

# STARK COUNTY SYSTEM OF CARE EXPANSION PLANNING

APRIL 30, 2015

## APRIL UPDATE: WHAT'S NEW WITH THE SYSTEM OF CARE?

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Welcome to our monthly e-newsletter! The Mental Health and Recovery Services Board (MHR SB) of Stark County will issue an update every month about what is happening here in Stark County with our System of Care Expansion Planning Grant.

### What is the System of Care Expansion Planning Grant?

MHR SB has been awarded a one-year Planning Grant for the Expansion of the Comprehensive Community Mental Health Services for Children and their Families by the Substance Abuse

and Mental Health Services Administration (SAMHSA), Center for Mental Health Services. This grant is being used to involve youth, families, child and family organizations, and the community in creating a culturally and trauma-informed comprehensive strategic plan (or map of coordinated services and supports) for children, youth, and families with or at risk for mental health challenges in Stark County.

### What is a System of Care?

Youth, families, and the community coming together to assist youth with behavioral health issues and their families by:

1. Improving the existing services available to them.
2. Improving access to these services.
3. Expanding services to reflect their cultural, racial, ethnic, and linguistic needs.



### GRANT LEADERSHIP

**Grantor:**  
Substance Abuse and Mental Health Services Administration  
**Grantee:**  
Mental Health and Recovery Services Board of Stark County  
**Grant Facilitator/Evaluator:**  
The College of Public Health at Kent State University  
**Grant Director:**  
Patti Fetzer  
**Grant Coordinator:**  
Jessica Zavala

### RECENT AND UPCOMING PLANNING EVENTS

#### RECENT

**April 1 (11:30-1:00PM)**  
Cultural Competence

**Webinar** on National Standards for Culturally and Linguistically Appropriate Services in Health and Healthcare

**April 2 (3:30-5:00PM)**  
Treatment Subcommittee Meeting

**April 9**  
Cultural Competence Subcommittee Meeting (2:00-3:30PM)

Social Marketing Subcommittee Meeting (3:30-5:00PM)

**April 16 (3:30-5:00PM)**  
Prevention and Resiliency Subcommittee Meeting

**April 23 (2:00-3:30PM)**  
Youth and Young Adult Subcommittee Meeting

#### UPCOMING

**May 7**  
\*Expansion Planning Team Meeting at KSU\* (CANCELED)

National Children's Mental Health Awareness Day **Live Event**

Treatment Subcommittee Meeting (3:30-5:00PM)

**May 14**  
Cultural Competence Subcommittee Meeting (2:00-3:30PM)

Social Marketing Subcommittee Meeting (3:30-5:00PM)

**May 21 (3:30-5:00PM)**  
Prevention and Resiliency Subcommittee Meeting

**May 27**  
Georgetown National Center for Cultural

Competence Onsite Planning to Reduce Behavioral Health Disparities **All-day Forum**

**May 28**  
Executive Discussion Forum

Youth and Young Adult Subcommittee Meeting (2:00-3:30PM)

**June 2 (8:30AM-4:30PM)**  
Trauma-Informed Care: Face-to-Face Mid-year Meeting

**June 3 (8:30AM-4:30PM)**  
Stark County Trauma-Informed Care Training

**YOUTH AND YOUNG ADULT/FAMILY (UPDATES)**

We had our first subcommittee meeting with the Family Council Family Empowerment Committee, as well as the first meeting of the Youth and Young Adult Subcommittee this month!

At the first meeting with the Family Council Family Empowerment Committee, participants gave input and

discussed the strengths and challenges of the Stark County System of Care from a family's perspective. Some of the strengths identified were the array of available services, motivation among Stark County to improve the system, and the willingness of the Family Empowerment Committee to learn more about and share ideas for the System

of Care. Challenges identified included the need for a central hub of information of services, better engagement with school systems, and an in-county stabilization unit for youth.

The Youth and Young Adult Subcommittee discussed the strengths and challenges of the System of Care. Topics explored

facility. Please feel free to join us at our next meeting on May 28th, 2015.

For more in-depth information about the Family Empowerment and Youth and Young Adult Leadership Subcommittees, including meeting minutes, please check out the key notes document on [the hub!](#)

**Speak up. We'll listen.**

**#yourvoicematters**

Share your ideas about helping young people in Stark County

**WHO:** Families of youth & young adults with, or at-risk of, mental health challenges

**WHY:** You know what would help you get the care needed for your family member

**WHEN:** Thursdays from 3:30-5:00pm ending in September

**CONTACT US**  
 starksoc@gmail.com  
 330-430-3950  
 starkmhrsb.org/yourvoice

**KENT STATE UNIVERSITY**  
 College of Public Health  
 Excellence in Action

**MENTAL HEALTH AND RECOVERY SERVICES BOARD**  
 of Stark County  
 starkmhrsb.org

**PREVENTION AND RESILIENCY/ TREATMENT**

We had our second meeting for the Prevention & Resiliency Subcommittee, as well as for the Treatment Subcommittee this month where participants conducted a SWOT analysis to determine the strengths, weaknesses, opportunities, and threats in regards to treatment and prevention in Stark County. Both of our committees have been growing in number,

providing great input, and seeking ways to improve the System of Care in Stark County.

Thank you to everyone for your continuous help and support. We are excited to meet again next month! Please feel free to join us and bring others, especially families and youth, to the next Treatment

Subcommittee meeting on May 7<sup>th</sup>, 2015 and also to the Prevention and Resiliency Subcommittee meeting on May 21<sup>st</sup>, 2015.

