

HOCKEY PROGRAMS

PROGRESSION CHART

TOTS LEARN TO SKATE (LTS)

age requirement: at least 4 years old

- Designed to help preschool skaters develop preliminary coordination and strength on ice
- A 30-minute optional practice is also offered after each session



HOCKEY PREP | BASIC 1 | BASIC 1/2 (LTS)

Hockey Prep & Basic 1: ages 5 - 6

Basic 1/2: ages 7 - 11

- No skating experience needed
- Begins with basic skills such as forward & backward skating, turns, and stops
- Must complete at least 1 program or have equivalent skating skills to begin hockey programs



LEARN TO PLAY HOCKEY (LTPH)

*Ages 5 - 11 *LTS prerequisite or equivalent skating skills required*

- Covers FUNdamentals of hockey: skating, puck control, passing, shooting
- One hour of instruction per week for 7 weeks
- FREE RENTAL - Hockey equipment can be checked out per set



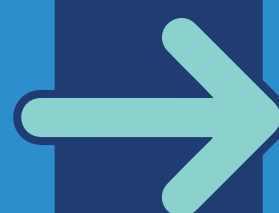
KSU LIL' CYCLONES

Ages 5 - 9

- Cross-ice hockey
- Positive learning environment
- Focuses on multiple skills
- Increased time with the puck
- Follows USA Hockey's American Development Model

www.admkids.com

www.kent.edu/reservices/ice-arena



KENT CYCLONES TRAVEL

Ages 5 - 14

- Kent Cyclones Hockey Association
- Home Rink: KSU Ice Arena
- Try-outs for team placements
- Sanctioned by USA Hockey
- Participation levels for all Players

www.cyclonehockey.org

