

Kent State University
Counselor Education and Supervision (CES) Program

Addictions Counseling Certificate Program (ACCP)
Undergraduate/Post-Secondary
beginning Fall 2018

ACCP Website:

<https://www.kent.edu/ehhs/ldes/ces/addictions-counseling-certificate-program>

Overview of the Undergraduate/Post-Secondary ACCP:

- Housed in/sponsored by the Counselor Education and Supervision (CES) program
- Dr. Cynthia Osborn (cosborn@kent.edu), LPCC-S, LICDC, is the ACCP coordinator
- Offered to: (a) KSU undergraduate students enrolled in a behavioral sciences program, and (b) non-KSU students/in-career professionals (e.g., LPCs/LPCCs, social workers, recovery coaches, clergy) with a high school diploma or associate degree desiring to expand their credentials/expertise in addictions counseling.
- Total training hours (195 hours of education) exceed minimum training hours of 180 required by the Ohio Chemical Dependency Professionals Board (OCDPB; <http://ocdp.ohio.gov>) for eligibility as a licensed chemical dependency counselor (LCDC II, or LCDC III).
- 16-credit minimum certificate for undergraduate/post-secondary students.
- Five in-person, CES courses taught/offered in 12 months.
- All ACCP credits for currently enrolled KSU students can be earned while pursuing their KSU degree.
- Former KSU students or students currently enrolled in another university can only transfer 6 credits toward the 16-credit ACCP.
- The fifth and final ACCP course will be a practicum course providing students with 180-480 field/practice hours at local treatment facilities, clock hours that will count toward the 2,000 practice hours required for chemical dependency licensure, 20% of which need to be in addictions-related services (see licensure requirements for details at <http://ocdp.ohio.gov>)

Five-Course Sequence of the ACCP (intended to be taken in the following 1-5 sequence):

1. **CES 37662- Introduction to Addictions Counseling:** offered in the first 7 weeks of Fall 2018
 - Content in this course will satisfy the 40 hours of education covering six defined content areas required for eligibility as a chemical dependency counselor assistant (CDCA Phase I) in Ohio, an employable credential
 - Additional content area included in this course that is not required by the OCDPB is pharmacology (3 clock/training hours)

2. **CES 34650 - Practices and Theories in Addictions Counseling:** offered in the second 7 weeks of Fall 2018
 - Theories and models of addiction (including public health and harm reduction, social learning, biological/medical, disease)
 - Further training in pharmacology/substance classification
 - Introduction to counseling procedures in addictions counseling (e.g., screening, assessment, diagnostic assessment) and recommended approaches (e.g., client-centered care)

3. **CES 37665 - Planning Care in Addictions Counseling:** offered in the first 7 weeks of Spring 2019
 - Screening and assessment measures
 - Further training in pharmacology, including medication assisted treatment (MAT)
 - The American Society of Addiction Medicine (ASAM) Criteria
 - Case conceptualization practices as basis for treatment planning
 - Defining relapse and methods for promoting maintenance
 - Legal and ethical considerations in treatment planning
 - Use of simulated clients in class to teach/learn specific practices

4. **CES 34654 - Evidence-based Approaches in Addictions Counseling:** offered in the second 7 weeks of Spring 2019
 - Approximately 6 evidence-based practices (EBPs) will be introduced including community reinforcement approach, contingency management, mindfulness-based approaches, and coping skills training as part of cognitive-behavioral treatment/therapy
 - Use of simulated clients in class to teach/learn specific practices
 - CES 37668 Introduction to Motivational Interviewing: can be taken as substitute

5. **CES 37692 - Addictions Counseling Practicum:** offered over 10 weeks of Summer 2019, and possibly Fall 2019 and Spring 2020 also; can be taken for up to 9 credits (4 credits minimum); 180-480 clock/practice hours, depending on number of credit hours (4-9)
 - **Course content covered during class sessions includes professional development practices** (e.g., self-care, making use of supervision)
 - **Intended to be completed in a treatment facility that provides services to persons with substance use disorders**
 - i. ACCP coordinator will identify and approve appropriate practicum sites in the NE Ohio area by working with current providers at treatment facilities
 - ii. On-site/field supervisor will need to hold one of the following professional licenses: LCDC III (if supervised by LICDC-CS), LICDC/LICDC-CS, LISW, Psychologist, or LPCC-S
 - iii. Students intending to take practicum must submit an ACCP practicum eligibility form at least 2 months prior to the intended start of practicum and must be approved by the ACCP coordinator to begin practicum