

2025-2026 MANUAL



RECREATION & WELLNESS SERVICES CLUB SPORTS MANUAL

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INTRODUCTION

ACKNOWLEDGMENTS

The Club Sports Manual is supplemental to the <u>Student Organization Handbook</u>. It includes specific guidelines and policies set forth by Recreation and Wellness Services that may not be addressed in the Student Organization Handbook. If student officers or members have any questions or concerns about their club or the Club Sports Program, please contact Braeden Mueller, Assistant Director of Competitive Sports, at 330-672-0473 or bmueller9@kent.edu.

RECREATION AND WELLNESS SERVICES MISSION STATEMENT

We build communities of belonging by encouraging well-being through inclusive leadership, recreation, and wellness experience.

RECREATION AND WELLNESS SERVICES VALUES

- 1. Belonging
- 2. Development
- 3. Integrity
- 4. Quality
- 5. Safety

PURPOSE OF CLUB SPORTS

The Club Sports program supports the development of athletic skills, personal interests, and community engagement through a variety of competitive sport opportunities. Open to students, faculty, and staff, the program emphasizes student leadership, teamwork, and a sense of belonging—enhancing the overall college experience through fun, inclusive, and meaningful participation.

CLUB SPORTS OVERVIEW

The goal of Recreation and Wellness Services is to meet the needs of as many Kent State University students, faculty, and staff as possible. The program currently offers 22 competitive sports for all levels of skill and experience.

Club Sports are defined as registered student organizations and will adhere to the <u>Student Organization Handbook</u>. Club Sports are also administratively supported by Recreation and Wellness Services; however, there is a responsibility of student leaders and members to be student-organized, student-managed, and student-operated. RecWell supports the following type of club sport:

Competitive Club Sports

Competitive club sports are student-led organizations that engage in structured competition against external opponents, such as other collegiate club teams, often through regional or national leagues. While affiliation with a National Governing Body (NGB) or sport-specific association is encouraged to enhance competitive opportunities and alignment with national standards, it is not mandatory. These clubs typically conduct tryouts, recruit student-athletes, and work with coaches or instructors to support skill development and team success. Teams often maintain a rigorous schedule, including regular practices, off-campus travel, and participation in scheduled competitions throughout the defined season. As such, involvement in competitive clubs usually requires a higher level of time commitment, organizational responsibility, and personal or team financial investment.

Competitive clubs are permitted to operate in a dual-role capacity, offering both competitive and recreational opportunities to accommodate a broader range of skill levels and interests within their membership. However, they may not function solely as recreational club sports. Maintaining the competitive integrity of the club—through structured competition, skill development, and engagement in league or tournament play—is essential to their recognition and continued operation within the competitive club sport category.

CLUB SPORTS GUIDELINES

HOW TO START A CLUB SPORT

Any student organization or club sport may be started through the <u>Center for Student Involvement (CSI)</u> process. Once a club is approved by CSI, leaders may apply for RecWell club sport status by filling out a <u>Club Sport Application</u> form and submitting it to Braeden Mueller, Assistant Director of Competitive Sports, at 330-672-0473 or <u>bmuelle9@kent.edu</u>.

Application Review Disclaimer

Submission of a Club Sport Application Packet does not guarantee approval. All applications are reviewed by the Department of Recreation and Wellness Services based on alignment with departmental policies, institutional resources, and overall feasibility. Applications may be denied for reasons including, but not limited to:

- Incomplete or missing required sections or documentation
- Lack of demonstrated student interest or insufficient member list
- Inadequate risk management planning or safety measures
- Insufficient detail or clarity in budget and financial planning
- Duplication of existing club sports or conflicts with current programs
- Limited facility availability or scheduling conflicts
- Noncompliance with College policies or student organization requirements
- Lack of a qualified faculty/staff advisor or executive officer structure
- Unsustainable funding sources or start-up costs beyond institutional support capacity

Applicants will be notified of the decision in writing. Feedback may be provided upon request. Resubmissions or revisions may be accepted at the discretion of the department.

