## Exchange Student Guidebook

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# SHIMANE UNIVERSITY

## General Information

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<thead>
<tr>
<th>Name of institution</th>
<th>SHIMANE UNIVERSITY</th>
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<tbody>
<tr>
<td>Name of the head / Title</td>
<td>Yasunao HATTORI, Ph.D. President</td>
</tr>
<tr>
<td>Country / City</td>
<td>Matsue and Izumo, Shimane JAPAN</td>
</tr>
<tr>
<td>Campus</td>
<td>2 campuses (Matsue and Izumo) *Faculty of Medicine is located in Izumo Campus.</td>
</tr>
<tr>
<td>URL</td>
<td><a href="http://www.shimane-u.ac.jp/">http://www.shimane-u.ac.jp/</a></td>
</tr>
<tr>
<td>URL for int’l student exchange</td>
<td><a href="http://kokusai.shimane-u.ac.jp/">http://kokusai.shimane-u.ac.jp/</a></td>
</tr>
</tbody>
</table>

| Responsible person of international exchange | Akira DEGUCHI, PhD. (Mr.) Director Center for International Exchanges |

<table>
<thead>
<tr>
<th>Office hours</th>
<th>08:30 - 17:15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact for student exchange</td>
<td>International Student Section of the International Exchange Division</td>
</tr>
<tr>
<td>Telephone</td>
<td>(+81-852-32-6106)</td>
</tr>
<tr>
<td>Fax</td>
<td>(+81-852-32-6481)</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:ied-ryugaku@office.shimane-u.ac.jp">ied-ryugaku@office.shimane-u.ac.jp</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of international office</th>
<th>Takatoshi FUKUDA (Mr.) Head International Exchange Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact for int’l agreement</td>
<td>International Cooperation Section of the International Exchange Division</td>
</tr>
<tr>
<td>Telephone</td>
<td>(+81-852-32-9735)</td>
</tr>
<tr>
<td>Fax</td>
<td>(+81-852-32-6481)</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:ied-koryu@office.shimane-u.ac.jp">ied-koryu@office.shimane-u.ac.jp</a></td>
</tr>
</tbody>
</table>
### Academic Information

**Academic levels offered to exchange students**
Undergraduate, Master level and PhD level.
* There are special courses offered to international students in Japanese Studies

**Classification of international exchange student status at Shimane University**
Exchange students from partner universities shall be enrolled at Shimane University as a non-degree (non-regular) student under the following category.
Category of Exchange Students

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>Special Auditing Students – undergraduate (学学学学学学学学学学学学学学学学学学)</td>
<td>International exchange students who are admitted to particular undergraduate classes. They receive credits after passing final examinations.</td>
<td>○</td>
</tr>
<tr>
<td>Special Auditing Students – graduate (学学学学学学学学学学学学学学学学学学)</td>
<td>International exchange students who are admitted to particular graduate classes. They receive credits after passing final examinations.</td>
<td>○</td>
</tr>
<tr>
<td>Special Research Students - graduate only (学学学学学学学学学学学学学学学学学学)</td>
<td>International exchange students who are admitted to conduct particular research projects under a research advisor. They receive research certificates after completing their projects.</td>
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Language instructed in the courses offered to exchange students

Most of the classes are provided in Japanese for undergraduate course, but there are a few classes offering in English for Master and Doctor’s course:

MA/PhD courses in Earth & Geoenvironmental Science / MA course in Environmental Science (Special Courses for International Students)
“Special Research Students” may be instructed in English by advisor depending on research.
Classes exchange students can register for

Exchange students (“Special Auditing Students”) can register for regular classes provided by Shimane University. (JLPT Level N3 or its equivalent preferred.) For further detailed information, please see the separate sheet entitled “Outline for the Japanese studies and other classes ---for International Exchange Students.”

Language requirement for exchange students

* JLPT Level N3 or its equivalent preferred.
Japanese language credit courses for international students are divided into three levels; Elementary, Intermediate, and Advanced. There is no Japanese credit course for those who haven’t studied Japanese at all. Non-credit introductory and elementary Japanese Language supplementary classes are offered for students who don’t have enough Japanese proficiency. The certification of completion will be issued for the students who have attended more than two-thirds of the course. * Those who wish to be enrolled in the Special Courses for International Students stated above are required to submit English proficiency certificates such as TOEFL and IELTS.

Requirements of study hours for exchange students

Exchange students must enroll for a minimum of 10 hours of class (seven courses) for a week as required by Japanese immigration regulations.

Faculty & department

There are six faculties:
1) Faculty of Law & Literature
2) Faculty of Education
3) Faculty of Human Sciences
4) Faculty of Medicine
5) Interdisciplinary Faculty of Science and Engineering;
6) Faculty of Life and Environmental Science.

Departments:
1) Law and Economics, Socio-cultural Studies, and Language & Culture
3) Human Sciences
4) Medicine, Nursing
6) Life Sciences, Agricultural and Forest Sciences, Environmental and Sustainability Sciences

For further information, please see “Shimane University Prospectus”
(English)
https://kokusai.shimane-u.ac.jp/english/study_abroad/prospectus.html
Events around Matsue city

★ are the trips open to all the international students.

