**HOME**

**Breakfast**
Scrambled Eggs (E), Tater Tots (S), Turkey Sausage or Pork Bacon [calories 60 - 770]

**Lunch**
Chicken Tenders (W,S), Peas and Carrots, Waffles (S,M,W,E,T) (Coconut) and Syrup [calories 70-850]

**Dinner**
Chicken Cacciatore, Herb Pasta (W), Mediterranean Roasted Vegetables and Herby Parmesan Roasted Squash and Lentils [calories 180-970]

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**ROUND GRILL**

**Breakfast**
Made to Order - Omelets (E) and Pancakes (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]

**Lunch/Dinner**
Breakfast Bar with assorted toppings [calories 25-865]

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**VEGAN**

**Breakfast**
Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]

**Lunch**
Thai Coconut Curry (S,T) (Coconut), Jasmine Rice and Steamed Spiced Snap Peas [calories 40-340]

**Dinner**
Tofu and Potato Goulash (S), Braised Red Cabbage and Brown Rice [calories 100-530]

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**GLUTEN SOLUTION**

**Lunch**
Grilled Marinated Chicken (S), Mashed Potatoes (S), Corn, and Steamed Spiced Broccoli [calories 40 – 470]

**Dinner**
Moroccan Spice Roasted Chicken (S), Herb Mashed Potatoes (S), Honey Glazed Carrots (M), Spiced Green Beans and Gravy (M,S) [calories 35–810]

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**GRILL**

**Lunch**
3-Cheese Grilled Cheese (W,S,M) or Turkey Burger with Pepper Jack Cheese (W,S,M) and Waffle Fries (S) [calories 420-1060]

**Dinner**
Buffalo Chicken Nuggets (W,S) or Hamburger with Cheddar Cheese (M,W,S) and Shoestring Fries (S) [calories 140–590]

Available upon request - Incogmeato Burger (W,S) or Veggie Burger (W,S)

**PIZZA**

**Lunch/Dinner**
Cheese, Pepperoni, Veggie, Sausage (M, S, W) [calories 165-210]

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2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.