Career Development Plan



Use this plan to develop and stay on track with your career goals. Career planning and decision-making usually occurs in four stages:

- 1. **Transition & Discover**: Engage in a variety of activities to get acclimated to college life and identify resources.
- 2. **Explore & Research**: Spend time reflecting to explore your interests, skills, & values and begin researching options
- 3. Test: begin connecting interests to options and develop career goals
- 4. Decide: finalize career goals and develop job search strategy

Regardless of class year, utilize this plan at any point relevant to you. Be sure to connect with a career advisor yearly to discuss your career goals. Check off each item as you complete it.

My FRESHMAN YEAR Checklist

Transition & Discover > > >

TRANSITION

- Get to know your Academic Advisor (BSA #107)
- Develop time management and study skills
- □ Take advantage of KSU resources:
 - Academic Success Center
 - Center for Adult and Veteran Services
 - \Box Professors' Office Hours
 - Student Accessibility Services
 - One Stop for Student Services
 - Student Ombuds
 - DeWeese Health Center

ENGAGE

- \Box Visit a student organization fair and join a student club
- \Box Volunteer with campus or community initiatives
- \Box Participate in residence hall activities

DEVELOP

□ Meet with a career advisor in the <u>Career Services Office</u> (BSA #A309) to learn of career resources and services.

Create your <u>Handshake</u> profile to apply for on-campus jobs and internship and receive internship and event updates





My SOPHOMORE YEAR Checklist

Explore & Research > > >

REFLECT

□ Meet with a Career Advisor in the <u>Career Services Office</u> (BSA #A₃09) to develop your résumé, cover letter and LinkedIn profile

Identify your interests, skills, values, & personality traits with Focus 2

- Complete My Next Move, a FREE online career resource, to explore career interests
- □ Start a folder or notebook (electronic or paper) to organize your self-exploration, major & occupational research, and career planning



EXPLORE

 \Box Conduct independent research of occupations and industries of interest

 $\Box \operatorname{Look} \operatorname{up} \operatorname{job} \operatorname{descriptions}$ for positions in your field

 \Box Learn education requirements, skills needed, salary expectations, and job outlook

Utilize online resources such as: O*Net, Occupational Outlook Handbook, What Can I Do With This Major?

Connect with experienced professionals to conduct informational interviews & learn more about their job

Complete <u>Flashternships</u> (job shadow) and spend a day or two experiencing an occupation

- \Box Secure summer/part-time positions related to your career interests
- \Box Take advantage of university resources: volunteer, join a student club

□ Participate in Kent State's <u>Major Minor Expo</u> to explore university programs

EXPAND

 \Box Begin completing your networking contact list

 $\Box \mbox{Attend}$ career fairs and networking events each semester

 \Box Visit information tables within the <u>Crawford College of Business & Entrepreneurship</u>

Look into Education Abroad opportunities

Start looking into internship opportunities using <u>Handshake</u> and <u>Ohio Means Internships</u>

REVISE

□ Visit the <u>Career Services Office (BSA #A309</u>) to update your résumé and cover letter and discuss internship search preparation

Update LinkedIn profile

My JUNIOR YEAR Checklist

Test >>>

Prepare

- □ Meet with a career advisor in the <u>Career Services Office</u> (BSA #A309) to develop your career strategy and internship search assistance
- \Box Tailor résumé and cover letter to specific opportunities
- \Box Acquire professional attire for interviews
- \Box Develop and practice elevator pitch
- \Box Research companies of interest
- □ Set up informational interviews with alumni and prospective companies
- \Box Discuss and research graduate school options, if applicable
- Review and assess your career readiness through <u>National</u> Association of Colleges and Employers' Core Competencies

Maintain

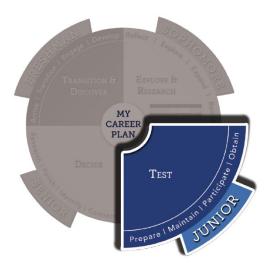
- □ Maintain a strong GPA
- \Box Stay involved with campus activities; employers seek those who engage
- □ Stay connected with faculty and academic advisors great references!
- \Box Polish your LinkedIn profile and increase activity

Participate

- $\Box \mbox{Register}$ for a mock interview to receive realistic practice and valuable feedback
- □ Attend Job and Internship Fairs each semester
- Take advantage of career networking opportunities

Obtain

□ Secure an internship, part-time job, or summer job or career-related experience □ Use <u>Handshake</u> and <u>Ohio Means Internship</u> to continue searching for opportunities □ Pursue a leadership role on campus or with an organization



My SENIOR YEAR Checklist

Decide > > >

Connect

□ Meet with a career advisor in the <u>Career Services Office</u> (BSA #A309) to develop your post-graduation action plan and have résumé reviewed

 \Box Join a professional association to connect with career experts

 $\Box \mbox{Register}$ for a mock interview to receive realistic practice and valuable feedback

 \Box Attend Job and Internship Fairs each semester

 \Box Create profiles on job search sites like Glassdoor, Indeed, state/federal job sites, etc.

Identify

 \Box Solidify job references: faculty, advisors, coaches or supervisors

 \Box Finalize graduate school application, if applicable

Polish

Update résumé with internships and tailor to jobs of interest

Update LinkedIn profile

 \Box Always utilize appropriate privacy settings on all social media accounts

Research

 \Box Investigate organizations of interest

Set up informational interviews with alumni and industry professionals

Understand salary range for your target positions

 \Box Review relocation data, if necessary