For more in-depth information about the Prevention and Resiliency and Treatment Subcommittees, including meeting minutes, please check out the key notes document on [the hub!](#)

**SOCIAL MARKETING (UPDATE)**

The Social Marketing Subcommittee held its first meeting on April 9<sup>th</sup> at the Kent State University, Stark Campus. The #yourvoicematters videos were shown, followed by a discussion about better ways to engage youth, young adults, and family members in both this Expansion Planning project and the Stark County System of Care for the coming years. This meeting included the participation of many

community stakeholders, young adults, and Barb Huff from the Technical Assistance Partnership for Child and Family Mental Health. We are hoping to have more youth and family members at the next meeting on May 14<sup>th</sup>, so if you know of anyone who may be interested in attending, please have them contact [StarkSOC@gmail.com](mailto:StarkSOC@gmail.com) and watch our [family](#) and [youth](#) videos on YouTube.

In addition, the MHR SB is excited to announce it has entered the #yourvoicematters youth video into the Excellence in Community Communications and Outreach (ECCO) Recognition Program, which is designated for System of Care grantees and is sponsored by SAMHSA's Caring for Every Child's Mental Health Campaign of the Comprehensive Community Mental Health

Their Families Program. For more information about this program, please visit: <http://www.samhsa.gov/children/ecco-recognition-program>

For more in-depth information about the Social Marketing Subcommittee, including meeting minutes, please check out the key notes document on [the hub!](#)



**TRAUMA-INFORMED CARE (UPDATE)**

The Trauma-Informed Care Learning Community has recently completed a webinar on Domain 1: Screening and Assessment, as well as one cohort call. Cohort calls include a conference call with Cheryl Sharp and all of the organizations

she has been working with, and one with Karen Johnson and all of the organizations she has been working with. Progress was reported out, and questions and feedback were shared. Cheryl and Karen report that the Stark County Learning

Community is running smoothly, responsively, and that they are quite impressed!

Cheryl Sharp and Karen Johnson will be back in Stark County on June 2<sup>nd</sup> and 3<sup>rd</sup>, 2015. June 2<sup>nd</sup> will be the mid-year meeting



solely for the 12 organizations in the Trauma-Informed Care Learning Community. June 3<sup>rd</sup> will be a trauma-informed care training that will be open for anyone in the community to attend. Details on both of these events will be forthcoming.

**CULTURAL COMPETENCE (UPDATE)**

The Cultural Competence Subcommittee, including community stakeholders and youth, met on April 9<sup>th</sup> at the KSU, Stark Campus. At this meeting, participants primarily reviewed the Cultural Competency Survey that had been distributed to the subcommittee's participants. Suggestions for other surveys were

discussed by the subcommittee, including the need to adjust the reading level of this survey and other surveys for youth and families with limited English language proficiency. Also suggested was that the survey be administered from the perspective of youth and family members. Participants reviewed

Standard 1 of the CLAS (Culturally and Linguistically Appropriate Services) Standards, identifying the need for organizations to implement CLAS within their organizations or agencies.

Please [click here](#) to access the webinar from April 1<sup>st</sup> on National Standards for Culturally and Linguistically

Appropriate Services in Health and Healthcare.

Also, you may [register here](#) for the all-day, on-site planning forum titled *Reduce Behavioral Health Disparities* that will be facilitated by Georgetown National Center for Cultural Competence on May 27<sup>th</sup>.



**DID YOU KNOW...**

- ...that one in five young people will experience symptoms of mental illness, yet more than half of young people with a diagnosable mental illness will not receive the care they need?
- ...that most mental illness and substance abuse symptoms first emerge in adolescence and young adulthood?
- ...that the prevalence of suicidal thoughts, suicide planning and suicide attempts is significantly higher among young adults age 18 to 29 than among adults over the age of 30? Suicide is the third leading cause of death for adolescents, the second leading cause of death for college students.

**Sources:** <http://www.cantonrep.com/article/20130923/News/309239847>; [www.hhs.gov](http://www.hhs.gov); <http://www.iom.edu/Reports/2009/Preventing-Mental-Emotional-and-Behavioral-Disorders-Among-Young-People-Progress-and-Possibilities.aspx>

**ADDITIONAL RESOURCES**

*The following resources are provided by the Technical Assistance Partnership for Child and Family Mental Health and Direction Home Akron Canton Area Agency on Aging.*

**Local Trainings**

- **Cultural Diversity: Oooh! What he said! What she said!**

(Tuesday, May 12, 9:00AM-2:15PM)

[Click here to register](#)

- **Diversity in Aging: The Invisibility of LGBT Older Adults**

(Tuesday, May 12, 1:15-4:30PM)

[Click here to register.](#)

**Webisode**

- **KSOC-TV: Addressing the Behavioral Needs of Adopted Children**

[Click here to view](#)

**Webinars**

- **Intellectual Disabilities & Autism**

[Click here to view.](#)

- **Consultation for Kids: Models of Psychiatric Consultation in Pediatric Primary Care**

(Monday, May 4, 2:00PM)

[Click here to register.](#)

- **Effective Supervision Strategies for Parent Support Providers**

(Monday, June 8, 2:00-3:00PM)

[Click here to register.](#)

**STARK COUNTY SYSTEM OF CARE EXPANSION PLANNING WEBSITES:**

For more information about the Stark County System of Care Expansion Planning Grant *newsletters*, *focus areas*, and *#yourvoice matters resources*, please visit:

[www.starkmhrs.org/yourvoice](http://www.starkmhrs.org/yourvoice)

The College of Public Health at Kent State University is facilitating and evaluating this Expansion Planning. For more information about the Stark County System of Care Expansion Planning Grant, including access to *subcommittee resources* and *research*, please visit their website hub at:

[www2.kent.edu/publichealth/starkcountySOCgrant.cfm](http://www2.kent.edu/publichealth/starkcountySOCgrant.cfm)