MEMBERSHIP

- 1. Student organization members with voting privileges and access to university funds must be currently enrolled Kent State University students (undergraduate and graduate).
 - a. College Credit Plus (CCP) students who are age 16 or older are eligible to participate in RecWell Club Sports. Participation is subject to the same requirements and expectations as traditional students, including adherence to the club's bylaws and Kent State's code of conduct.
 - b. CCP students under the age of 16 are not eligible for club membership due to considerations related to age and supervision.
- 2. All student organization members are required to follow university rules, Student Organization Handbook, <u>Code of Student Coduct</u>, and club sports manual.
- 3. Interested individuals who are not associated with Kent State University may join a sport club if the club officers and members vote permission. The individual will be required to pay daily entry fees or purchase a membership to participate in the club sponsored practices, meetings and events that are

- held within the Beverly J. Warren Student Recreation and Wellness Center (SRWC).
- 4. All club sports are required to have an advisor. Please reference the CSI Student Organization Handbook in Section VI for more information. Any RecWell Competitive Sports Adminstrator working, under no circumstances, will act as the club's advisor.
- 5. Club sports may not officially start participation until the first week of classes during the fall and spring semesters, or after the first Club Sports Officers meeting of each semester. Club sports who have to officially start prior to the guidelines set forth, must receive written approval from the Assistant Director of Competitive Sports.
- 6. Club sports participation officially ends on the last week of classes (the week prior to final examinations). Clubs who want to have competitions/special events after this week must receive written permission before scheduling or committing to any event.
- 7. To schedule university facility space for club sports, contact the Assistant Director Club Sports. There is no guarantee specific requests may be accommodated.

CLUB SPORTS MEMBER RESPONSIBILITIES

- 1. **Do Sports Easy** All club sport members are required to register and input information under the appropriate club through the <u>dosportseasy.com</u> website. All members are required to provided the following information in order to be approved and participate for your club. It's the responsibility of each member to update their account as information changes throughout the academic year.
 - a) Personal Details & Additional Information
 - b) Medical Information
 - c) Driver Information
 - d) Risk and Conduct: Waiver, Code of Conduct, and Hazing
 - e) Academic Release: Eligibility to Participate
 - f) Documents and Certifications
- 2. **Parking** It's each members responsibility to park in designated areas only. Recreation and Wellness Services is not responsible for parking fines incurred during club practices, competititions, events, etc.. If special parking needs are required please contact <u>Parking and Transit Services</u>.
- 3. **Dues** Club Sport teams, potentially at the competition level, may charge fees to members to raise additional funds, outside of fundraising, donations, and allocations, to offset club expenses.

CLUB SPORTS OFFICER RESPONSIBILITIES

- 1. Represent the organization at all Club Sports informational meetings. NOTE: A club sports team may designate a representative from the active club roster in instances when officers are unable to attend.
- 2. Provide the following information to the Assistant Director Club Sports during the first week of the fall and spring semesters:
 - a. Participant roster with names and kent.edu email addresses.
 - b. Copy of home and away competition schedule, including dates, times, and locations.
 - c. Copy of the club constitution.
- 3. Submit the following forms and/or reports to the Assistant Director Club Sports prior to the established deadline.
 - a) **SEMESTER REPORT** First day of finals week.
 - b) YEAR END REPORT First day of finals week.
 - c) <u>INJURY REPORT</u> Immediately following accident or injury while on campus, or within 24-hours of returning from an off-campus competition and/or event.
 - d) **PARTICIPATION COUNTS** No later than the 3rd day of each month for the previous month.

