

College of Education, Health and Human Services Pre-Advising Worksheet

Complete this sheet and bring it to your advising appointment

Plan your classes for next semester using your GPS audit and Plan plus the university catalog (<http://catalog.kent.edu/>):

#	SUBJECT	COURSE #	CREDITS	COURSE TITLE	PRE-REQUISITES
1					
2					
3					
4					
5					
6					
7					
8					
Total Credits Planned					

I have questions/concerns about (check all that apply) ...

Academics (tutoring, study strategies, time management, registration, repeat for recalculation, minors/graduate programs, summer classes etc.)
Career (internships, job search, resume, exploration)
Commuting (parking, buses, finding a place to study)
Cultural adjustment (belonging/acceptance, LGBTQ+ concerns, diversity and inclusion, etc.)
Education abroad

Financial Aid/FAFSA/Billing/Scholarships
Health (addictions, special needs, anxiety, etc.)
Housing (place to stay, roommate issues, etc.)
International Student (immigration status etc.)
Navigating or adjusting to college
Social relationships (making friends, dating safety, etc.)
Student involvement opportunities (feeling connected and involved on campus)

Other: _____

Goals

<h1 style="font-size: 2em; margin: 0;">S</h1> <p style="font-weight: bold; margin: 5px 0;">Specific</p> <p style="font-size: 0.8em; margin: 10px 0;">Define the goal with no ambiguous language</p>	<h1 style="font-size: 2em; margin: 0;">M</h1> <p style="font-weight: bold; margin: 5px 0;">Measurable</p> <p style="font-size: 0.8em; margin: 10px 0;">Create a goal that can be tracked and measured</p>	<h1 style="font-size: 2em; margin: 0;">A</h1> <p style="font-weight: bold; margin: 5px 0;">Attainable</p> <p style="font-size: 0.8em; margin: 10px 0;">The goal should be reasonable to achieve with your resources</p>	<h1 style="font-size: 2em; margin: 0;">R</h1> <p style="font-weight: bold; margin: 5px 0;">Relevant</p> <p style="font-size: 0.8em; margin: 10px 0;">Make a goal that is both worthwhile and fits your needs</p>	<h1 style="font-size: 2em; margin: 0;">T</h1> <p style="font-weight: bold; margin: 5px 0;">Time sensitive</p> <p style="font-size: 0.8em; margin: 10px 0;">The objective should include a time limit for completion</p>
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1) What is **ONE** academic goal that you want to accomplish next semester?

2) What are you going to **DO** to accomplish that goal?

Action Step _____

Achieve by _____

Action Step _____

Achieve by _____

3) What strengths or skills do you have that will help you reach your goal(s)? _____

4) What obstacles can you foresee getting in the way of achieving your goal(s)? _____