Kent State University
Master of Science/Dietetic Internship Program Handbook

School of Health Sciences
Kent State University
Dietetic Internship Class XVIII
August 2019

Emily Baker MS, RDN, LD
Dietetic Internship Program Director
ebaker9@kent.edu 330-672-2064
Kent State University
Master of Science/Dietetic Internship
(KSU MS/DI)
Program Handbook

Part I: Program Information
Kent State University
Master of Science/Dietetic Internship Program

The Kent State University Master of Science/Dietetic Internship program is housed under the College of Education, Health, and Human Services and is offered by the Department of Nutrition and Dietetics in the School of Health Sciences.

Mission
The Kent State University's Master of Science in Nutrition/Dietetic Internship Program is dedicated to providing advanced professional education, broadening intellectual perspectives, and promoting ethical professional practice based on humanitarian values. At Kent State University, a major focus is to foster a learning environment where students and interns are taught to respond to social, cultural, intellectual, and technological challenges. In addition, emphasis is placed on the development of skills for continuing professional development and enhanced ability, including leadership, to respond to the versatile demands of the dietetics profession.

The program at Kent State University is designed to prepare dietetic interns to become entry-level Registered Dietitian Nutritionists (RDN) with the added strength of a Master of Science in Nutrition. Throughout the 21-month program, interns will be provided with a professional and academic environment in which to develop the skills needed to become competent in the areas of nutrition therapy, community dietetics, management, business, and leadership.

Accreditation
The Kent State University Dietetic Internship is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400. Website: https://www.eatrightpro.org/acend
Kent State University
Master of Science/Dietetic Internship Program

Program Goals and Measurable Objectives

Program Goal 1: To prepare program graduates to practice as competent entry-level Registered Dietitian Nutritionists (RDN).

Program Goal 1 Objectives:

- At least 80% of program students complete program/degree requirements within 31-months.
- Of graduates who seek employment, 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.
- 80% of program graduates take the CDR dietitian credentialing exam within 12 months of program completion.
- The program’s one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
- At least 80% of responding employers will rate graduates as competent (i.e. a score of 3 or > on a scale of 1-5) for entry-level practice when surveyed one-year post graduation.
- At least 80% of responding graduates will rate that they felt prepared (i.e. a score 3 or > on a 1-5 scale) when surveyed one-year post graduation.

Program Goal 2: To develop program graduates to be entry-level Registered Dietitian Nutritionists (RDN) that utilize their foundation of knowledge and skills in leadership.

Program Goal 2 Objectives:

- At least 80% of interns will identify an increased knowledge base of leadership (using a YES/NO scale) during the internship when surveyed using the End Internship Program Evaluation.
- At least 80% of interns will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings during the internship when surveyed using the End Internship Program Evaluation.
- At least 80% of responding graduates will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings post internship when surveyed one-year post graduation.
- At least 80% of responding employers will rate 3 or > in response to graduates exhibiting leadership skills in the practice setting when surveyed one-year post graduation.
Kent State University
Master of Science/Dietetic Internship Program

Requirements and Schedule

The following outline represents the schedule and sequence of classes leading to a Master of Science in Nutrition and Dietetics and completion of the requirements for the Dietetic Internship. Please refer to the Nutrition & Dietetics Graduate Handbook and the Kent State University Graduate Schools Catalog for additional information such as course descriptions and graduation requirements. Refer to the Kent State University Schedule of Classes for course registration information for each semester.

Program Requirements

The Kent State University Master of Science in Nutrition/Dietetic Internship Program is completed in 43 credit hours. The program is usually finished in 4 semesters and one summer. The supervised practice component of the program must be completed within 2 years of the start of the program; exceptions to this requirement must be approved by the internship faculty.

Upon completion of the 21-month program and all degree requirements, graduates will receive a verification statement, documenting completion of the internship requirements and will be eligible to take the CDR Credentialing exam for dietitian nutritionists. In addition, program graduates will have completed the requirements for the Master of Science degree and will receive a Master of Science from Kent State University.

