**Kent State University**

**College or Education, Health and Human Services**

**Counselor Education and Supervision (CES) Program**

**Addictions Counseling Certificate Program (ACCP)**

**Undergraduate/Post-Secondary**

<https://www.kent.edu/ehhs/ldes/ces/addictions-counseling-certificate-program>

**Overview of the Undergraduate/Post-Secondary ACCP:**

* A 16-credit non-degree certificate of the Counselor Education and Supervision (CES) program
* Five CES courses offered in a 12-month sequence at two KSU campuses: Kent and Trumbull.
* Offered to: (a) KSU undergraduate students enrolled in a behavioral sciences degree program (e.g., Psychology, Human Development and Family Studies), and (b) non-degree-seeking post-undergraduate KSU students and in-career professionals (e.g., LPCs/LPCCs, social workers, nurses) with at least an associate’s degree desiring to expand their credentials/expertise in addictions counseling.
* Former KSU students or students currently enrolled in another university can transfer up to 6 credits toward the 16-credit ACCP.
* Dr. Cynthia Osborn ([cosborn@kent.edu](mailto:cosborn@kent.edu)), CES Professor, LPCC-S, LICDC, is the ACCP coordinator at KSU Kent.
* Total training hours of 195 exceed minimum of 180 chemical dependency-specific training hours required by the Ohio Chemical Dependency Professionals Board (OCDPB; <http://ocdp.ohio.gov>) for licensure eligibility as a chemical dependency counselor (LCDC II, or LCDC III).
* The fifth and final course is a practicum providing students with 315-840 field/practice hours at local treatment facilities, clock hours that will count toward the 2,000 practice hours required for chemical dependency counselor licensure in Ohio (see licensure requirements for details at <http://ocdp.ohio.gov>).

**Five-Course Sequence of the ACCP** (intended to be taken in the following 1-5 sequence):

1. **CES 37662- Introduction to Addictions Counseling:** offered in first half (in 7 weeks) of Fall and Spring semesters
   * Content in this course will satisfy the 40 hours of education covering six defined content areas required for eligibility as a chemical dependency counselor assistant (CDCA Phase I) in Ohio, an employable credential
   * Additional content area included in this course that is not required by the OCDPB is pharmacology (3 clock/training hours)
2. **CES 34650 - Practices and Theories in Addictions Counseling:** offered second half (in 7 weeks) of Fall and Spring semesters
   * Theories and models of addiction (including public health and harm reduction, social learning, biological/medical, disease)
   * Further training in pharmacology/substance classification
   * Introduction to counseling procedures in addictions counseling (e.g., screening, assessment, diagnostic assessment) and recommended approaches (e.g., client-centered care)
3. **CES 37665 - Planning Care in Addictions Counseling:** offered first half (in 7 weeks) of Spring and Fall semesters
   * Screening and assessment measures
   * Further training in pharmacology, including medication assisted treatment (MAT)
   * The American Society of Addiction Medicine (ASAM) Criteria
   * Case conceptualization practices as basis for treatment planning
   * Defining relapse and methods for promoting maintenance
   * Legal and ethical considerations in treatment planning
   * Use of simulated clients in class to teach/learn specific practices
4. **CES 34654 - Evidence-based Approaches in Addictions Counseling:** offered second half (in 7 weeks) of Spring and Fall semesters
   * Five or six evidence-based practices (EBPs) covered, including community reinforcement approach, contingency management, mindfulness-based approaches, motivational interviewing, and coping skills training as part of cognitive-behavioral treatment/therapy
   * Use of simulated clients in class to teach/learn specific practices

* CES 37668: Introduction to Motivational Interviewing (i.e., one EBP for substance use disorders) may be taken in place of CES 34654 (and CES 37668 does not have any course prerequisites)

1. **CES 37692 - Addictions Counseling Practicum**: offered over 10 weeks in Summer term, and over 15 weeks in Fall and Spring semesters

* Can be taken for up to 9 credits (4 credits minimum) for a minimum of 315 and a maximum of 840 clock/practice hours, depending on number of credit hours taken (4-9 credits)
  + for a 4-credit practicum in Summer (10 weeks): approx. 31.5 hours/week at practicum site
  + for a 4-credit practicum in Fall or Spring (15 weeks): approx. 21 hours/week
  + Clock/practice/field hours accrued during practicum will be applied toward the 2,000 minimum practice hours required for CD counselor licensure eligibility in Ohio
  + **Course content covered during class sessions** (15 hours total) **includes professional development practices** (e.g., self-care, making use of supervision)
  + **Intended to be completed in a treatment facility that provides services to persons with substance use disorders** (at least 20% of services provided must be in addictions care)
    1. ACCP coordinator has identified appropriate practicum sites in the NE Ohio area
    2. On-site/field supervisor must hold one of the following professional licenses: LCDCIII (if supervised by LICDC-CS), LICDC/LICDC-CS, LISW, Psychologist, or LPCC-S
    3. Students intending to take practicum must meet with the ACCP coordinator at least 2 months prior to intended start of practicum and must be approved by ACCP coordinator to begin practicum
    4. Complete information about practicum explained in the *Addictions Counseling Practicum Manual*