Oct. Matsue festival Do Gyoretsu
Visit to Adachi Museum
(Japanese garden)
Nov. Visit to Izumo Shrine
Iwami Kagura
Dec. Morotabune Shinto ritual
Soba making
Jan. Visit to Matsue History Museum
Feb. Green Tea factory trip
   Ski Trip to Mt. Daisen★
Mar. Field Trip to Kansai area★
   Visit to Soy sauce store–house
   Wagashi making
Apr. Aofushigaki Shinto ritual
   Doll Festival in Yasugi
   Cherry Blossom Meeting
May Hunting for fireflies
   Visit to Yuushien (Japanese garden)
Jun. Visit to Gessyo temple
   (Hydrangea temple)
Sep. Field trip to Ohnan Town,
   Shimane Prefecture★
   Matsue Lantern Festival

*The above is subject to change depending on the year.

Students registering Japanese courses may join in these fieldtrips and activities as a part of the courses.
International students touched traditional Japanese culture, lifestyle and kindness of Ohnan Town’s people throughout the trip. Participated students and people there deepened mutual understanding beyond the differences of nationality, age, words and backgrounds.

Events of Shimane University

International Students Party in December

Field trips for International Students

They are held by the Center for International Exchange of Shimane University which will provide you with some financial aid.

4-day trip in September
Participation fee: about 2,000yen
• Farm Stay
• Interaction with local people
• Visit to a local High school and an Elementary School
• Visit to a Sake Brewery
• Kagura Event (Traditional Shinto-Dance)

This trip will enable you to learn traditional Japanese culture and lifestyle.
Ski Trip to Mt. Daisen

2-day trip in February
Participation fee: about 7,500yen

Mt. Daisen has the ski area that boasts the largest scale in Western Japan. You can experience skiing and get close interaction with participating students. This trip will provide you with a good chance to enjoy the beautiful nature of the winter in Japan.

Field Trip to Kansai area

3-day trip to Kyoto, Osaka and Kobe in March
Participation fee: about 12,000yen

This trip will give you a chance to learn Japanese culture and traditional technology through a visit to some historic sites such as Kinkaku-ji Temple, Kiyomizu-dera Temple and a sake brewery. You will also have a chance to visit facilities with Japanese cutting-edge technology like Disaster Reduction and Human Renovation Institute and Universal Studios Japan.

*Contents and destination are subject to change depending on the year.*
Housing Information

Housing arrangement & allocation

International Exchange Division will try to make housing arrangements and assignment. Exchange students will be given priority to be allocated in the University International House upon demand of the student. If rooms are full, International Office will allocate students in the Student Dormitory or help them to find an off-campus accommodation.

International House (Matsue Campus)

- **Number of rooms**: 26 rooms for single, and 1 room for married couple
- 5 minute walk to campus (2 mins by bicycle.)
- Residents share cooking facilities, shower rooms, and laundry facilities. (There is no meal plan system.)
- All the rooms are furnished. (bed, desk, chair, bookshelf, wardrobe, washbasin and toilet) Each room has a telephone hookup.
- Residents will have to buy a set of linens, pillows, blankets, futons, etc.

Cost

- **Univ. Int’l House**: 5,900 yen (monthly) for single room, communal expenses, and utility expenses, including electricity, gas, and water.
- **Student Dormitory**: 4,000 - 24,000 yen (monthly) for single room, communal expenses, and utility expenses, including electricity, gas, and water.
- **Off Campus**: Approximately monthly rent will be 20,000 - 50,000 yen for an en suite room. In addition to a rent, a resident needs to pay communal expenses and utility expenses, including electricity, gas, and water.

Student Cafeteria

There is no cafeteria or dining hall in the dormitory. Two cafeterias on campus offer a wide range of foods including Halal menus.
## Financial Matters

### Cost of living

Approximately 60,000 yen per month for on-campus resident and 100,000 yen per month for off-campus resident are considered the minimum that should be available.

On arrival, students should bring some cash at least 150,000 yen to 200,000 yen with you for settling in for the first month in Japan.

Exchange students should be responsible for preparing sufficient financial support their own for studying and living in Shimane.

* Tuition and fees in Shimane University shall be waived for exchange students, but they will pay regular tuition and related fees to their home university.

### National health insurance

Exchange students will be required to purchase national health insurance in Japan after their arrival. (approx. 2,000 yen per month.)

### Oversea travel & accidents insurance

Exchange students are also strongly recommended to bring an additional adequate insurance which covers travel and accidents.

### Disaster & accident insurance for students

Exchange students are recommended to purchase “Disaster and Accident Insurance for students” which covers accidents during study, research and university activities. Exchange students can apply for this insurance in the university after their arrival. (950-1,200 yen per year, depending on affiliated faculty.)

Please ask at Student Support Division for details and application after arrival.
**Visa Application**

**Application procedure**

Exchange students must apply for a visa at the nearest Japanese embassy or consulate before departing. Exchange students must apply for a “Student” visa status at the Japanese embassy/consulate in the country.

