at the annual meeting of the Ohio Association for Gerontology Education (OAGE), Ashland University.

Cichy, K. E., Smith, G. C., & Iida, M. (2010, March). *Intergenerational learning: A review of social and cognitive benefits for multiple generations*. Symposium presented at the annual meeting of the Ohio Association for Gerontology Education (OAGE), Kent State University.

International and National Professional Meetings:

Cichy, K.E., & McClaine, E. (November, 2018). *Identity matters: A case study of the use of intergroup dialogue to build community and foster scholar identity in the McNair Scholars Program*. Paper presented at the 44th Annual Educational Opportunity Association Professional Conference, Milwaukee, WI.

Elue, C., Iverson, S.V., **Cichy, K.E., & McClaine, E.** (November, 2018). *Reconceptualizing mentoring: An Exploration of the "Woke Mentoring" experiences of McNair Scholars*. Paper presented at the meeting of the Association of the Study of Higher Education (ASHE), Tampa, FL.

Koumoutzis, A., & **Cichy, K.E. (November, 2018). *Age differences in stressors and outcomes among young adult, midlife, and older adult family caregivers*. Poster presented at the meeting of the Gerontological Society of America, Boston, MA.

- Cichy, K.E., & Stawski, R.S.** (July, 2018). *Accentuating the positive: Racial differences in the benefit of daily positive events for health and well-being*. In G. Luong and C. Arredondo (Chairs). Symposium presented at the meeting of the International Association for Relationship Research, Fort Collins, CO.
- Cichy, K.E., & Stawski, R.S.** (July, 2017). Racial differences in associations between family network stressors and salivary cortisol. In L. Bangerter (Chair), *Biological Markers in Family Research*. Symposium to be presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Cichy, K.E., & Stawski, R. S.** (November, 2016). Interpersonal stressor appraisal: Evidence for inter-event and intra-event variability. In M. Huo (Chair), *Daily Social Experiences across Adulthood*. Symposium to be presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- ** Chaya, J., Lee, J., & **Cichy, K. E.** (November, 2016). Discussing sex with healthcare providers. In J. Chaya (Chair), *The pursuit of passion: Sexual and relational health in later life*. Symposium to be presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- **Lancki, K M., Bates, J. S., Taylor, A. C., & **Cichy, K. E.** (November, 2016). A blast from the past: Grandfather age and lineage work. Poster to be presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- ** Lee, J., Chaya, J., & **Cichy, K. E.** (November, 2016). The power of touch: Physical affection associated with reduced cardiovascular disease risk. In J. Chaya (Chair), *The pursuit of passion: Sexual and relational health in later life*. Symposium to be presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- **Lee, J., **Cichy, K. E.**, Kim, K., Zarit, S., & Fingerman, K. L. (November, 2016). Support for parents-in-law and marital satisfaction among middle-aged couples. In H. Moon (Chair), *Dyadic perspectives in family and caregiving context*. Symposium to be presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Cichy, K. E., & Li, J.** (November, 2015). Daily stressor reactivity among those classified as overweight/obese vs. healthy weight. In K. Cichy (Chair), *Revisiting Individual Differences in Daily Stress Processes: Implications for Health and Well-being*. Symposium presented at the meeting of the Gerontological Society of America, Orlando, FL.
- Toyokawa, N., & **Cichy, KE.** (November, 2015). Accepting dependence on offspring and mental health among married older couples. Symposium presented at the meeting of the Gerontological Society of America, Orlando, FL.
- Li, J., **Cichy, K. E.**, Rumrill, P. D., Bishop, M., & **Lancki, K.** (November, 2015). Quality of life among people with multiple sclerosis who are 55 years of age or older. Poster presented at the meeting of the Gerontological Society of America, Orlando, FL.

Li, J., **Cichy, K. E.**, Rumrill, P. D., & McMahon, B. T. (November, 2015). Double jeopardy for older workers with disabilities: Workplace discrimination filed with EEOC. Poster presented at the meeting of the Gerontological Society of America, Orlando, FL.

****Cichy, K. E.**, Li, J., & Woolverton, N. (2014, November). The relational legacy of adverse family environments and chronic disease risk. In K. Cichy and R.S. Stawski (Chairs), *Adverse Life Conditions and Health across the Lifespan*. Symposium presented at the meeting of the Gerontological Society of America, Washington, D.C.

