

RESOURCE	NAME	FUNCTION/SERVICES	PHONE	WEBSITE	ADDRESS	EMAIL
<b>HEALTH CARE FACILITIES</b>						
	<b>Axess Pointe</b>	<ul style="list-style-type: none"> <li>• Medical and dental services for everyone (accepts people without insurance)</li> </ul>	(330) 673-1016	<a href="http://axesspointe.org/">http://axesspointe.org/</a>	143 Gougler Ave, Kent, OH 44240	<a href="http://axesspointe.org/">http://axesspointe.org/</a>
<b>Kent State University Health Services</b>	<b>University Health Services</b>	<ul style="list-style-type: none"> <li>• Medical Services to all eligible students, faculty, and staff, including: examination and treatment for illness and minor injuries, laboratory, x-ray, and pharmacy services</li> <li>• Health Promotion (Free HIV Testing, National Alcohol Screening Day, Free Tobacco Cessation Program, National Depression Screening Day, etc.)</li> <li>• Travel Clinic</li> <li>• Women's Health Care</li> <li>• General Care</li> <li>• Physical Therapy</li> <li>• Urgent Care</li> <li>• Immunization</li> <li>• Health Education</li> </ul>	(330) 672-2322	<a href="http://www.kent.edu/u/uhs">www.kent.edu/u/uhs</a>	DeWeese Health Center 1500 Eastway Drive, Kent, OH 44242-0001	<a href="mailto:adejuliu@kent.edu">adejuliu@kent.edu</a>

<b>Health Care Facilities in Kent-Stow Area</b>						
	<b>University Hospitals Kent Health Center</b>	<ul style="list-style-type: none"> <li>● Primary and specialty care physicians</li> <li>● Diagnostic imaging and radiology</li> <li>● Laboratory services</li> <li>● Urgent care</li> <li>● Rainbow Babies and Children</li> </ul>	(330) 677-3434	<a href="http://www.uhospitals.org/kent">http://www.uhospitals.org/kent</a>	401, 408, and 411 Devon Place Kent, Ohio 44240	“Contact us” on Web page
	<b>University Hospitals Portage Medical Center</b>	<ul style="list-style-type: none"> <li>● Surgical services</li> <li>● Rehabilitation</li> <li>● Emergency care</li> <li>● Physical therapy</li> <li>● Radiology and imaging</li> <li>● Laboratory services, and more.</li> </ul>	(330) 297-2898	<a href="http://www.uhospitals.org/portage">http://www.uhospitals.org/portage</a>	6847 N Chestnut Street Ravenna, Ohio 44266	“Contact us” on Web page
	<b>University Hospitals Streetsboro Health Center</b>	<ul style="list-style-type: none"> <li>● Laboratory Services</li> <li>● Diagnostic Imaging</li> <li>● Asthma and Allergy Care</li> <li>● Primary Care</li> <li>● Urgent Care</li> <li>● Sports Medicine</li> <li>● Wound Care, and more.</li> </ul>	(877) 929-9395	<a href="https://www.uhospitals.org/locations/uh-streetsboro-health-center">https://www.uhospitals.org/locations/uh-streetsboro-health-center</a>	9318 State Route 14 Streetsboro, OH 44241	“Contact us” on Web page

	<b>Cleveland Clinic Stow-Falls Medical Outpatient Center</b>	<ul style="list-style-type: none"> <li>• Dermatology</li> <li>• Family Medicine</li> <li>• Pediatric Therapy</li> <li>• Urgent Care</li> </ul>	(330) 923-9585	<a href="https://my.clevelandclinic.org/locations/directions/475-stowfalls-medical-outpatient-center">https://my.clevelandclinic.org/locations/directions/475-stowfalls-medical-outpatient-center</a>	875 Graham Road Cuyahoga Falls, OH 44221	Not Available
	<b>Cleveland Clinic Kent Express Care Clinic</b>	<ul style="list-style-type: none"> <li>• Allergy and Immunology</li> <li>• Family Medicine</li> </ul>	(330) 344-1600	<a href="https://my.clevelandclinic.org/locations/directions/435-kent-express-care-clinic">https://my.clevelandclinic.org/locations/directions/435-kent-express-care-clinic</a>	4494 State Route 43 Kent OH, 44240	Not Available
	<b>Akron General Hospital</b>	<ul style="list-style-type: none"> <li>• Emergency Services</li> <li>• Specialty Care</li> <li>• Surgical Needs</li> </ul>	(330) 344-6000	<a href="https://my.clevelandclinic.org/locations/directions/416-akron-general">https://my.clevelandclinic.org/locations/directions/416-akron-general</a>	1 Akron General Avenue Akron OH, 44307	Not Available
	<b>Akron Children's Hospital</b>	<ul style="list-style-type: none"> <li>• Pediatric Urgent Care</li> </ul>	(330) 342-5437	<a href="https://www.akronchildrens.org/locations/Urgent-Care-Hudson.html?utm_source=local-listing&amp;utm_medium=organic&amp;utm_campaign=website-link">https://www.akronchildrens.org/locations/Urgent-Care-Hudson.html?utm_source=local-listing&amp;utm_medium=organic&amp;utm_campaign=website-link</a>	5655 Hudson Drive Hudson, OH 44236	<a href="mailto:webmaster@akronchildrens.org">webmaster@akronchildrens.org</a>

