

STARK COUNTY SYSTEM OF CARE EXPANSION PLANNING

JUNE 1, 2015

INSIDE THIS ISSUE:

WHAT'S NEW WITH SYSTEM OF CARE?	1
YOUTH AND YOUNG ADULT/ FAMILY	2
PREVENTION/ TREATMENT	2
SOCIAL MARKETING	3
TRAUMA- INFORMED CARE	3
CULTURAL COMPETENCE	3
UPCOMING EVENTS/ TRAININGS	4

MAY UPDATE:

Welcome to our monthly e-newsletter! The Mental Health and Recovery Services Board (MHR SB) of Stark County will issue an update every month about what is happening here in Stark County with our System of Care Expansion Planning Grant.

What is the System of Care Expansion Planning Grant?

MHR SB has been awarded a one-year Planning Grant for the Expansion of the Comprehensive Community Mental Health Services for Children and their Families by the Substance Abuse

WHAT'S NEW WITH THE SYSTEM OF CARE?

and Mental Health Services Administration (SAMHSA), Center for Mental Health Services. This grant is being used to involve youth, families, child and family organizations, and the community in creating a culturally and trauma-informed comprehensive strategic plan (or map of coordinated services and supports) for children, youth, and families with or at risk for mental health challenges in Stark County.

What is a System of Care?

Youth, families, and the community coming together to assist youth with behavioral health issues and their families by:

1. Improving the existing services available to them.
2. Improving access to these services.
3. Expanding services to reflect their cultural, racial, ethnic, and linguistic needs.



GRANT LEADERSHIP

Grantor:
Substance Abuse and Mental Health Services Administration

Grantee:
Mental Health and Recovery Services Board of Stark County

Grant Facilitator/Evaluator:
The College of Public Health at Kent State University

Grant Director:
Patti Fetzer

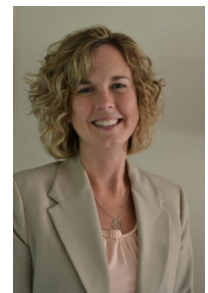
Grant Coordinator:
Jessica Zavala

SPECIAL RECOGNITION

We are delighted and honored to announce that Patti Fetzer, System of Care Project Director, has been asked by Beth Stroul of SAMHSA to participate in an expert panel, *Applying SAMHSA's Theory of Change to Systems of Care*. The panel will focus on system of care expansion efforts, particularly:

- Best practices for expanding the supports and services provided to youth and their families with or at risk for behavioral health challenges
- Methods for creating effective collaborations between local and state efforts to ensure the success of expansion initiatives
- Barriers that may confront expansion efforts, in addition to methods that can assist in overcoming these obstacles
- An examination of prior expansion initiatives in order to assist future grantees
- Suggestions for the viable, broad implementation of system of care efforts

The panel will convene in Rockville, Maryland this summer (July 2015). Thanks and congrats, Patti, for your hard work and dedication to our Stark County youth, families, and community!



Patti Fetzer

YOUTH AND YOUNG ADULT/FAMILY (UPDATES)

The Family Empowerment Subcommittee, composed of family members who are active in the Stark County Family Council, held its second meeting this month.

At the first Family Empowerment Subcommittee meeting on May 13th, participants completed an online survey regarding the greatest gaps that they perceived in the current Stark County System of Care with regard to family members. They then discussed and ranked

their survey responses collectively by level of perceived importance.

At the second meeting, participants created operational definitions of the top five most important areas of concern for family members in Stark County. These areas include communication about the services and agencies that exist to the community, a centralized location for information, the diagnostic process for behavioral health, providers sharing information, and the

transportation system. Participants then ranked these issues in a matrix based on how easy it is to change these areas and how impactful they are on family members in Stark County.

The Youth and Young Adult Subcommittee conducted a SWOT analysis this month to determine the strengths, weaknesses, opportunities, and threats regarding behavioral health services and supports for youth and young adults in Stark County. The next

subcommittee meeting will be held June 25th, 2015 at a **new location**: the **Stark County District Library, Main Branch** (downtown Canton).

