### Home

**Breakfast**
Scrambled Eggs (E), Shredded Hash Browns, Pork Sausage and Turkey Bacon [calories 60 - 760]

**Dinner**
Viennese Style Goulash, Cheese Spaetzle (M,W,E), Blistered Green Beans with Garlic (S) and Braised Red Cabbage [calories 60-750]

### Transformation

**Lunch/Dinner**
Taco Bar with assorted toppings [calories 145-835]

### Vegan

**Breakfast**
Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]

**Lunch**
Creole Red Beans and Rice, Sugar Snap Peas and Baby Carrots ‘०ђो००००७0’

**Dinner**
Vegan Chicken Souvlaki (S), Pita Bread (W), Mediterranean Roasted Vegetables, Lemon and Herb Rice and Vegan Mayo [calories 10०-760]

### Gluten Solution

**Lunch**
Blackened Cod (F), Vegetable Dirty Rice, Sweet Corn Succotash and Spiced Green Beans [calories 35 – 395]

**Dinner**
Seared Salmon with Lemon and Parsley (F), Roasted Potatoes with Lemon Vinaigrette (S), Herby Parmesan Roasted Squash and Lentils (M) and Steamed Broccoli Florets [calories 40–860]

### Grill

**Breakfast**
Made to Order - Pancakes (E, S, M, W), FrenchToast (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]

**Lunch**
Chicken Parm Sandwich (M,S,W) or Hamburger with Cheddar Cheese (M,S,W) and Waffle Fries [calories 210-1030]

**Dinner**
Chicken Nuggets (W,S) or BBQ Chicken Sandwich (W,S) and Waffle Fries [calories 210–500]

Available upon request - Incognito Burger (W,S) or Veggie Burger (W,S) [calories 220-280]

### Pizza

**Lunch/Dinner**
Cheese, Pepperoni, Veggie, Sausage, BBQ Chicken (M, S, W), Caesar Salad (M,W,S,E,F) (Anchovies) [calories 165-210]