Assessment of Prior Learning and Credit Toward Program Requirements:

The Combined KSU/Dietetic Internship Program does not award credit from previous experience(s) toward the total hours required for the internship.
## Program Requirements
**Master of Science/Dietetic Internship**

### Dietetic Internship Supervised Practice Requirements

<table>
<thead>
<tr>
<th>Rotation Emphasis Areas</th>
<th>1550 Required Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>I.</strong> Community (12 weeks)</td>
<td>288 Hours</td>
</tr>
<tr>
<td>Renal (5 weeks)</td>
<td></td>
</tr>
<tr>
<td>Outpatient Nutrition Clinic/WIC (4 weeks)</td>
<td></td>
</tr>
<tr>
<td>School (3)</td>
<td></td>
</tr>
<tr>
<td><strong>II.</strong> Business (5 weeks)</td>
<td>120 Hours</td>
</tr>
<tr>
<td><strong>III.</strong> Management (15 weeks)</td>
<td>368 Hours</td>
</tr>
<tr>
<td>Food Service Management (12 weeks)</td>
<td></td>
</tr>
<tr>
<td>- Hospital (9 weeks)</td>
<td></td>
</tr>
<tr>
<td>- School (3 weeks)</td>
<td></td>
</tr>
<tr>
<td>Clinical Nutrition Management (3 weeks and 1 day or 10 days)</td>
<td></td>
</tr>
<tr>
<td><strong>V.</strong> Clinical (16 weeks)</td>
<td>576 Hours</td>
</tr>
<tr>
<td>Hospital (12 weeks Full Time)</td>
<td></td>
</tr>
<tr>
<td>Long Term Care (4 weeks)</td>
<td></td>
</tr>
<tr>
<td><strong>VI.</strong> Elective Rotations (6 weeks)</td>
<td>144 Hours</td>
</tr>
<tr>
<td>(Business and/or Community)</td>
<td></td>
</tr>
<tr>
<td><strong>VII.</strong> Internship Orientation</td>
<td>40 Hours</td>
</tr>
<tr>
<td><strong>VIII.</strong> Pediatric Seminar (2 days)</td>
<td>14 Hours</td>
</tr>
</tbody>
</table>

Experiences for all weeks listed include a total of 24 hours/week, usually M, W, F except for the Hospital Clinical Experience which is completed full-time, usually M-F for 12 weeks.
KSU Dietetic Internship Supervised Practice Experiences

Food Service Management – 288 Total Hours
Food Service Management is completed in 288 hours. The experiences are completed over 12 weeks during the academic semesters by working 24 hours per week.

The Food Service Management experiences include the following:
- Hospital Food Service Management 216 hours (9 weeks)
- School Food Service Management 72 hours (3 weeks)

Clinical Nutrition Management - 80 Total Hours (10 days)
Clinical Nutrition Management rotations are completed in 80 hours during the academic semesters by working 8 hours per day for 10 days. The Clinical Nutrition Management experience is usually completed in the hospital setting.

Community – 288 Total Hours
Community rotations are completed in 288 hours during the academic semesters. Interns work for 24 hours per week for 12 weeks.

The required Community experiences include the following:
- Outpatient Nutrition Clinic/WIC 96 hours (4 weeks)
- Dialysis Center 120 hours (5 weeks)
- School Nutrition Education 72 hours (3 weeks)

Clinical Nutrition Therapy - 576 Total Hours
Clinical Nutrition Therapy rotations are completed in 576 hours during the academic semesters and during the summer. During one summer, interns work full-time at a major medical center for 12 weeks (480 hours) and complete Pediatrics, Medicine, Surgery, Critical Care, and Geriatric supervised practice experiences.

Clinical dietetic rotations in Long Term Care facilities are completed in 96 hours during the academic semesters. The intern works 24 hours per week for 4 weeks at a long term care facility.

Business - 120 Total Hours
Business experiences include 120 hours during the academic semesters. The intern works 24 hours per week for 5 weeks in business supervised practice experiences.

The Business experience will include sales, marketing, food distribution, food delivery services, and/or other aspects of the business sector as appropriate for the organization.
Possible rotations include:
- KSU Food 4 Thought Cyber Café
- KSU Center for Nutrition Outreach
- KSU Campus Kitchen
- Dietitians in Private Practice
- Wellness/Recreation Programs
- Employee Wellness Programs
- Organizations that are expanding Nutrition Services

Electives - 144 Total Hours
Interns select 144 hours (6 weeks) during the academic semester to complete elective rotations. Electives can be selected from Community options, from Business options, or from the list below.

Optional International Elective Practice Experience - Kent State University is approved from the Accrediting Council for Education in Nutrition and Dietetics to offer an International Elective Option. Interns interested in this option will have to submit a proposal to the Internship Director and follow polices and procedures for this option as outlined in the Internship Handbook.