- e) <u>VISITING TEAM HOLD HARMLESS WAIVER</u> Filled out prior to start of competition/event and submitted within 24-hours after collecting.
- f) TRIP/EXPENSE REIMBURSEMENT Must be submitted within one week after purchase or return from team travel.
- g) **EQUIPMENT UNIFORM PURCHASE REQUEST** Can submit request at any time.
- h) <u>CLUB SPORTS PARTICIPANT WAIVER</u> (**Tryouts Only**) Filled out prior to participation and submitted within 24-hours after collecting.
- i) <u>CONTRACT FOR PERSONAL SERVICES</u> & <u>OPERS ACKNOWLEDGEMENT FORM</u> Filled out prior to start of competition and submitted within 24-hours after collecting. Referees paid directly through their association or conference do not have to fill out this form.
- 6. Make arrangements relative to the club's competitive schedule:
 - a) Be responsible for the team schedule.
 - b) Arrange for practice and game facilities, with approval by the Assistant Director Club Sports.
 - c) Arrange for lodging and food as necessary.
 - d) Secure game officials and initiate forms to insure payment forms are completed in full
 - e) Submit EVENTS in Do Sports Easy for approval by the Assistant Director Club Sports.
 - f) Report results of competition in Do Sports Easy.
- 7. Club officers must refer to and following the guidelines set forth in the <u>Club Sports Travel Guide</u> for any scheduled event off campus.
- 8. Inform the visiting teams of approved parking areas while visiting the Kent Campus. If special parking needs are required please contact <u>Parking and Transit Services</u>.
- 9. Club officers are responsible for equipment checked out for the season and responsible for returning equipment at the end of the season.

RISK MANAGEMENT & SAFETY

- 1. **Safety Requirements** Club officers are responsible for obtaining the certificates below, submitting Injury Report forms, and oversight of their clubs first aid kits.
 - a) **CPR, AED, and First Aid Certification** Club officers are required to be certified. Certification must be obtained through RecWell and completed within the two months of fall and/or spring semester. Contact the Assistant Director Club Sportsto register for a class. At least one officer must receive their certification before the club can begin regular scheduled meetings, events, practices, and/or games. If club officers do not receive certification while in a leadership role, the club sport will lose spending ability in the RecWell club sports account. *Failure to attend a registered CPR class (or failure to notify the Club Sport Director 72 hours prior to the start of the class) will result in the individual being billed the cost of the class.*
 - b) Concussion Training Certification All club officers are required to complete online concussion training through the NFHS (National Federation of State High School Associations) and/or CDC (Center for Disease Control). This training is free of charge. At least one officer must receive their certification before the club can begin regular scheduled scheduled meetings, events, practices, and/or games.
 - c) Injury Report (Matter of Record) Form If an injury occurs at a club practice or event, make sure proper care is given to the injured individual. If the injury is serious enough, immediately call the Emergency Medical Service (911). A club officer must fill out the form for every injury (serious or not) which occurs during any sanction event. Submit the form to the Assistant Director Club Sports immediately following accident or injury while on campus, or within 24-hours of returning from an off-campus competition and/or event. If the injury is serious (broken bone, unconsciousness, respiratory problems, trauma or head injury) please contact the Assistant Director Club Sports as soon as possible.
 - d) First Aid Kit Clubs teams hosting outdoor events on Kent State University property must have a

first aid kit with them at all times. It is recommended the club hires an athletic trainer for games and tournaments. Contact the Assistand Director of Competitive Sports and Outdoor Facilities for more information on how to obtain a first aid kit, restocking your first aid kit, or hiring an athletic trainer.

- e) **Hazing Prevention 101**TM This course is a short awareness course educating students on how to recognize, prevent and report hazing. The real-life scenarios prepare students, group members, and bystanders, to make informed decisions, ultimately empowering them to prevent hazing.
 - a. Course Access
 - i. Long in at https://kent.prevent.zone using your KSU username and password.
 - ii. Click the title "*Hazing Prevention 101™ Course College Edition*".
 - iii. Click *ENROLL ME* upon our first access.
 - iv. Start with the first activity in the course.
 - v. Save the certificate of completion this is your record of completing the course. Email a copy of certificate to the Assistant Director Club Sports. (In the future this certificate will be uploaded in Do Sports Easy.)
- 2. **Facility Inspections** It is recommended to complete informal inspections to the playing surface and surrounding areas prior to each practice or competition. If there is a problem please contact the appropriate individual in charge of the facility space.
- 3. **Equipment Inspections** It is recommended to complete informal inspections of equipment. Any equipment borrowed from RecWell deemed unusable should not be used, and be returned to RecWell as soon as is reasonably possible.
- 4. **Emergency Action Plan** Any instance when a normal club sport activity becomes an unnecessary threat to an individuals health and/or well-being due to weather conditions and/or conditions of the facility. Please refer to the Club Sports EAP for details outlining policy and procedures.
- 5. **Flash ALERTS** Kent's State official emergency text notification system to alert subscribers of critical information no matter what time it is or where they are in the world. Flash ALERTS expands theh university's ability to send critical news and information to the university community during campus emergencies. It is recommended all club sport members subscribe to <u>Flash ALERTS</u>.