Toyokawa, N., Smith, G. C., & **Cichy, K. E.**, (2014, November). Perceived anger toward custodial grandchildren's birth parents: Spillover and crossover effects on the mental health of custodial grandparent dyads. Paper presented at the meeting of the Gerontological Society of America, Washington, D.C.

Toyokawa, N., **Cichy, K. E.**, & Smith, G. C. (2014, November). Parenting experiences with their own children influence well-being of primary care grandparents. In K. Cichy and R.S. Stawski (Chairs), *Adverse Life Conditions and Health across the Lifespan*. Symposium presented at the meeting of the Gerontological Society of America, Washington, D.C.

Cichy, K. E., Stawski, R. S., & Almeida, D. M. (2013, November). Drowning others' sorrows: Do poor health behaviors moderate the negative effects of daily family support demands among African American and European American adults? In L. Ryan (Chair), *Happy and Healthy in Midlife: The Importance of Social Networks and Support*. Symposium presented at the meeting of the Gerontological Society of America, New Orleans, LA.

Smith, G.C., **Cichy, K. E.**, & Montoro-Rodriguez, J. (2013, November). *How coping resources impact the psychological well-being of custodial grandmothers and grandchildren in Black and White families*. Paper presented at the meeting of the Gerontological Society of America, New Orleans, LA.

Stawski, R. S., **Cichy, K. E.**, Piazza, J. P., & Almeida, D. M. (2013, July). Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences. In A. D. Evans and J. P. Piazza (Chairs), *Trauma, Stress, and Cortisol across the Life Span*. Invited symposium presented at the meeting of the American Psychological Association, Honolulu, HI.

Cichy, K.E., Stawski, R. S., & Almeida, D. M. (2012, November). Making a bad situation worse: Race, negative health behaviors, and reactivity to the daily hassles of family life. In K.E. Cichy and R. S. Stawski (Chairs), *The Complex Nature of Social Relationships: Implications for Stress, Health, and Well-being*. Symposium presented at the meeting of the Gerontological Society of America, San Diego, CA.

Fingerman, K. L., Chen, Y., **Cichy, K. E.**, Birditt, K. S., & Zarit, S. (2012, November). When family support isn't supportive: Perceptions that parental support is conflicted. Paper presented at the meeting of the Gerontological Society of American, San Diego, CA.

****Cichy, K. E.**, Stawski, R. S., Cowan-Crawford, C., & Almeida, D. M. (2011, November). A

- double-edged sword: Race, daily social support exchanges, and daily well-being. In K. E. Cichy and R. S. Stawski (Chairs), *Stress, Health, and Well-being: Individual and Relational Perspectives on Risk and Resilience*. Symposium presented at the meeting of the Gerontological Society of America, Boston, MA.
- Hahn, E., **Cichy, K. E.**, & Almeida, D. M. (2011, November). Daily stressors and well-being in widowed and married older adults. Paper presented at the meeting of the Gerontological Society of America, Boston, MA.
- Stawski, R. S., **Cichy, K. E.**, & Almeida, D. M. (2011, November). *Experienced negative affect and daily stressors throughout adulthood and old age: Findings from the National Study of Daily Experiences*. Paper presented at the meeting of the Gerontological Society of America, Boston, MA.
- Stawski, R. S., Almeida, D. M., & **Cichy, K. E.** (2011, March). Associations among daily stressors, negative affect, and salivary cortisol: Findings from the National Study of Daily Experiences (NSDE). Poster presented at the annual meeting of the American Psychosomatic Society, San Antonio, TX.
- Cichy, K.E.**, Stawski, R. S., & Almeida, D. M. (2010, November). Racial similarities and differences in exposure & reactivity to family stressors. In K. E. Cichy and R. S. Stawski (Chairs) *Daily Life Can Wear You Out: Individual and Relational Perspectives on Daily Stress, Health, & Well-Being*. Symposium presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Cichy, K.E.**, & Smith, G. (2010, November). Bridging the generation gap: Bringing together undergraduate students and older adults to benefit both generations. In K.E. Cichy and G.C. Smith (Chairs), *Innovative Approaches to Gerontological Education: Lessons Learned Inside and Outside of the Classroom*. Symposium presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Stawski, R. S., **Cichy, K. E.**, & Almeida, D. M. (2010, November). Don't worry, be happy (Or at least less stressed): Findings from the National Study of Daily Experiences In K. E. Cichy and R. S. Stawski (Chairs) *Daily Life Can Wear You Out: Individual and Relational Perspectives on Daily Stress, Health, & Well-Being*. Symposium presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Almeida, D. M., Stawski, R., Piazza, J., & **Cichy, K. E.** (2010, November). Daily stressors and diurnal cortisol: Taking a more dynamic view of allostatic load. Paper presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Birditt, K. S., **Cichy, K. E.**, Wardjiman, E., & Almeida, D. (2010, November). Thorn in my side: Age and race differences in daily interpersonal tensions. Symposium presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- **Lee, J. L., **Cichy, K. E.**, Lefkowitz, E. S., Zarit, S. H., & Fingerma, K. L. (2010, November). *Disclosure of worries in the parent and adult offspring dyad*. Poster presented at the meeting of the Gerontological Society of America, New Orleans, LA.