The following are possible additional optional elective rotations:

- KSU Campus Kitchen - Bariatric
- International Uganda Experience - KSU Athletics
- Farmer’s Market - Dietitians in Private Practice
- Wellness Programs - Media
- Functional Medicine - Children’s Hunger Network
- Integrative Medicine - Academy of N & D National Meeting
- KSU Nutrition Outreach - Head Start
- Outpatient Oncology - Health Department
- KSU KIDS Camp - Legislation
- Journalism Experience - Food Bank
- Bariatric Nutrition - Outpatient Eating Disorders
- Pediatric Diabetes Camp - Head Start
- Children with Special Needs - Meals on Wheels

* ***Other organizations as approved by Program Director
Program Requirements for KSU MS/Dietetic Internship

Master of Science Degree Requirements (43 Hours)

<table>
<thead>
<tr>
<th>Master of Science Core Requirements:</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EVAL 65510  Statistics I Education Services</td>
<td>3.0</td>
</tr>
<tr>
<td>NUTR 61018  Techniques of Research</td>
<td>3.0</td>
</tr>
<tr>
<td>NUTR 63519  Advanced Study of Micronutrients</td>
<td>3.0</td>
</tr>
<tr>
<td>NUTR 63520  Macronutrient Nutrition</td>
<td>3.0</td>
</tr>
<tr>
<td>NUTR 63521  Nutrition in Disease: Clinical Application</td>
<td>3.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Core Requirements for Master of Science/Dietetic Internship:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR 51085  Nutrition Services Management</td>
<td>3.0</td>
</tr>
<tr>
<td>NUTR 63525  Dietetic Practice Seminar: Community</td>
<td>1.0</td>
</tr>
<tr>
<td>NUTR 63526  Dietetic Practice Seminar: Management</td>
<td>1.0</td>
</tr>
<tr>
<td>NUTR 63527  Dietetic Practice Seminar: Clinical</td>
<td>1.0</td>
</tr>
<tr>
<td>NUTR 63592  Dietetic Internship</td>
<td>10.0</td>
</tr>
</tbody>
</table>

Supporting Courses:

**Thesis Option***

| NUTR 63199  Thesis I | 6.0          |
| In consultation with advisor, select 6.0 hours as elective courses | 6.0          |

**OR**

**Masters Project Option**

| NUTR 61198  Masters Project | 6.0          |
| In consultation with advisor, select 6.0 hours as elective courses | 6.0          |

Electives:

Select at least six credits from the following graduate nutrition classes:

| NUTR 53515  Community Nutrition | |
| NUTR 53518  Lifecycle Nutrition | |
| NUTR 53520  Sports Nutrition | |
| NUTR 63591  Nutrition Seminar | |
| NUTR 51096  Individual Investigation | |
| NUTR 63524  Perspectives on Prevention & Practice in Community Nutrition | |
| NUTR 53532  Methods & Experiences in Nutrition Outreach | |

Remaining credit hours can be selected from other clearly related graduate courses, as approved by graduate faculty.

**Thesis/Masters Project**

Students can select a Thesis or a Masters Project Option.

A total of 6 credits must be taken for either the Thesis or Masters Project option. These credits can be taken one semester or divided into two semesters. Interns need to be careful to meet the deadlines for requirements of either option that are provided by the College of Education, Health, and Human Services, so they can graduate on time. Interns...
should communicate questions and progress toward program completion with their advisor.

*The Thesis option is intended to provide students with the opportunity to conduct original research. Approval of a thesis proposal by the student's thesis committee is required, as is the successful completion of an oral examination conducted by the thesis committee. If the intern has completed a total of 6 credits of Thesis I, the intern will be required to sign up every semester until graduating for NUTR 63299 Thesis II.

**The Masters Project Option is intended for students approaching research in a more applied manner. For this option, approval of the intended project by the student's Masters Project committee is required, as is the successful completion of an oral final examination conducted by the committee.
# Program Schedule for Master of Science/Dietetic Internship

## Dietetic Internship/Class Schedule

(Sequence may vary)

