Soccer Skills

All participants must show a valid KENT STATE UNIVERSITY ID or Government Issued ID no less than 5 minutes before the start of every game. Anyone without an ID will not be allowed to participate. **No exceptions.**

**THE GAME**
- One (1) Player will run the course at a time
- Player will get one attempt
- Penalties:
  - If the ball misses the goal, 5 seconds are added to final time
  - Maximum 10 second penalty

**LAYOUT**

**COURSE DETAILS**
1. Start just inside the 3-point line
2. Dribble through the first 9 cones
3. Pass the ball into the goal
   - If ball misses the goal, 5 seconds are added to final time
4. Sprint to other side of the court
5. Dribble through the 4 cones
6. Once at the last cone, player must pass the ball into goal
   - If ball misses the goal, 5 seconds are added to final time
7. Sprint to finish line

**THE INTRAMURAL STAFF HAS THE RIGHT TO STOP A CONTEST IF THEY DEEM IT NECESSARY**