International Student Section of Shimane University will send a “Certificate of Eligibility” issued by the Japanese immigration office to each exchange student through the international office of the partner university. Students need to apply for a visa with the necessary documents including a Certificate of Eligibility and Notice of Acceptance.

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**Arrival Information**

**Pick-up service on arrival**

Yes, on demand of the student.

* Please note that an exchange student should be responsible to reach at Matsue Station.

**Name of closest airport**

Izumo Airport or Yonago Airport

*Izumo: domestic flights are only available.
Yonago: domestic flights and international flights from Seoul, Korea are available.

*It will take about 40 mins by bus from either airport to get Matsue campus.
1. From Kansai International Airport (KIX)
   (1) Fly to Izumo Airport from Itami Airport (Domestic flight)
       ① KIX to Osaka/Itami Airport: 90 mins by bus
       ② Osaka/Itami Airport to Izumo Airport: 1 hour-flight
           http://osaka-airport.co.jp/en/flight/flightscheduleresult/?airport=IZO
       ③ Izumo Airport to Matsue Station: 30 mins by bus
           http://www.ichibata.co.jp.taxi-matsue/shuttle/index.html

   (2) To Matsue station by train: about 5 hours
       Kansai airport~Osaka~Shin-Osaka~Okayama~Matsue
       https://www.jr-odekake.net/

   (3) To Matsue station by bus: about 5 hours
       Kansai airport~Osaka Sta. (Shin-Hanky Hotel)
       Hankyu-Sanbangai Bus terminal (Hankyú-Umeda)~Matsue
       http://www.kate.co.jp/en/timetable/index

2. From New Tokyo International Airport (Narita-NRT)
   (1) Fly to Izumo Airport or Yonago Airport (Domestic flight)
       ① NRT to Tokyo/Haneda Airport: 90 mins by bus
           http://www.limousinebus.co.jp/en/
       ② Tokyo/Haneda Airport to Izumo or Yonago Airport: 80 min-flight
           http://jatns.tokyo-airport-bldg.co.jp/en/flight/domestic/
       ③ Izumo Airport to Matsue Station: 30 mins by bus
           http://www.ichibata.co.jp.taxi-matsue/shuttle/index.html
           Yonago Airport to Matsue Station: 45 mins by bus
           http://www.ichibata.co.jp.taxi-matsue/shuttle/yonago.html

Transportation Expenses

1. From Kansai International Airport (KIX)
   (1) ① Bus from KIX to Osaka/Itami Airport: 1,950 yen
       ② Flight fare from Osaka/Itami Airport to Izumo Airport:
           about 15,000 yen~
       ③ Bus from Izumo Airport to Matsue: 1,030 yen

   (2) Train fare from KIX to Matsue: about 12,000 yen

   (3) Bus fare from KIX to Matsue: about 7,000 yen

2. From New Tokyo International Airport (NRT)
   ① Bus from NRT to Tokyo/Haneda Airport: 3,100 yen
   ② Flight fare from Tokyo/Haneda Airport to Izumo Airport or
       Yonago Airport: about 19,000 yen~
   ③ Bus from Izumo Airport to Matsue Station: 1,030 yen
       Bus from Yonago Airport to Matsue Station: 990 yen
**Application**

**Application deadline**

Semester 1 (for starting Mar.): mid-November  
Semester 2 (for starting Oct.): early April

**Application forms & necessary documents**

【Documents for Admission to Shimane University】

(1) Foreign Special Auditing/Research Student Application Form (form provided)  
(2) Course Request Form (form provided)  
(3) Personal Information (form provided)  
(4) Personal History (form provided)  
(5) Certificate of Health (form provided)  
(6) Recommendation letter from the dean of the faculty or the dean of the office  
(7) Academic transcript  
(Please attach an English or Japanese translation.)  
(8) Certificate of Enrollment  
(Please attach an English or Japanese translation.)  
(9) Study plan at Shimane University (form provided)  
(Please refer to attached Guidelines for making Study Plan.)  
(10) Documents to certify applicant’s Japanese language proficiency if any

* Those who wish to be enrolled in the Special courses for International Students stated above are required to submit English proficiency certificates such as TOEFL and IELTS.
【Documents for Immigration】

(1) Application for Certificate of Eligibility (form provided)
(2) 2 Photographs
(3) Photocopy of passport
(4) Pledge and certificate of current position of the financial supporter
(5) Financial supporter’s bank statement (Deposit balance statement)
   *The statement must indicate the deposit has more than JPY 1,500,000 to cover living expenses and travel costs.
(6) Copy of the financial supporter’s ID card
(7) Financial supporter’s job certificate

* The application materials will be distributed from the international office every October and February.

Send application to

International Student Section
International Exchange Division,
Shimane University
1060 Nishikawatsu-cho, Matsue, Shimane
690-8504 JAPAN
Tel: +81-852-32-6106
Fax: +81-852-32-6481

◆ INQUIRIES ◆

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International Exchange Division
Shimane University
1060 Nishikawatsu-cho, Matsue, Shimane
690-8504 JAPAN
Tel: +81-852-32-6106 Fax: +81-852-32-6481
E-mail: ied-rvugaku@office.shimane-u.ac.jp