	<b>Akron Children's Pediatrics</b>	<ul style="list-style-type: none"> <li>• Pediatric Care (non-emergency)</li> </ul>	(330) 676-1020	<a href="https://www.akronchildrens.org/locations/Pediatrics-Kent.html">https://www.akronchildrens.org/locations/Pediatrics-Kent.html</a>	1951 Route 59 Kent, OH 44240	<a href="mailto:webmaster@akronchildrens.org">webmaster@akronchildrens.org</a>
<b>HEALTH INSURANCE</b>						
	<b>United Healthcare Student Resources</b>	<ul style="list-style-type: none"> <li>• Health Insurance Coverage</li> </ul>	1-800-767-0700 or the University Health Services at (330) 672-8251	<a href="http://www.kent.edu/uhs/student-health-insurance-plan">http://www.kent.edu/uhs/student-health-insurance-plan</a>	Contact the DeWeese Health Center 1500 Eastway Drive, Kent, OH 44242-0001	<a href="mailto:insbilling@kent.edu">insbilling@kent.edu</a>
<b>VACCINATION SERVICES</b>						
	<b>University Health Services: DeWeese Health Center</b>	<ul style="list-style-type: none"> <li>• Immunizations</li> <li>• Allergy Clinic</li> <li>• Travel Clinic</li> <li>• Medical Services</li> <li>• General Care</li> <li>• Physical Therapy</li> <li>• Radiology</li> <li>• Urgent Care</li> <li>• Women's Clinic</li> </ul>	(330) 672-2322	<a href="http://www.kent.edu/hr/benefits/immunizations-university-health-services">http://www.kent.edu/hr/benefits/immunizations-university-health-services</a>	1500 Eastway Drive, Kent State University, Kent OH, 44242	<a href="mailto:immunizations@kent.edu">immunizations@kent.edu</a>
	<b>City of Kent Health Department</b>	<ul style="list-style-type: none"> <li>• Childhood Immunization Clinic</li> <li>• HIV &amp; HEP C Testing</li> <li>• Adult and Travel Immunization</li> </ul>	<u>(330) 296-9919</u>	<a href="http://www.kentpublichealth.org/nursing_services/adult_and_travel_i">http://www.kentpublichealth.org/nursing_services/adult_and_travel_i</a>	705 Oakwood Street 2nd floor Ravenna, Ohio 44266	"Contact us" on Web page

				<a href="#">mmunizations/index.php</a>		
	<b>MinuteClinic</b>	<ul style="list-style-type: none"> <li>• Immunizations</li> </ul>	<u>(330) 678-4009</u>	<a href="https://www.cvs.com/minuteclinic/clinics/ohio/kent/500-south-water-street-corner-of-west-summit-steet/3980/md?WT.mc_id=LS_MC_GOOGLE_3980">https://www.cvs.com/minuteclinic/clinics/ohio/kent/500-south-water-street-corner-of-west-summit-steet/3980/md?WT.mc_id=LS_MC_GOOGLE_3980</a>	500 S Water Street Kent, Ohio 44240	“Contact us” on Web page
<b>WOMEN'S HEALTH</b>						
	<b>KSU Women's Center</b>	<ul style="list-style-type: none"> <li>• Breast and reproduction services</li> <li>• Pregnancy and campus services</li> <li>• Work life balance</li> </ul>	(330) 672-9230	<a href="http://www.kent.edu/womenscenter/contact-us">http://www.kent.edu/womenscenter/contact-us</a>	Williamson House, 1200 East Main Street Kent, OH 44242	<a href="mailto:wc@kent.edu">wc@kent.edu</a>
	<b>Planned Parenthood</b>	<ul style="list-style-type: none"> <li>• Promote health and manage disease process</li> </ul>	(330) 678-8011	<a href="https://www.plannedparenthood.org/">https://www.plannedparenthood.org/</a>	138 E Main Street, 2nd floor, Kent, Ohio 44240	“Contact us” on Web page
<b>PHYSICAL HEALTH (Kent State University)</b>						
	<b>Kent State University Student Recreation and Wellness Center</b>	<ul style="list-style-type: none"> <li>• From intramural and club sports to Group X classes, Recreational Services has something for everyone!</li> </ul>	(330) 672-4732	<a href="http://www.kent.edu/recreationservices">http://www.kent.edu/recreationservices</a>	Street Address 1550 Ted Boyd Drive, Kent, Ohio 44242	recservices@kent.edu