<table>
<thead>
<tr>
<th>Term</th>
<th>Course Number</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall I</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>EVAL 65510</td>
<td>Statistics I Education Services</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63519</td>
<td>Advanced Study of Micronutrients</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 51095</td>
<td>Nutrition Service Management</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63525</td>
<td>Dietetic Practice: Community</td>
<td>1.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63592</td>
<td>Dietetic Internship</td>
<td>2.0</td>
</tr>
<tr>
<td><strong>Spring I</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>NUTR 63521</td>
<td>Nutrition and Disease: Clinical Applications</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63527</td>
<td>Dietetic Practice: Clinical</td>
<td>1.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63592</td>
<td>Dietetic Internship</td>
<td>2.0</td>
</tr>
<tr>
<td></td>
<td></td>
<td>*Graduate Nutrition Elective</td>
<td>3.0</td>
</tr>
<tr>
<td><strong>Summer</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>NUTR 63592</td>
<td>Dietetic Internship</td>
<td>4.0</td>
</tr>
<tr>
<td><strong>Fall II</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>NUTR 61018</td>
<td>Techniques of Research</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63526</td>
<td>Dietetic Practice: Management</td>
<td>1.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 63592</td>
<td>Dietetic Internship</td>
<td>2.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 61198</td>
<td>Masters Project <em>or</em> NUTR 63199 Thesis</td>
<td>3.0</td>
</tr>
<tr>
<td><strong>Spring II</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>NUTR 63520</td>
<td>Macronutrient Nutrition</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td>NUTR 61198</td>
<td>Masters Project <em>or</em> NUTR 63199 Thesis</td>
<td>3.0</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* Graduate Nutrition Elective</td>
<td>3.0</td>
</tr>
</tbody>
</table>

Select at least six *Elective credits from the following graduate nutrition classes:

*Elective credit hours can be selected from nutrition or other clearly related graduate courses as approved by an academic advisor.

- NUTR 53515 Community Nutrition
- NUTR 53518 Lifecycle Nutrition
- NUTR 53520 Sports Nutrition
- NUTR 63591 Nutrition Seminar
- NUTR 51096 Individual Investigation
- NUTR 63524 Perspectives on Prevention & Practice in Community Nutrition
- NUTR 53532 Methods & Experiences in Nutrition Outreach
Listed approximate costs for the 21-month program include:

**Tuition and Fees:**
- $22,575 In-state Resident ($525/credit hour)
- $42,097 Out-of-state Resident ($979/credit hour)

**Room:**
- $17,700-$17,990 Average on-campus double ($3,540-$3,598/semester)
- $16,040-$18,552 Average on-campus single ($4,010-$4,638/semester)

**Please note:** off-campus housing is available near campus. Area apartments rent for approximately $300-600 per month.

**Professional Liability Insurance:**
- $41 ($2-4 million coverage) for 2-year period
- Please visit [www.proliability.com](http://www.proliability.com) to learn more and register.

**Program Application fees:**
- $45 (Graduate Program)

**Medical Insurance (Through KSU):**
- $2,112 for 12 months (graduate student only)
- $856 for Fall semester only
- $1,256 for Spring/Summer semester only
- $532 for Summer semester only

**Please note:** all insurance plans carry a $150.00 deductible that is assessed under the first two accidents/illnesses

**Students enrolled in the KSU student health program can elect to enroll on a per semester basis or can enroll for a full 12 months, beginning August 21st of each year.

**Prices subject to change each academic year.

**Physical Examination**
- $25 (appointment required, DeWeese Health Center, 330-672-2322)

**Hepatitis B Vaccinations**
- $219 total ($73 per shot) for series of 3 shots (1st shot, 2nd shot 1month later, last shot 5 months after the 2nd shot)

**TB Testing**
- $18 ($9 each; given one week apart)

*(must have 2-Step PPD by start of rotations)*

**Please note:** the physical, Hep B, and TB are quoted as self-pay rates only through the DeWeese Health Center. If choose to use insurance, please note that price may be different. Prices are estimates only and may be subject to change.
Lab coat, books, meetings, etc.: $650+
This includes a few required assignments during the internship that have nominal fees that will be your responsibility to cover. These include attending two local dietetic association meetings (student membership to local dietetic organizations typically cost $10-15 per year) and the option of attending one day of the Ohio Dietetic Association meeting in the spring (cost of one day is ~$50.00).

Intern Name Plate: $14.50
All interns will be required to purchase a Kent State University name plate during orientation. Name plates are to be worn to all practice site experiences.

The Academy of Nutrition & Dietetics Student Membership
$58 per year (apply on line at eatright.org)

Criminal Background Check
Ohio Criminal Background Check $25
Federal Background Check $30; both can be done on Kent main campus in White Hall, Technology Services Lab, Room 221; 330-672-2353; allow 4-6 weeks). State issued ID, payment (Cash or check only), Fingerprint From (go to: https://www.kent.edu/ehhs/centers/irc/fingerprinting) and social security number required. No appointment needed.
Please use Fingerprint Code- 4759 061
Please have results sent to your address or to DI Director.

