



STARK

Recreation & Wellness

Recreation & Wellness Center Orientation Quiz

1. Who has access to the Kent State University at Stark Recreation & Wellness Center?
2. What are Flashes Safe Seven?
3. What is the procedure for checking in to the Recreation & Wellness Center and how often must you do it?
4. Where should your personal belongings be at ALL times? Can items be left in the locker overnight?
5. After using the equipment, what should you do before moving to a new machine?
6. Can you use equipment brought in from outside of the Rec center?
7. A machine labeled with what color card is sanitized and ready for use?