HEART ATTACK SYMPTOMS: MEN VS. WOMEN

By American Heart Association News

The most common symptom of a heart attack for both men and women is chest pain. But women may experience less obvious warning signs.

**MEN**
- Nausea or vomiting
- Jaw, neck or back pain
- Squeezing chest pressure or pain
- Shortness of breath

**WOMEN**
- Nausea or vomiting
- Jaw, neck or upper back pain
- Chest pain, but not always
- Pain or pressure in the lower chest or upper abdomen
- Shortness of breath
- Fainting
- Indigestion
- Extreme fatigue

Source: American Heart Association's journal, Circulation
Published April 4, 2019 | © 2019 American Heart Association, Inc.