

## 2023 Bowman Cup 5k Race (22nd annual) Overall Male Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	178	Cole Clayton	M	1: M	19	Niles	OH	17:03	17:02	5:30
2	166	Gabriel Piriz	M	2: M	42	Kent	OH	17:26	17:25	5:37
3	179	Thomas Dahmen	M	3: M	18	North Bloomfield	OH	19:03	19:02	6:08

## 2023 Bowman Cup 5k Race (22nd annual) Overall Female Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	186	Ro Rupe	F	1: F	35	Cortland	OH	19:22	19:21	6:15
2	231	Kristen Harris	F	2: F	29	Akron	OH	22:39	22:39	7:19
3	177	Veronica Neubert	F	3: F	44	Akron	OH	22:49	22:46	7:21

## 2023 Bowman Cup 5k Race (22nd annual) Female 6 - 9 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	184	Alex Delahanty	F	26: F	8	North Canton	OH	33:06	32:58	10:38

## 2023 Bowman Cup 5k Race (22nd annual) Female 15 - 19 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	137	Elizabeth Miller	F	9: F	18	Mount Vernon	OH	27:38	27:30	8:52

## 2023 Bowman Cup 5k Race (22nd annual) Male 15 - 19 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	218	Jamil Abdul salaam	M	21: M	18	Cleveland	OH	25:25	25:25	8:12

## 2023 Bowman Cup 5k Race (22nd annual) Female 20 - 24 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	232	Madeline Hitchcock	F	17: F	22	Kent	OH	30:39	30:25	9:49
2	242	Clara Kemple	F	21: F	22	Kent	OH	31:33	31:20	10:07
3	244	Basma Altuwajiri	F	31: F	23	Kent	OH	35:50	35:28	11:27

## 2023 Bowman Cup 5k Race (22nd annual) Male 20 - 24 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	227	Nolan Snyder	M	16: M	21	Uniontown	OH	23:50	23:45	7:40
2	209	Leif Bersagel	M	28: M	21	Kent	OH	27:35	27:25	8:51

## 2023 Bowman Cup 5k Race (22nd annual) Female 25 - 29 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	191	Erin Abbe	F	25: F	26	Rootstown	OH	32:31	32:19	10:26
2	128	Alyse Adams	F	39: F	25	Ravenna	OH	40:36	40:20	13:01

## 2023 Bowman Cup 5k Race (22nd annual) Male 25 - 29 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	207	Ethan Gross	M	5: M	29	Newton Falls	OH	19:36	19:32	6:18
2	158	Ben Kulbago	M	9: M	27	Cleveland	OH	21:55	21:51	7:03
3	152	Jaron Puzakowski	M	29: M	28	Kent	OH	27:56	27:51	8:59

## 2023 Bowman Cup 5k Race (22nd annual) Female 30 - 34 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	151	Missy Hendrix	F	20: F	30	Kent	OH	30:41	30:37	9:53
2	149	Molly Tweel	F	30: F	32	Kent	OH	34:07	33:56	10:57

## 2023 Bowman Cup 5k Race (22nd annual) Male 30 - 34 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	195	Aaron Laning	M	4: M	33	Garrettsville	OH	19:06	19:03	6:09
2	217	Ryan Johnson	M	6: M	30	East Cleveland	OH	20:38	20:37	6:39
3	160	Hailong Jiang	M	19: M	31	Kent	OH	25:03	24:50	8:01

## 2023 Bowman Cup 5k Race (22nd annual) Female 35 - 39 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	197	Nancy Wardell	F	10: F	39	Dover	OH	28:05	28:00	9:02
2	225	Lisa McDaniel	F	14: F	36	Streetsboro	OH	30:05	29:53	9:39
3	226	Amy Sauriol	F	19: F	38	Stow	OH	30:48	30:35	9:52

## 2023 Bowman Cup 5k Race (22nd annual) Male 35 - 39 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	133	Lawrence Duffy	M	23: M	37	Stow	OH	25:36	25:31	8:14

## 2023 Bowman Cup 5k Race (22nd annual) Female 40 - 44 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	212	Kasey Bertolino	F	4: F	40	Stow	OH	24:23	24:17	7:50
2	165	Christine Churpek	F	5: F	41	Kent	OH	24:49	24:40	7:58
3	146	Gretchen Snyder	F	7: F	43	Tallmadge	OH	27:09	27:04	8:44