<b>PHYSICAL HEALTH (In Kent-Stow Area)</b>						
	<b>Anytime Fitness</b>	<ul style="list-style-type: none"> <li>• State-of-the-art equipments;</li> <li>• Group classes;</li> <li>• 24-hour access</li> <li>• 24-hour security</li> <li>• Anywhere gym access</li> <li>• Health plan discounts</li> <li>• Wellness programs</li> <li>• Cardio TVs</li> </ul>	(330) 655-1331	<a href="https://www.anytimefitness.com/gyms/2947/stow-oh-44236/">https://www.anytimefitness.com/gyms/2947/stow-oh-44236/</a>	1624 Norton Rd, Stow, OH 44236	"Contact Us" on Web
	<b>All Heart CrossFit</b>	<ul style="list-style-type: none"> <li>• Gymnastics Clinic</li> <li>• Nutrition &amp; Lifestyle</li> <li>• Personal training</li> </ul>	(330) 221-7723	<a href="http://allheartcrossfit.com/">http://allheartcrossfit.com/</a>	4481 Crystal Pkwy, Kent, OH 44240	allheartallday@gmail.com
	<b>Curves</b>	<ul style="list-style-type: none"> <li>• Strength training</li> <li>• Cardio activity plus stretching</li> </ul>	(330) 677-5901	<a href="https://www.curves.com/">https://www.curves.com/</a>	1600 S Water St #11, Kent, OH 44240	membercomments@curves.com.
	<b>CrossFit Steels Corners</b>	<ul style="list-style-type: none"> <li>• Gymnastics Clinic</li> <li>• Nutrition &amp; Lifestyle</li> <li>• Personal training</li> </ul>	(330) 690-2626	<a href="https://www.stowstrength.com/cfssc/">https://www.stowstrength.com/cfssc/</a>	4111 Hudson Dr, Stow, OH 44224	"Contact Us" on Web

	<b>Fitworks</b>	<ul style="list-style-type: none"> <li>• All the Latest Cardio Equipment</li> <li>• Cardio Theater Room</li> <li>• Wi-Fi Access</li> <li>• Group Fitness Classes</li> <li>• Spinning Studio</li> <li>• Personal Training</li> <li>• Playland for the Kids</li> <li>• Full Locker Room</li> <li>• Open 24 Hours On Weekdays</li> </ul>	(330) 227-8443	<a href="http://www.fitworks.com/stow-kent/stow-kent-gym-fitness-center.html">http://www.fitworks.com/stow-kent/stow-kent-gym-fitness-center.html</a>	4301 Kent Rd #26, Stow, OH 44224	mandersonl@fitworks.com
	<b>Franklin School of Dance</b>	<ul style="list-style-type: none"> <li>• Recreational dance instruction for ages 3 and up</li> <li>• Private &amp; group classes in Ballet • Pointe • Tap • Jazz • Lyrical • Hip-Hop • Cheer Dance • Adult</li> </ul>	(330) 673-5419	<a href="http://www.franklinschoolofdance.com/">http://www.franklinschoolofdance.com/</a>	152 N Water St, Kent, OH 44240	courtneylwatt@yahoo.com
	<b>The Roberts Conservatory of Dance</b>	<ul style="list-style-type: none"> <li>• 18 months to adult</li> <li>• Beginner, professional</li> <li>• Recreational and competitive</li> <li>• Dance and Acro</li> </ul>	(330) 673-0565	<a href="http://www.robertsdance.com/contact-us.html">http://www.robertsdance.com/contact-us.html</a>	1458 S. Water Street, Suite 3A Kent, OH 44240	
	<b>Garan Fitness Consulting</b>	<ul style="list-style-type: none"> <li>• Personal Fitness Training</li> </ul>	(330) 554-1345	<a href="http://www.garanfitnessconsulting.com/">http://www.garanfitnessconsulting.com/</a>	125 W. Williams St. Kent, OH 44240	scottgaran@garanfitnessconsulting.com

