

HOME

Menus subject to change.

Breakfast	Scrambled Eggs (E), Hash Brown Patty (S), Turkey Sausage and Pork Bacon [calories 60 - 490]
Dinner	Roasted Turkey (S), Spiced Green Beans, Herb Mashed Potatoes (M) and Mushroom Gravy (S) [calories 35-510]

TRANSFORMATION

Lunch/Dinner	Hot Dog Bar with assorted toppings [calories 220-990]
--------------	---

VEGAN

Breakfast	Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]
Lunch	Stuffed Mushroom (T, Walnuts), Cauliflower Stuffing and Mashed Sweet Potatoes (T, Coconut) 105 955
Dinner	Taco Seasoned Tofu (S) and Flour Tortilla (S,W) [calories 90-270]

GLUTEN SOLUTION

Lunch	Maple and Walnut Crusted Salmon (F,T, Walnuts), Buttermilk Mashed Yukon Potatoes (M), Cranberry Brown Butter Brussels Sprouts (M) and Honey Glazed Carrots (M) [calories 100 – 1290]
Dinner	Roasted Thai Chicken (F), Khao Phad Fried Rice (S,SF, Oysters), Ginger Bok Choy (S,SS) and Seasoned Stir Fry Vegetables (S) [calories 70–600]

GRILL

Breakfast	Made to Order - Pancakes (E, S, M, W), French Toast (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]
Lunch	Grilled Buffalo Chicken Sandwich (M,S,W) or Hamburger with Cheddar Cheese (M,S,W) and Tater Tots (S) [calories 400-870]
Dinner	BBQ Pork Sandwich with Coleslaw (W,S) or Turkey Burger (W,S), Sweet Potato Fries [calories 290–850]
	Available upon request - Incogmeato Burger (W,S) or Veggie Burger (W,S) [calories 220-280]

PIZZA

Lunch/Dinner	Cheese, Pepperoni, Veggie, Sausage, BBQ Chicken (M, S, W), Caesar Salad (M,W,S,E,F) (Anchovies) [calories 165-210]
--------------	--

W – Contains Wheat  
M – Contains Milk  
SF – Contains Shellfish

S – Contains Soy  
P – Contains Peanuts  
SS – Contains Sesame

E – Contains Eggs  
T – Contains Tree Nuts  
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.