

# **Stark County System of Care Expansion Planning: *Terms and Definitions***

Mental Health & Recovery Services Board of Stark County was awarded a ***Planning Grant for the Expansion of the Comprehensive Community Mental Health Services for Children and their Families*** by the ***Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services***.

**Purpose:** To involve youth, families, child and family organizations, and the community in creating a culturally and trauma-informed comprehensive strategic plan (or map of coordinated services and supports) for children, youth, and families with or at risk for mental health challenges in Stark County.

## **Core Strategy Areas**

\*As outlined in ***Strategies for Expanding the System of Care Approach by the National Technical Assistance Center for Children’s Mental Health*** on behalf of ***SAMHSA***:

**1. Policies**

- i.* Implementing policy, regulatory, and partnership changes

**2. Services**

- i.* Developing or expanding services and supports based on system of care philosophy and approach

**3. Finances**

- i.* Creating and improving financing strategies

**4. Training**

- i.* Providing training, technical assistance, and coaching

**5. Strategic Communications**

- i.* Generating support for system of care expansion through strategic communications

## **Expansion Planning Leadership Teams and Committees**

*\*See page 5 for Flowchart of Teams*

### **1) System of Care Grant Management Team**

- a. Responsible for ensuring that grant fiscal responsibilities, timelines, contracts, and expectations are in order.

### **2) System of Care Core Expansion Leadership Team**

- a. Responsible for:
  - i. Advising and ensuring an inclusive and comprehensive System of Care Expansion Strategic Planning process for our Stark County children and youth with serious emotional disturbances and their families.
  - ii. Ensuring that our planning processes and our completed strategic plan reflects:
    1. The updated System of Care Concept and Philosophy (definition, core values, and guiding principles)
    2. The information gathered from our planning team members and subcommittees
    3. The voices and interests of the youth, young adults, and families.

### **3) System of Care Expansion Planning Team**

- i. Responsible for developing and supporting the strategic plan.

### **4) System of Care Subcommittees**

\*Each subcommittee will be provided a team charter with mission and scope of work.

#### ***a. Trauma-Informed Care Learning Communities***

- i. All Learning Communities will complete an Organizational Self-Assessment and Performance Monitoring Tool to measure progress of the Learning Community during the Expansion Planning process, along with coaching calls and webinars from the National Council for Behavioral Health.
- ii. According to the *National Council for Behavioral Health*, Trauma-Informed Care Learning Communities are responsible for:
  1. Providing a safe, calm and secure environment with supportive care

2. Having a system-wide understanding of trauma prevalence, impact and trauma-informed care
3. Incorporating cultural competence into trauma-informed practices
4. Understanding consumer voice, choice and self-advocacy
5. Providing recovery, consumer-driven and trauma specific services
6. Establishing healing, hopeful, honest and trusting relationships

**b. Cultural Competency**

- i. The Cultural Competence Subcommittee will be responsible for:
  1. Ensuring the System of Care Expansion Planning Team adopts a strategic approach to increase Cultural and Linguistic Competence of service and supports delivered to children youth and families, eliminate or reduce cultural, racial, and ethnic or geographical racial disparities and a sensitivity and appreciation for diversity and cultural issues throughout the system of care.
  2. Formulating a plan that will implement cultural and linguistic competence practices within the following six domains:
    - a. Governance and Organization infrastructure (eg policy; financing, and budget board composition selection development and accountability)
    - b. Services and supports
    - c. Planning and continuous quality improvement
    - d. Collaboration
    - e. Communication
    - f. Workforce development.

**c. Social Marketing**

- i. Responsible for assisting the Stark County System of Care Expansion Planning process in achieving the following goals:
  1. To develop social media strategies that:
    - a. Encourage the involvement of youth and their families in the System of Care Expansion Planning process.
    - b. Invite the community to participate in an open-forum discussion, which generates citizen-feedback about the System of Care Expansion Planning process.
    - c. Demonstrate flexibility in structure to ensure their continuous quality improvement

2. To ensure that the uniform message released on social media about the intention of the System of Care Expansion Planning process remains youth-guided and is consistent with SAMHSA's guidelines.
3. To ensure that the mobile site and quick response (QR) code created and used for the System of Care Expansion Planning process reflects youth and family voices.
4. To organize resources and materials that may assist stakeholders in creating, revising, and/or updating communication technology policies for their respective organizations.

*ii. Other Possibilities*

1. **Prevention and Resiliency:** Increase availability and emphasize importance of prevention and treatment for youth and young adults.
2. **Youth and Young Adult Leadership:** Incorporate the voices of youth, young adults, and family members who can advocate for themselves and the needs of Stark County.
3. **Family Support and Empowerment:** Strengthen supportive services for youth and young adults, and develop youth, young adults, and family members' self-advocacy skills.
4. **Treatment (coordination, access, evidence based standards, managed care):** This team aims to create strategies to improve coordination of care and access to care for youth, young adults and families using evidence based standards.