	<b>Hickey Karate Center</b>	<ul style="list-style-type: none"> <li>• High Quality Martial Arts Training</li> <li>• Youth Development - Confidence – Esteem</li> <li>• Sports Performance Training</li> <li>• Lifetime Fitness</li> </ul>	(330) 686-4540	<a href="http://www.hickeykaratecenter.com/contact-us.html">http://www.hickeykaratecenter.com/contact-us.html</a>	4540 Stow Rd, Stow, OH 44224	Hanshi@HickeyKarateCenter.com
	<b>Kent Karate &amp; Family Fitness</b>	<ul style="list-style-type: none"> <li>• Okinawan</li> <li>• Chinese Martial Arts</li> <li>• Korean Arts and fitness classes</li> <li>• Kick Boxing</li> <li>• Brazilian Ju Jitsu</li> </ul>	(234) 703-1808	<a href="https://martialpeace.com/">https://martialpeace.com/</a>	122 W College Ave, Kent, OH 44240	ikakarate@sbcglobal.net
	<b>Kent Parks &amp; Recreation Fitness Center</b>	<ul style="list-style-type: none"> <li>• Parks</li> <li>• Fitness Center</li> <li>• Recreation Programs</li> <li>• Annual Events</li> </ul>	(330) 673-8897	<a href="http://www.kentparksandrec.com/">http://www.kentparksandrec.com/</a>	497 Middlebury Road Kent, OH 44240	idone@kent-ohio.org
	<b>One Love Yoga Kent</b>	<ul style="list-style-type: none"> <li>• Yoga classes from basics to power vinyasa</li> <li>• Boutique</li> <li>• A registered yoga school</li> </ul>	(330) 842-7228	<a href="http://oneloveyogakent.com/">http://oneloveyogakent.com/</a>	145 River St #5, Kent, OH 44240	tim.oneloveyoga@gmail.com april.oneloveyoga@gmail.com
	<b>Martial Arts Ohio</b>	<ul style="list-style-type: none"> <li>• Kids Martial Arts</li> <li>• Adult Martial Arts</li> <li>• Brazilian Jiu Jitsu</li> <li>• Fitness Kickboxing</li> <li>• Birthday Parties</li> <li>• Adult Self Defense</li> </ul>	(330) 389-0304	<a href="http://www.martialartsohio.net/">http://www.martialartsohio.net/</a>	1139 Lake St, Kent, OH 44240	"Contact Us" on Web



	<b>Planet Fitness</b>	<ul style="list-style-type: none"> <li>• Open 24 Hours on Weekdays</li> <li>• Fitness Training</li> <li>• Reciprocal use of all PF Franchise Locations</li> <li>• Use of Tanning Machines</li> <li>• Use of Massage Chairs</li> </ul>	(330) 474-7220	<a href="http://www.planetfitness.com/gyms/kent-oh-1058">http://www.planetfitness.com/gyms/kent-oh-1058</a>	1416 S Water St, Kent, OH 44240	"Contact Us" on Web
	<b>Revolution Fitness &amp; Therapy</b>	<ul style="list-style-type: none"> <li>• Lean-muscle gain program;</li> <li>• Nutritional coaching;</li> <li>• Weight loss program;</li> <li>• Personal Training</li> </ul>	(330) 860-0614	<a href="http://www.revfittherapy.com/">http://www.revfittherapy.com/</a>	4940 Darrow Rd, Stow, OH 44224	revfittherapy@gmail.com
	<b>Sequoia Wellness Center at Northeast Ohio Medical University)</b>	<ul style="list-style-type: none"> <li>• Programs</li> <li>• Services</li> <li>• Membership</li> <li>• Nutrition</li> </ul>	(330) 578-9030	<a href="http://www.sequoia-wellness.com/neo-med/university.aspx">http://www.sequoia-wellness.com/neo-med/university.aspx</a>	4209 OH-44, Rootstown, OH 44272	
	<b>Snap Fitness-24-7</b>	<ul style="list-style-type: none"> <li>• Cardio, plate-load, strength, and free weight equipment</li> <li>• Group exercise programs</li> <li>• Free fitness consultation and equipment walkthrough upon signup.</li> <li>• Personal trainers</li> </ul>	(330) 474-2910	<a href="https://www.snapfitness.com/gyms/kent-oh-44240/2125">https://www.snapfitness.com/gyms/kent-oh-44240/2125</a>	2500 Ohio 59 Kent, OH 44240	kentoh@snapfitness.com
	<b>SPC CrossFit</b>	<ul style="list-style-type: none"> <li>• CrossFit Functional Fitness</li> <li>• Group Training</li> <li>• Athletic Performance Training</li> <li>• Individual Coaching/Training</li> </ul>	(330) 554-7555	<a href="http://www.spcstrength.com/">http://www.spcstrength.com/</a>	7311 OH-43, Kent, OH 44240	info@spcstrength.com

