# Fact Sheet for Student Exchange Programs

**2024–2025**

**Faculty of Human Sciences | FCH**  
**Universidade Católica Portuguesa**  
*(Erasmus code: P LISBOA01)*

## CONTACT DETAILS:

<table>
<thead>
<tr>
<th>Address</th>
<th>Palma de Cima, 1649-023 Lisboa</th>
</tr>
</thead>
<tbody>
<tr>
<td>Telephone Number</td>
<td>+351 21 721 42 04 / +351 21 426 97 99</td>
</tr>
<tr>
<td>Website</td>
<td><a href="http://www.fch.lisboa.ucp.pt">www.fch.lisboa.ucp.pt</a></td>
</tr>
<tr>
<td></td>
<td>**Incoming Students</td>
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</tbody>
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| UCP Institutional Coordinator for International Relations | Prof. Isabel Vasconcelos  
gcoutinho@ucp.pt | Tel.: +351 21 726 58 38  
www.ucp.pt |
| FCH Responsible Person for Incoming Students | Prof. Carla Ganito  
International Relations Coordinator  
carla.ganito@ucp.pt |
| Contact Persons at the FCH International Relations Office |  
**Administrative Officer for Outgoing Students**  
Clementina Santos  
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**Administrative Officer for Incoming Students**  
Bruno Antunes  
bantunes@ucp.pt | Tel.: +351 21 426 97 99 |

## ACADEMIC INFORMATION 2024–2025

<table>
<thead>
<tr>
<th></th>
<th>Fall Semester</th>
<th>Spring Semester</th>
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<tbody>
<tr>
<td>Nomination Deadlines</td>
<td>31 May 2024</td>
<td>31 October 2024</td>
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<tr>
<td>Application Deadlines</td>
<td>30 June 2024</td>
<td>30 November 2024</td>
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<tr>
<td>Guidance Sessions</td>
<td>Early September 2024</td>
<td>Early February 2025</td>
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<tr>
<td>Academic Semesters</td>
<td>Early September 2024 to January 2025</td>
<td>Early February to June 2025</td>
</tr>
<tr>
<td>Appeal Examinations 2024–2025 Academic Year</td>
<td>July 2025</td>
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### Standard for Languages of Instruction

<table>
<thead>
<tr>
<th>Language</th>
<th>CEFR Level</th>
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<tbody>
<tr>
<td>Portuguese</td>
<td>B1</td>
</tr>
<tr>
<td>English</td>
<td>B2</td>
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### LAC (Liberal Arts Curriculum)

Universidade Católica Portuguesa offers a Liberal Arts Curriculum in English in the 2024–2025 academic year. This curriculum allows incoming students to attend some course units lectured in English available in other faculties and institutes of the Lisbon campus. Students must, however, enrol in at least 51% of their total ECTS credits at the Faculty of Human Sciences.

Students who are interested in taking course units under the LAC should ask information about the availability of these courses at the beginning of the application process.

### Academic Programmes

Courses offered in English and in Portuguese:
- Undergraduate Study Program
- Master’s degrees

**Undergraduate Degrees:**
- Philosophy, Politics and Economics (PPE)
- Communication and Cultural Sciences
  (Media and Journalism, Communication, Marketing and Public Relations, Cultural and Tourist Communication and Audiovisual and Multimedia.)
- Social Work
- Psychology
- Applied Foreign Languages (LEA)
  (Specialisation in Business Relations and Translation)

**Master’s Degrees:**
- Communication Studies
  (Specialisation in Communication, Marketing and Advertising, Strategic Communication and Leadership, Communication and Digital Transformation; Journalism and Media and Entertainment.)
- Asian Studies
- Culture Studies / The Lisbon Consortium
- Psychology in Business and Economics
- Psychology of Wellbeing and Health Promotion
- Master in Psychology and Environmental Sustainability
- Social Work
- Translation
## INFORMATION FOR INCOMING EXCHANGE STUDENTS:

| **Portuguese Language Course** | Portuguese Course (6 ECTS)  
Four hours and a half (4h30) a week during the semester.  
**Fee**: €200 per semester  
For further information contact Clementina Santos (c.santos@ucp.pt). |
|---------------------------------|-------------------------------------------------------------------------------------------------|
| **Health Insurance Requirements** | **EU students**: European Health Insurance Card (EHIC)  
**Non-EU students**: Private Health insurance |
| **Online Application** | Students will receive an email with the hyperlink to the online application form after being nominated by their home university.  
Students should submit their application online and provide additional documents: transcript of records and identity card or passport. |
| **Accommodation** | The International Relations Office provides a list of suggestions with websites and platforms that announce accommodation offers. We suggest students start looking for accommodation well in advance, due to the high-level of demand in Lisbon nowadays.  
Universidade Católica Portuguesa has a private Female Student Residence Hall in Lisbon. Students should contact the Residence Hall for further information. |
| **Lisbon: Cost of Living** | Living in Lisbon is affordable. Students can spend an average of **€750/€850 per month**.  
- Housing (per month): €350 to €800  
- Food (per month): €300 to €400  
- Meal in the university canteen: ~ €5  
- Meal at a restaurant: €12 to €18  
- Coffee (Espresso): €0.75  
- Transportation (monthly pass): ~€30 (Lisbon only), ~€40 (Greater Lisbon Area)  
(25% discount for students aged 23 or under)  
- Subway ticket: €1.80  
- Cinema: €6.90 -10€  
- Museum: ~€15  
- Nightclubs: about €15 / €20 |

*Lisbon, January 2024*