## 2023 Bowman Cup 5k Race (22nd annual) Male 40 - 44 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	213	Mike Bertolino	M	12: M	40	Stow	OH	22:33	22:27	7:15
2	220	Steve Zenar	M	20: M	44	Hudson	OH	24:55	24:51	8:01
3	229	Bryan Miranda	M	47: M	42	McKinney	TX	40:33	40:24	13:02

## 2023 Bowman Cup 5k Race (22nd annual) Female 45 - 49 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	145	Karri Plecko	F	11: F	48	Ravenna	OH	28:45	28:32	9:12
2	143	Jennifer Lint	F	15: F	46	Stow	OH	30:17	30:03	9:42
3	234	Gina Kearns	F	18: F	49	Struthers	OH	30:41	30:34	9:52

## 2023 Bowman Cup 5k Race (22nd annual) Male 45 - 49 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	170	Josh Plough	M	11: M	46	Ravenna	OH	22:19	22:13	7:10
2	126	keith hodar	M	15: M	47	Kent	OH	23:28	23:24	7:33
3	164	Peter Heroux	M	26: M	46	Kent	OH	25:55	25:47	8:19

## 2023 Bowman Cup 5k Race (22nd annual) Male 50 - 54 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	181	Bob Floor	M	7: M	53	minerva	OH	20:43	20:40	6:40
2	172	Scott Orlando	M	10: M	53	Kent	OH	22:08	22:05	7:08
3	153	Mike Williams	M	22: M	52	Cuyahoga Falls	OH	25:31	25:27	8:13

## 2023 Bowman Cup 5k Race (22nd annual) Female 55 - 59 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	200	Gina Symsek	F	6: F	58	Ravenna	OH	27:12	27:03	8:44
2	204	Vicki Neading	F	24: F	58	Ravenna	OH	32:11	32:05	10:21
3	202	Melody Tankersley	F	44: F	58	Kent	OH	46:39	46:24	14:58

## 2023 Bowman Cup 5k Race (22nd annual) Male 55 - 59 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	159	Edward Gomez	M	32: M	58	Kent	OH	31:06	30:54	9:58
2	199	Howard Gregory	M	50: M	59	Cleveland	OH	46:29	46:19	14:57

## 2023 Bowman Cup 5k Race (22nd annual) Female 60 - 64 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	205	Carol Long	F	8: F	62	Kent	OH	27:30	27:26	8:51
2	192	Norma Stephens	F	46: F	63	Chagrin Falls	OH	47:11	47:02	15:11

## 2023 Bowman Cup 5k Race (22nd annual) Male 60 - 64 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	176	John Francis	M	8: M	61	Stow	OH	20:58	20:55	6:45
2	173	Gurdial Singh	M	14: M	63	Twinsburg	OH	23:17	23:16	7:31
3	189	Dean Abbe	M	17: M	60	Rootstown	OH	24:22	24:16	7:50

## 2023 Bowman Cup 5k Race (22nd annual) Female 65 - 69 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	206	JimmyLee Foss	F	16: F	67	Kent	OH	30:12	30:07	9:43
2	161	Rhonda Richardson	F	33: F	66	Kent	OH	37:02	36:43	11:51
3	193	Mary Cline	F	37: F	69	Canton	OH	38:52	38:44	12:30

## 2023 Bowman Cup 5k Race (22nd annual) Male 65 - 69 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	138	Don Johnson	M	31: M	69	Naples	FL	30:15	30:12	9:45
2	190	James Cordier	M	41: M	68	Mogadore	OH	33:45	33:29	10:48
3	194	Guy Stephens	M	49: M	66	Chagrin Falls	OH	43:58	43:49	14:08

## 2023 Bowman Cup 5k Race (22nd annual) Female 70 - 99 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	131	Marge Hayden	F	12: F	72	Ravenna	OH	29:57	29:46	9:36
2	233	Nancy Karl	F	29: F	74	Cuyahoga Falls	OH	33:58	33:41	10:52
3	187	Mary Fox	F	34: F	72	Cuyahoga Falls	OH	37:06	36:56	11:55

## 2023 Bowman Cup 5k Race (22nd annual) Male 70 - 99 Results

Place	Bib	Name	Gender	Gender Place	Age	City	State	Clock Time	Chip Time	Pace
1	188	Terry Fox	M	13: M	71	Cuyahoga Falls	OH	23:11	23:08	7:28
2	180	Clark Schreiber	M	18: M	73	Tallmadge	OH	24:46	24:40	7:58
3	196	Paul Wohlwend	M	24: M	70	Tallmadge	OH	25:47	25:40	8:17