		<ul style="list-style-type: none"> <li>• Remote Coaching/Training</li> <li>• Specialty Programs</li> <li>• Nutrition &amp; Lifestyle Consultation</li> </ul>				
	<b>Summit County Adventure Boot Camp for Women</b>	<ul style="list-style-type: none"> <li>• A four-week outdoor fitness program (fitness instruction, nutritional counseling and motivational training)</li> </ul>	(330) 573-5670	<a href="http://summitcountybootcamp.com/">http://summitcountybootcamp.com/</a>	2926 Heatherwood Ct, Stow, OH 44224	ccesnak@hotmail.com
	<b>TITLE Boxing Club Stow</b>	<ul style="list-style-type: none"> <li>• Boxing;</li> <li>• Kickboxing;</li> <li>• Private Training;</li> </ul>	(330) 474-7062	<a href="https://titleboxingclub.com/stow-oh/">https://titleboxingclub.com/stow-oh/</a>	4433 Kent Rd, Stow, OH 44224	"Contact Us" on Web
	<b>White Birch Kung Fu &amp; Tai Chi</b>	<ul style="list-style-type: none"> <li>• Kung Fu;</li> <li>• Tai Chi Chuan;</li> <li>• Low Intensity Fitness;</li> <li>• Fitness Kickboxing;</li> <li>• Grappling;</li> <li>• Self-Defense Course</li> </ul>	(330) 329-5990	<a href="http://www.stowkungfu.com/">http://www.stowkungfu.com/</a>	122 W College St, Kent, OH 44240	LVWhiteBir@aol.com
	<b>CenterPeace Yoga</b>	<ul style="list-style-type: none"> <li>• Yoga Classes</li> <li>• Meditation and Reiki</li> </ul>	(330) 346-0393	<a href="https://centerpeacekent.com/">https://centerpeacekent.com/</a>	1951 SR 59 Kent, OH 44240 Suite D	"Contact Us" under "Plan a Visit" on web
<b>NUTRITIONAL HEALTH SERVICES</b>						
<b>FOOD PANTRY</b>						

	Kent State Food Pantry	<ul style="list-style-type: none"> <li>Emergency food assistance to enrolled KSU students</li> </ul>	330-672-9230	<a href="https://www.kent.edu/womenscenter/using-pantry">https://www.kent.edu/womenscenter/using-pantry</a>	Williamson House, 1200 Main Street. (big white house on the corner of Main/SR 59 and Midway Drive).	<a href="mailto:CassandraPeggKirby@kent.edu">Cassandra Pegg-Kirby, cpeggkir@kent.edu</a>
<b>CAMPUS KITCHEN</b>						
	KSU Campus Kitchen	<ul style="list-style-type: none"> <li>Delivers food to Kent Social Services, Center of Hope, Upper Room Ministries and Springtime of Hope.</li> <li>Engages with the community and partners with the Nutrition Outreach program at Kent to provide nutrition education to children, youth, and senior adults.</li> </ul>	330-672-7876	<a href="https://www.kent.edu/oeece/campus-kitchen">https://www.kent.edu/oeece/campus-kitchen</a>	Center for Undergraduate Excellence, Suite 151; 975 Lefton Esplanade Kent, OH 44242	<a href="mailto:experiential@kent.edu">experiential@kent.edu</a>
<b>CHILD DEVELOPMENT CENTER</b>						
	<b>Child Development Center</b>	<ul style="list-style-type: none"> <li>Childcare, including programs for toddlers, preschoolers, and kindergartners</li> </ul>	330-672-2559	<a href="http://www.kent.edu/ehhs/centers/cdc">http://www.kent.edu/ehhs/centers/cdc</a>	775 Loop Rd, Kent, OH 44242	<a href="mailto:phutchin@kent.edu">phutchin@kent.edu</a>
<b>FREE COUNSELING SERVICES (mental health, etc.)</b>						

	<b>Townhall II</b>	<ul style="list-style-type: none"><li>● Addiction Prevention and Treatment</li><li>● Counseling</li><li>● Child Violence Prevention</li><li>● Sexual Assault Prevention</li><li>● Health Education Programs: Prevention and Education Programs</li></ul>	330-678-3006	<a href="https://www.townhall2.com/">https://www.townhall2.com/</a>	N. Water Street, Kent, OH, 44240	
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