Thank you to all who have participated in these meetings, thus far. For more in-depth information about the efforts of these subcommittees, including key notes from previous meetings, please check out the [KSU hub](#).

DID YOU KNOW...

...that there is a new [Social Media Campaign Toolkit](#) for the #yourvoice matters campaign, which can be used by all Stark County systems to solicit the feedback of Stark County youth and family members in this Expansion Planning project? Please be sure to check it out and spread the word!

...that Stark County is not alone in its efforts to promote Cultural and Linguistic Competence in its services and supports for youth and families? [Click here](#) to find out what the Ohio Department of Mental Health & Addiction Services is doing at the state level to overcome the disparities experienced by certain populations in the mental health system.



PREVENTION AND RESILIENCY/ TREATMENT (UPDATES)

The Prevention and Resiliency and Treatment Subcommittees held their third meetings this month. Participants discussed the results from their SWOT analyses in order to prioritize which aspects of the System of Care should be discussed at future meetings.

Both subcommittees have increased in size and participants are continuing to provide valuable

feedback for this planning process. Thank you to everyone for your continuous help and support. We are looking forward to meeting again next month!

Please feel free to join us at the next Treatment Subcommittee meeting on June 4th, 2015 and/or the Prevention and Resiliency Subcommittee meeting on June 18th, 2015 at the KSU, Stark Campus.

Participants are strongly encouraged to invite a youth and family member to attend with them.

For more in-depth information about the Prevention and Resiliency and Treatment Subcommittees, including meeting minutes, please check out the [KSU hub](#)!

We'd also like to announce Anju Mader, Director of the Help Me Grow Program

and Medical Director at the Canton City Health Department, as our Treatment Subcommittee Leader!

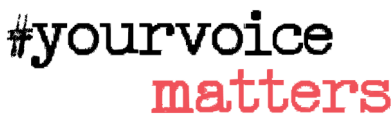


Dr. Anju Mader

SOCIAL MARKETING (UPDATE)

The Social Marketing Subcommittee held its second meeting on May 14th, at the KSU, Stark Campus. The agenda included a review of System of Care goals and values, as well as a discussion about the next steps for this subcommittee.

Social Marketing participants will be attending the June



meetings of the six other focus areas for this grant as ambassadors to observe, listen, and take notes about the gaps other subcommittees are exploring with regard to the Stark County System of Care. They will then be using this information to begin building the social marketing communications plan for the final strategic plan.

To access key notes, System

of Care diagrams, a calendar of events, and other materials related to the Social Marketing Subcommittee, please visit the [KSU hub](#).

Lastly, we'd like to announce Amelia Kocher, Director of Advancement at Child and Adolescent Behavioral Health as our Social Marketing Subcommittee Leader! She will be representing this focus



Amelia Kocher

area of the grant at the System of Care Expansion Planning Grant Core Leadership Team meetings.

TRAUMA-INFORMED CARE (UPDATE)

The National Council for Behavioral Health will be back in Stark County on Tuesday, June 2nd and Wednesday, June 3rd. The Trauma-Informed Care Learning Community Midyear Meeting will take place on June 2nd. This meeting is for all 12 of the organizations that are participating in the National Council's Trauma-Informed Care Learning Community. Each organization will



share their progress to date and explore next steps to take towards making their organization more trauma-informed.

A trauma-informed care [training open to the community](#) will take place on June 3rd, 2015. This training, titled [Aces are not Destiny](#), will teach participants about trauma, including its prevalence and impact. Participants will learn about trauma-informed

approaches, the seven domains of trauma-informed care, how trauma impacts the workforce, and ways to build resilience among staff. [Click here](#) for more information and to register.

We'd lastly like to announce the Honorable Judge Howard of the Stark County Family Court as our Stark County System of Care Trauma-Informed Care Learning Community Leader!



Honorable Judge Michael Howard

CULTURAL COMPETENCE (UPDATE)

The Cultural Competence Subcommittee met on May 14th for their second subcommittee meeting. The agenda included a discussion about the CLAS Standards as they pertain to Stark County's System of Care, as well as the dimensions of a culturally and linguistically competent system of care.