Drug Screening
$22
Only a few sites require drug screening (10 panel); can be done through appointment at the University Health Services Center, 330-672-2322; sometimes required to be completed on site

Parking
~$200/year, not including summer; Parking Services, Michael Schwartz Building; 330-672-4432)

Auto Insurance/Transportation:
Auto insurance and transportation-related costs are not included in the total costs outlined above. Interns will need to provide their own auto insurance and transportation to and from affiliate sites. Most, if not all, site placements will not have access to public transportation.
Kent State University Student Support Services

Kent State University provides students with a wide range of accessible supportive services available without charge.

**Academic Success Center**: 207 Michael Schwartz Center. 330-672-3190. The Academic Success Center is KSU’s basic skills program. Reading Skills: Comprehension development, textbook reading techniques, developmental reading courses. Math Skills: Tutoring for particular classes. Writing Skills: Writing skills development, tutoring.

**Career Services Center** provides career counseling, placement and credential services, and on-campus recruiting programs for KSU students and alumni seeking employment. Some of the services provided by the Placement Center are a computerized job/applicant retrieval system, resume writing clinics, interviewing techniques workshops, and evening drop-in sessions. 261 Michael Schwartz Center. 330-672-2360.

**College of Education, Health and Human Services Graduate Office of Student Services** can answer questions about credits for graduation and houses permanent student files in 418 White Hall. Phone: 330-672-2576 or [http://www.educ.kent.edu/ogs/index.cfm](http://www.educ.kent.edu/ogs/index.cfm)

**Commuter and Off-Campus Student Organization** provides rental and parking information and helps off-campus students become involved in campus activities. 240 Kent Student Center. 330-672-3768.

**Counseling and Human Development Center** offers vocational, educational, career, and rehabilitation counseling as well as help with personal and social adjustment. 325 White Hall. 330-672-2208.

**Department of Recreational Services** provides Kent State University students with numerous recreational, fitness, and wellness opportunities. The Student Recreation and Wellness center includes a 35-foot indoor climbing wall, three mile pool natatorium, sports arena, 1/7th mile suspended indoor jogging track, full service fitness and wellness suite, and healthy choice cafe. [http://www.recservices.kent.edu/index.asp](http://www.recservices.kent.edu/index.asp). 330-672-4REC.

**Libraries and Media Services** The Kent State University Libraries, a member of the Association of Research Libraries and a selective depository library since 1962, has one of the major research collections in Northeast Ohio with holdings of over 2 million volumes. www.library.kent.edu. 330-672-2425.

**Office of Institutional Diversity** ensures the effective translation of diversity themes into policies, procedures, programs and practices. 330-672-2442.

**Parking Services** provides parking permits and campus parking information. 123 Michael Schwartz Center 330-672-4432.

**Psychological Clinic** offers a wide range of psychological services, including testing, and long and short-term therapy for personal and social problems. 303 Kent Hall. 330-672-2372.
**Residence Services. Graduate Student Housing** provides assistance with graduate student housing. 330-672-7000.

**Research and Graduate Studies Office** provides assistance with writing and obtaining grants for research. 1335 Terrace. 330-672-2851

**Student Accessibility Services** provides assistance to the physically disabled and liaison services to community and state rehabilitation agencies. Ground Floor DeWeese Center 330-672-3391.

**Student Financial Aid** provides information, applications, and counseling for financial aid and student employment concerns. 103 Michael Schwartz Center. 330-672-2972.

**Student Life** oversees the registration and operation of many extra-curricular activities, including social service, political, religious, cultural, athletic, and general recreational student organizations. 226 Kent Student Center. 330-672-2480.

**Technology Services Lab** provides criminal background checks/fingerprinting. Located in Room 221, White Hall; 330-672-2353.

**University Health Services Center** provides no-cost medical services for all students, on and off campus, as well as low-cost infirmary and pharmacy facilities. DeWeese Health Center. 330-672-2322. Emergency 672-2212.

**University Psychological Services** provides confidential mental health services, including individual and group counseling, crisis intervention and personal growth groups. The staff of psychologists and counselors is available by appointment or on an emergency only walk-in basis. 2nd Floor DeWeese Health Center. 330-672-2487.

**Women's Resource Center** exists to facilitate the advancement of and to enhance the quality of educational experience and professional life for women students, faculty and staff of all campuses. The Women's Resource Center serves as a resource for advocacy by providing education, information, and referral programs and services. 330-672-9280.

**The Writing Center** aids students having difficulty with writing assignments in any subject area. 318 Satterfield Hall. 330-672-7693.

*All Kent State University students can use the Health Services at the University.*

***Graduate scholarships are available on a competitive basis each Spring semester.*