- Toepfer, S., **Cichy, K. E.**, Peters, P. (2010, accepted). *Letters of gratitude: Further evidence of author benefits*. Paper presented at the 5th European Conference on Positive Psychology, Copenhagen, Denmark.
- Cichy, K. E.**, Stawski, R. S., Mroczek, D. K., Spiro III, A. & Almeida, D. M. (2009, November). Husbands as naturally occurring stressors: Daily stressors and well-being in older couples. In K. E. Cichy and R. S. Stawski (Chairs), *Associations between Daily and Chronic Stressors, Family Relationships, and Well-Being*. Symposium presented at the meeting of the Gerontological Society of America, Atlanta, GA.
- Stawski, R. S., **Cichy, K. E.**, & Almeida, D. M. (2009, November). Linking daily stressors to negative affect: The importance of subjective appraisals and event type. In A. Brose (Chair), *The Dynamic Nature of Stress and Well-being: Short-term Variability from a Lifespan Perspective*. Symposium presented at the meeting of the Gerontological Society of America, Atlanta, GA.
- Stawski, R. S., **Cichy, K. E.**, & Sliwiniski, M. J. (2009, November). Perceived social support and reactivity to daily stressors among older adults. In K. E. Cichy and R. S. Stawski (Chairs), *Associations between Daily and Chronic Stressors, Family Relationships, and Well-Being*. Symposium presented at the meeting of the Gerontological Society of America, Atlanta, GA.
- Cichy, K. E.**, Stawski, R. S., Almeida, D. M., & Seeman, T. (2008, November). Is there a physiological "cost to caring"? Associations between exchanges of support and indicators of allostatic load. In K. E. Cichy and R. S. Stawski (Chairs), *Two Sides of the Same Coin: How Social Relationships Both Benefit and Compromise Health*. Symposium presented at the meeting of the Gerontological Society of America, National Harbor, MD.
- Stawski, R. S., **Cichy, K. E.**, & Almeida, D. M. (2008, November). Inter-event variability in daily stressors. In R. S. Stawski and K. E. Cichy (Chairs), *Stress Processes in Adulthood and Old Age: Considerations among Healthy Adults, Injury Sufferers, and Caregivers*. Symposium presented at the meeting of the Gerontological Society of America, National Harbor, MD.
- Hahn, E., **Cichy, K. E.**, & Almeida, D. M. (2008, November). *Daily time use in widowhood and well-being*. Poster presented at the meeting of the Gerontological Society of America, National Harbor, MD.
- **Cichy, K. E.**, Lefkowitz, E. S., Haupt, S. E., Thieman, C. S., & Fingerman, K. L. (2006, July). *Who's in charge? Generational differences in dominance behavior during parent-adult offspring interactions*. Poster presented at the Conference on Personal Relationships (IARR), Rethymnon, Crete.
- Cichy, K. E.**, & Schaefer, S. (2006). *Ethical issues from multiple perspectives: Research ethics for mentors and students*. Paper presented at the Gerontology Center Colloquium, University Park, PA.

