BUFFALO CHICKEN PANINI  W E M
Chicken breast, Bleu cheese, buffalo sauce, lettuce and tomato, on a flatbread. 500 cal $8.49

ITALIAN SUB  W E M
Salami, smoked ham, pepperoni provolone cheese, shredded lettuce, tomatoes, red onions & Italian dressing, on a sub bun. 770 cal $9.49

THE EASTWAY  W E M S
Apple wood smoked ham with Pepper jack Cheese, bacon jam, with lettuce and tomato, on a brioche bun. 660 cal $8.49

THE BLACK SQUIRREL  W E M S
Roast beef, smoked cheddar, onion jam, lettuce, and horsey sauce, on Wheatberry bread. 685 cal $9.49

THE FLOWER POWER  W M V
Fresh mozzarella, basil, lettuce, balsamic onion jam, pesto mayo, and tomatoes on panini flatbread. 600 cal $8.49

CONNOR SPECIAL  W E SS S
Oven roasted turkey, spicy chipotle ranch, brioche bun, smoked cheddar & spinach. 695 cal $9.49

METROPOLITAN EXPRESS  W E M
Oven roasted chicken, bacon, ranch, cheddar cheese, spinach, red onions on a wrap. 665 cal $9.49

THE SCHWEBEL CLUB SANDWICH  W M S
Chipotle honey turkey, bacon, swiss, cheddar, ham, lettuce, mayo, on wheatberry bread. 645 cal $8.49

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.
Greek Salad
Greens, feta, olives, tomatoes, onions, banana peppers & Greek vinaigrette. 390 cal $7.49

Grilled Chicken Caesar Salad
Chicken, romaine lettuce, parmesan cheese, croutons, and Caesar dressing. 640 cal $7.49

Southwest Salad
Chipotle honey turkey breast, olives, red onion, cheddar cheese, tortilla strips, tomatoes, avocado ranch, green. 530 cal $7.99

The Varsity Salad
Greens, smoked ham, egg, tomatoes, banana peppers, croutons, red onion, honey mustard. 325 cal $7.49

The Squad Salad
Chipotle rubbed chicken, buffalo sauce, smoked blue cheese, red onions, greens, tomatoes, ranch. 485 cal $7.49

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Metropolitan Deli

SIDES

Specialty Cookie 460 cal $2.29
Deli Pickle 12 cal $1.99
Chips $1.29
Fountain Drink $2.29

Make it a Combo! Add chips & a drink – $2.99
- Add a cookie for $3.29

Create Your Own

Sandwich – $9.79
Salad – $8.49

*Udi Gluten Free Bread available upon request - 140 cal/2 slices

Hours of Operation – Eastway Deli

Monday–Friday: 10am – 9:15pm
Saturday: 10am – 7:00pm / Sunday: 10am – 4 pm

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**Metropolitan Deli**

**SIDES**

- Specialty Cookie 460 cal $2.29
- Deli Pickle 12 cal $1.99
- Chips $1.29
- Fountain Drink $2.29

*Make it a Combo!* Add chips & a drink – $2.69
- Add a cookie for $3.29

*Udi Gluten Free Bread available upon request - 140 cal/2 slices*

**Create Your Own**

- **Sandwich** – $9.79
- **Salad** – $8.49

**Hours of Operation – Eastway Deli**

Monday–Friday: 10:30 a.m. – 4:30 p.m.
Saturday & Sunday: Closed

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