TRAVEL POLICIES & PROCEDURES

Club Sports wishing to travel to competitions or special events must follow guidelines in regards to approval of the trip, approval of the drivers, possibly securing rental vehicles, using personal vehicles, and reimbursement for accrued expenses. For more information on travel policies and procedures please reference the CLUB SPORTS TRAVEL GUIDE.

FACILITY RESERVATIONS & HOSTING EVENTS

- 1. **Facility Reservations** Club sports looking to secure on-campus facility space will be reserved by the Assistant Director of Club Sports. Off-campus facility scheduling is the responsibility of the club sport officers.
 - a) Must notify Assistant Director Club Sports at least two (2) weeks in advance to secure facility space and if facility space WILL NOT BE USED.
 - b) If a club "no shows", the Assistant Director Club Sports reserves the right to cancel future scheduling dates.
 - c) If the RecWell facility requires an employee supervisor to be present, the club will cover the cost of the employee supervisor's paid time.
 - d) All on-campus facility rentals are subject to availability and subject to change.
- 2. **Hosting Events** Club sport teams wishing to host an event and/or competition must set up an appointment with the Assistant Director Club Sports to discuss the Hosting Events guidelines and policies document.

FISCAL POLICIES & PROCEDURES

Fiscal responsibility is the responsibility of the club sport officers. Both are responsible for all monetary aspects of the club, including; raising money for club usage, controlling the spending of club money, and informing the Assistant Director Club Sports when there is need of supplies or equipment. The Assistant Director Club Sports will work with the club to ensure proper control of a club sports finances.

- 1. Club sports may not be used for the financial benefit of any individual or group. All funds raised by the club must be deposited into the club sports account operated by Recreation and Wellness Services.
- 2. **Allocations** Allocations are not guaranteed. To apply for USG allocation funds please visit the <u>Undergraduate Student Government website</u> for more information. To apply for RecWell allocation funds please submit an <u>Allocation Request Form</u> to the Assistant Director Club Sports.
- 3. **Dues** Some club sport institute a participation fee to raise additional funds for club expenses.
 - a) If a club sport does not own their own bank account, but utilizes the Recreation and Wellness Services account; collection of team dues MUST be depositied with the Assistant Director Club Sports within 48-hours.
- 4. **Fundraising** Club sport teams are responsible for setting up their own fundraising programs to help offset club expenses.
 - a) If the club sport is depositing funds into the Recreation and Wellness Services account; a W-9 Form will be requested by the company. Visit the <u>Tax and Treasury Services website</u> to download a copy of W-9 form.
 - b) Club sports using an external bank account are not able to use the W-9 form.
- 5. **Spending Funds** Club sport officers may request to spend club funds held in the RecWell account for anything that will help the club reach goals setforth by the members of the club.
 - a) Club sports may not spend while their account is in a deficit.
 - b) RecWell is not responsible for club sports spending when using their own club bank account.

DIVERSITY

Non-Discrimination – No student, faculty/staff, coach or guest may be discriminated against for participation in club sports programs based upon race, creed, color, national origin, age, sex, religion, marital status, sexual orientation, military status or disability. The University Policy Register – Administrative policy regarding unlawful discrimination (5-16) and Administrative policy regarding complaints of gender discrimination, sexual harassment, and sexual misconduct (5-16.2), and all applicable state or federal laws regarding discrimination and diversity apply. The club sports program seeks to encourage open and fair program participation for all without infringing upon rights of others.

Transgender Athlete Policy – As a public institution in the State of Ohio, Kent State is required to abide by Ohio Revised Code Section 3345.562 with regard to the participation of male athletes on female-designated sports teams. Otherwise, clubs should follow the governing policy of the applicable sports association or conference, or the NIRSA Championship Series Guidelines Policy on Transgender Athlete Inclusion.