- **Cichy, K. E.,** Lefkowitz, E. S., Fingerman, K. L., & Gottschall, A. (2005, November). Gender differences in dominance behavior during parent-offspring interactions. In K.E. Cichy and K. L. Fingerman (Chairs), *A Picture Tells a Thousand Words: Observational Studies in Gerontological Research*. Symposium presented at the meeting of the Gerontological Society of America, Orlando, FL.
- **Musser, L. M.,** Lefkowitz, E. S., **Cichy, K. E.,** & Fingerman, K. L. (2005, November). *Generational, gender, and ethnic differences in parent-adult offspring's communication openness*. Poster presented at the meeting of the Gerontological Society of America, Orlando, FL.
- **Espinosa-Hernandez, G., Cichy, K. E.,** Lefkowitz, E. S., Fingerman, K. L., & Hosterman, S. J. (2005, November). *Parents' and adult offspring's role centrality*. Poster presented at the meeting of the Gerontological Society of America, Orlando, FL.
- Cichy, K. E.** (2005, April). *Gender, generational, and ethnic differences in gender attitudes between parents and grown offspring*. Paper presented at the Gerontology Center Colloquium, University Park, PA.
- **Cichy, K. E.,** Espinosa-Hernandez, G., Lefkowitz, E. S., Musser, L. M., & Fingerman, K. L. (2004, November). *Parent-offspring gender attitude similarity: Does it matter for relationship quality?* Poster presented at the meeting of the Gerontological Society of America, Washington D. C.
- **Cichy, K. E.,** Espinosa-Hernandez, G., Jones, A. A., & Hay, E. L. (2004, July). *Ethnic differences in the gender attitudes of parents and grown offspring*. Poster presented at the Conference on Personal Relationships (IARR), Madison, WI.
- Cichy, K. E.,** Fingerman, K. L., & Lefkowitz, E. S. (2003, November). *Age differences in topics of interpersonal tensions*. Poster presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Fingerman, K. L., Hay, E. L., **Cichy, K. E.,** Chen, P., Tang, C. Y., & Lefkowitz, E. S. (2003, November). *Close ties with distant parents: Geographic separation in intergenerational ties*. Poster presented at the meeting of the Gerontological Society of America, San Diego, CA.
- **Hay, E. L.,** Fingerman, K. L., Kamp Dush, C. K., **Cichy, K. E.,** & Hosterman, S. (2003, April). Role revisions when parents grow old: Parents' and middle-aged offspring's perceptions of change in their relationship. In J. Jacobs (Chair), *Consistency and Change in Parent-Child Relations Across the Lifespan*. Symposium presented at the meeting of the Society for Research on Child Development, Tampa, FL.
- Fingerman, K. L., Hay, E. L., **Cichy, K. E.,** & Espinosa Hernandez, G. (2002, November). Parents' and adult offspring's ratings of parental functioning. In K. L. Fingerman (Chair), *You Don't Look So Hot Bernie: Social Partners' Perceptions of Older Adults' Health*. Symposium presented at the meeting of the Gerontological Society of America, Boston, MA.

Hay, E. L., Birditt, K. S., **Cichy, K. E.**, & Fingerman, K. L. (2001, November). The best of ties, the worst of ties: Age differences in close, problematic and ambivalent social ties. In K. L. Fingerman (Chair), *Complexities in Socioemotional Experiences Across Adulthood*. Symposium presented at the meeting of the Gerontological Society of America, Chicago, IL.

EXTERNAL FUNDING

Research grants funded:

Principal Investigator, "*Daily Family Stressors and Health*", National Institute on Aging (RO3AG033665-01). Period (03/01/2009 – 02/28/2011). Total: \$59, 860.

Co-investigator, "*Work Family Health*", National Institute of Child Development. Subcontract. Period (06/01/2009 - 05/31/2010). Total: \$14, 261.

Research grants submitted:

Co-Investigator, "*Accuracy and Bias in Chronic Non-Cancer Pain Patients' and Their Partners' Daily Perceptions*", (submitted June 2018). National Institute for Nursing Research (R01). Status: Under review.

Principal Investigator, "*Dyadic Approach to Study Daily Stress Processes for Persons with MS and Their Spousal Caregivers*", The Healthy Communities Research Initiative Transdisciplinary "Launch Pad" Awards, Kent State University. Total: \$8400. Status: Under review.

Principal Investigator, "*Dyadic Approach to Study Daily Stress Processes for Persons with MS and Their Spousal Caregivers*" (PP-1703-27224), The National Multiple Sclerosis Society. Period (7/6/2017-7/5/2018). Total: \$40,000. Status: Not funded.

Principal Investigator, "*Stress Reactivity and Self-Management for Persons with MS and Their Caregivers* (PP-1603-08253)", The National Multiple Sclerosis Society. Period (7/6/2016-7/5/2017). Total: \$43,998.90. Status: Not funded.

Co-Principal Investigator, *Preliminary Proposal NSF INCLUDES: Access and Support for Successful Undergraduate Research Experiences (ASSURE) and Beyond*, National Science Foundation. Status: Not funded.