In addition, Dr. Vivian Jackson came for an on-site visit once again on May 27th to lead a training titled *Addressing the Complex and Pernicious Problem of Disparities*. Seven disparity issues in Stark County were analyzed to determine some of the root causes of the differences in the mental health services experienced by some populations.

Links to register for upcoming Cultural Competence trainings can be found under the *Additional Resources* section of this e-newsletter (Page 4).

We'd lastly like to announce Kelly Bah, Chief Executive Officer of the YWCA (picture forthcoming), and Tiffany Williams, Program Coordinator at Community

Services of Stark County, as our Cultural Competence leaders!



Tiffany Williams



RECENT AND UPCOMING EVENTS

RECENT

May 7 Social Marketing Subcommittee Meeting (3:30-5:00PM)
 Expansion Planning Team Meeting at KSU
(CANCELED)
 National Children’s Mental Health Awareness Day
Live Event
(1:30-3:30PM)
 Treatment Subcommittee Meeting
(3:30-5:00PM)
May 14 Cultural Competence Subcommittee Meeting
(2:00-3:30PM)

May 21 (3:30-5:00PM) Prevention and Resiliency Subcommittee Meeting
May 27 Georgetown National Center for Cultural
June 2 (8:30AM-4:30PM) Trauma-Informed Care: Face-to-Face Midyear Meeting

June 3 (8:30AM-4:30PM) Stark County Trauma-Informed Care Training
 Competence Onsite Planning to Reduce Behavioral Health Disparities All-day Forum
May 28 Executive Discussion Forum
(2:00-3:30PM)
 *Youth and Young Adult Subcommittee Meeting
PERMANENT CHANGE OF LOCATION: Stark County District Library, Main Branch*
(3:30-5:00PM)

UPCOMING

June 2 (8:30AM-4:30PM) Social Marketing Subcommittee (3:30-5:00PM)
 Trauma-Informed Care: Face-to-Face Midyear Meeting
June 18 Prevention and Resiliency Subcommittee (3:30-5:00PM)
June 3 (8:30AM-4:30PM) Stark County Trauma-Informed Care Training: ACEs are not Destiny
June 25 Youth and Young Adult Leadership Subcommittee (3:30-5:00PM)
June 4 (3:30-5:00PM) Treatment Subcommittee
June 11 Cultural Competence Subcommittee (2:00-3:30PM)
July 9 On-site visit/Webinar with Social Marketing expert (Location and Time TBD)

ADDITIONAL RESOURCES

Sources: Technical Assistance Partnership for Child and Family Mental Health, the Family Mental Health and Multiethnic Advocates for Cultural Competence, and the Domestic Violence Project, Inc.

Local Trainings

- **Hurricanes Within Rainbows**
 Friday, June 26, 8:30AM-4:30PM
[Click here to register.](#)
- **Preventing Death by Suicide: Strategies to Help Children, Youth, and Families**
 June 9, 2:00PM
[Click here to view.](#)
- **Effective Supervision Strategies for Parent Support Providers**
 Monday, June 8, 2:00-3:00 PM
[Click here to register.](#)
- **Information about additional Cultural Competence trainings can be accessed here.**
- **Intellectual Disabilities & Autism**
[Click here to view.](#)

Webisodes

- **KSOC-TV: Addressing the Behavioral Needs of Adopted Children**

[Click here to view.](#)

Webinars

- **Implementing ISF: Role of School & Community-Based Clinicians**
 Tuesday, June 2, 2:00-3:30PM
[Click here to register.](#)

STARK COUNTY SYSTEM OF CARE EXPANSION PLANNING WEBSITES:

For more information about the Stark County System of Care Expansion Planning Grant newsletters, focus areas, and #yourvoice matters resources, please visit:

www.starkmhrs.org/yourvoice

The College of Public Health at Kent State University is facilitating and evaluating this Expansion Planning. For more information about the Stark County System of Care Expansion Planning Grant, including access to subcommittee resources and research, please visit their website hub at:

<http://www.kent.edu/publichealth/stark-county-system-care-soc-planning-grant>

www.starkmhrs.org/yourvoice * [KSU Resource Hub](#)