A LASIK Q&A: 6 of your top questions answered

You have a lot of questions about LASIK surgery? Good. Every year, 600,000 Americans undergo corrective LASIK surgery, a revolutionary procedure that’s continued to improve since it’s FDA approval more than 20 years ago.¹

Let’s look at some of the most common questions asked when considering LASIK, so you can go in with eyes wide open.

Q: What is LASIK, anyway?

A: LASIK is an out-patient procedure that corrects common vision problems caused by nearsightedness, farsightedness and astigmatism. In the first step of the procedure, the doctor makes a thin corneal flap as fine as a human hair. Next, the doctor guides a precision laser to remove microscopic amounts of tissue and reshape the corneas, restoring accurate sight.²

The surgery takes about 15 minutes and many patients have immediate results and quick recovery.³

Q: How do I know if LASIK is right for me?

A: Whether LASIK is the best option depends first on how comfortable you are with your vision and corrective lenses. If lifestyle activities and/or work make it difficult to wear glasses or contact lenses regularly, LASIK may be right for you.

After performing a comprehensive LASIK exam, your doctor will determine whether LASIK is a good option.
Q: Am I a good candidate?
A: To qualify for LASIK surgery, patients must be at least 18 years old, in general good health, clear of eye conditions that could impede the healing process and have a stable vision prescription for at least 1 year.4

Q: Is LASIK covered by insurance?
A: LASIK discounts, such as those offered to EyeMed members, may be included in vision care coverage, so it’s worth checking with an HR representative or benefits provider. LASIK also is eligible under most health savings and flexible spending benefits accounts, which means you can apply pre-tax dollars towards your LASIK procedure.

Q: Does LASIK last forever?
A: In very few cases, a second treatment may be necessary due to natural vision changes caused by systemic disease or hormonal changes that occur as we age.5

Q: Who should I talk to for more information?
A: Anyone considering LASIK should see a LASIK provider to perform a comprehensive LASIK exam and field questions about corrective-surgery options. EyeMed members can get a free LASIK consultation from a network of providers who’ve undergone stringent credentialing.

Learn more about LASIK and find a provider near you today.

This article is an advertisement.


These materials are designed to provide general information regarding health care topics, do not constitute professional advice nor establish any standard of care, and are provided without representations or warranties of any kind. Quotations, photos and videos are not from actual patients and your experience may be different. Your treating health care professionals are solely responsible for diagnosis, treatment and medical advice. The eye care professionals in your plan are independent practitioners who exercise independent professional judgment and over whom EyeMed has no control or right of control. They are not agents or employees of EyeMed. Eye care professionals do not take the place of your physician.