Co- Investigator, "*Learning by Doing: Experiential Research Experience for the Next Generation of Aging Scholars*", Spencer Foundation (Small Grant: New Civics). Period (4/1/2016-12/31/2017). Total: \$25, 405. Status: Not funded.

Co-Investigator, *Nasal Oxytocin: Reduced Stress and Enhanced Parenting for Custodial Grandmothers*, National Institute for Nursing Research (R-21). Period (04/2015-03/2017). Total: \$218,000. Status: Not funded.

Principal Investigator, (submitted February 2014), *Modeling Childhood and Adult Adversity to Inform Chronic Disease Prevention* (1 RO1 AG048898-01), National Institute on Aging. Budget request: \$300,00. Status: Not funded

INTERNAL FUNDING

Co-investigator, “*Exploring the Training Needs of Older Workers in the Hospitality Industry*”, University Research Council, Kent State University. Period: (06/2013-06/2014). Total: \$2500.

TEACHING AND ADVISING

Courses Taught:

- 2017-present Getting Started in Research: Research Methods Workshop for Undergraduate Researchers (UC 100095)
- 2016 Professional Issues in Human Development and Family Studies (HDFS 64026), Kent State University
- 2013 Interpersonal Relationships and Families (HDFS 24011), Kent State University
- 2013 Adult Development (EPSY 65521), Kent State University
- 2012-present Introduction to Gerontology (GERO 14029, online course), Kent State University
- 2011-present Lifespan Development (EPSY 65523), Kent State University
- 2010 Introduction to Gerontology (GERO 14029, online course), Kent State University
- 2009-2011 Special Topics: Human Growth and Development (HDFS 61091), Kent State University
- 2009 Course Designer, Introduction to Gerontology (GERO 14029, online course), Kent State University.
- 2008-present Introduction to Gerontology (GERO 14029), Kent State University
- 2008-2009 Adult Development and Aging (GERO 44040), Kent State University

SERVICE AND CITIZENSHIP

University Committees, Kent State University

- 2018-present Co-Chair for Great Place Initiative Ad Hoc Committee on Disability
- 2016-present Faculty Coordinator for the McNair Scholars Program

2016-present Member, University Accessibility Committee

2013-2015 Member, Aging Symposium Planning Committee

School/Department/College Committees

Kent State University – School of Lifespan Development and Educational Sciences

2018-present Co-Chair, EHHS Climate Committee

2013-present Program Coordinator, Human Development and Family Studies

2014-2017 Member, EHHS Research Council

2014-2016 Office of Diversity, Outreach, and Development Advisory Board Member

2012 Member, LDES Curriculum Committee

2009-2013 Library Representative

International/National Organizations:

2002-present Gerontological Society of America
Role: Fellow

2013-present National Council on Family Relations
Role: Member

2018 American Psychological Association
Role: Member-at-Large, Division 20

State Organization:

2008-2015 Ohio Association of Gerontology and Education
Role: Board Member, Chair of Conference Committee

Professional Service:

2018 Member-at-Large, Division 20, American Psychological Association
Co-Chair, Education Subcommittee

2017-present Reviewer, Small Business: Neuro/Psychopathology, Lifespan Development, and
STEM Education Special Emphasis Panel, National Institutes of Health

2016-present Behavioral and Social Sciences representative to the GSA Minority Issues in
Gerontology Committee

2014 Member Editorial Board, *International Journal of Aging and Human
Development*

- 2012-present Member Editorial Board, *Journal of Marriage and Family*
- 2012-present Reviewer for *Journals of Gerontology: Psychological Sciences*
- 2008-present Reviewer for *Psychology of Aging*
- 2008-present Reviewer for *Journal of Family Issues*

AWARDS AND COMMENDATIONS

- 2019 Selected for Kent State Faculty Academy on Student Success
- 2018 Kent State University Teaching Council Summer Teaching Development grant
- 2016 Fellow of the Gerontological Society of America
- 2015 Finalist, Kent State Alumni Association Distinguished Teaching Award
- 2015-2016 Faculty Fellowship, Center for Teaching and Learning, Kent State University
- 2011 Kent State University Teaching Council Summer Teaching Development grant
- 2011 Kent State University Research Council Summer Research Appointment
- 2007-2008 National Institute of Mental Health Postdoctoral Fellowship
- 2005-2006 National Institute of Mental Health Predoctoral Fellowship
- 2002-2004 National Institute on Aging Predoctoral Fellowship