HOME

**Breakfast**
Scrambled Eggs (E), Tater Tots (S), Turkey Sausage or Pork Bacon [calories 60 - 770]

**Lunch**
Beef Meatloaf (E,M,W), Herb Mashed Potatoes (M), Roasted Baby Carrots with Thyme and Lemon Zest, and Roasted Yellow Squash and Zucchini (S) [calories 60-560]

**Dinner**
Chicken Tinga, Brown Spanish Rice, Roasted Zucchini with Cilantro and Cilantro (M) and Fire Roasted Sweet Corn and Peppers (S) [calories 80-600]

ROUND GRILL

**Breakfast**
Made to Order - Omelets (E) and Pancakes (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]

**Lunch/Dinner**
Gyro Bar with assorted toppings [calories 440-775]

VEGAN

**Breakfast**
Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]

**Lunch**
Black Bean Bowl and Seasoned Vegan Chicken (S,W) [calories 90-495]

**Dinner**
Portabella Poutine (S,W) and Steamed Spiced Broccoli [calories 40-435]

GLUTEN SOLUTION

**Lunch**
Grilled BBQ Chicken Thigh (S), BBQ Baked Beans (F), Slow Cooked Collard Greens, and Spiced Green Beans [calories 35 – 585]

**Dinner**
Pot Roast, Herb Mashed Potatoes (M), Honey Glazed Carrots (M) and Gravy [calories 90–355]

GRILL

**Lunch**
Grilled Chicken Sandwich (S,W) or BBQ Pork Sandwich with Coleslaw (W,S) and Shoestring Fries (S) [calories 140-950]

**Dinner**
3-Cheese Grilled Cheese (M,W,S) or Turkey Burger (W,S) with Tater Tots (S) [calories 290–1080]

Available upon request - Incogmeato Burger (W,S) or Veggie Burger (W,S) [calories 220-280]

PIZZA

**Lunch/Dinner**
Cheese, Pepperoni, Veggie, Sausage (M, S, W) [calories 165-210]

W – Contains Wheat
S – Contains Soy
M – Contains Milk
P – Contains Peanuts
E – Contains Eggs
SS – Contains Sesame
F – Contains Fish
T – Contains Tree Nuts

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.
Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.