### Thursday

**Breakfast**
- Scrambled Eggs (E), Tater Tots (S), Turkey Sausage or Pork Bacon [calories 60 - 770]

**Lunch**
- Maple Walnut Crusted Salmon (F,T) (Walnuts), Buttermilk Mashed Yukon Potatoes (M), Cranberry Brown Butter and Brussel Sprouts (M) and Garlic and Parmesan Roasted Cauliflower (M) [calories 90-1280]

**Dinner**
- Breaded Chicken Piccata (S,W,M), Whole Wheat Penne with Kale Pesto (M,W), Zucchini Agrodolce (T) and Steamed Spiced Broccoli [calories 40-775]

### Round Grill

**Breakfast**
- Made to Order - Omelets (E) and Pancakes (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]

**Lunch/Dinner**
- Baked Potato Bar with assorted toppings [calories 210-1025]

### Vegan

**Breakfast**
- Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]

**Lunch**
- Lentil Sloppy Joe’s (W), Roasted Brussel Sprouts, Sugar Snap Peas and Baby Carrots and French Fries (S) [calories 70-852]

**Dinner**
- Huli Huli Tofu (S), Fried Rice (S) and Stir Fry Vegetables (S) [calories 130-780]

### Gluten Solution

**Lunch**
- Chicken Tinga, Mexican Rice (S), Calabacitas (M) and Spiced Green Beans [calories 35 – 415]

**Dinner**
- Tea Marinated Barramundi with Tamari Ginger Glaze (S,F), Jasmine Rice, Stir Fry Broccoli and Garlic and Ginger Bok Choy (S,SS) [calories 70–505]

### Grill

**Lunch**
- Grilled Cheese (W,S,M) or Hamburger with Cheddar Cheese (W,S,M) and Tater Tots (S) [calories 400-1040]

**Dinner**
- Corn Dog (E,M,W) or Jalapeno Burger (W,S,M) with Shoestring Fries (S) [calories 140–800]

### Pizza

**Lunch/Dinner**
- Cheese, Pepperoni, Veggie, Sausage (M, S, W) [calories 165-210]